

SANDWICHES

CLASSIC* \$ 6.58 + Tax
 Turkey & Cheese** Ham & Cheese**
 Tuna Salad Roast Beef & Cheese**

COLD SIGNATURE* \$ 7.52 + Tax

HARVEST VEGGIE

All the normal Veggies w/ cucumber & Sundried Tomato Pesto Spread
 Choice of Cheese

VEGGIE THREE SEED HUMMUS

Roasted pumpkin sunflower & sesame seeds grated carrot, tomato,
 red onion, cucumber, lettuce, roasted red peppers

TURKEY GODDESS- turkey, avocado goddess spread w/ havarti cheese

SPICY PECAN CHICKEN SALAD- seasoned mayo, w/ sweet spicy pecans

BAJA CHIPOTLE TURKEY - chipotle honey lime yogurt, avocado spread,
 pepper jack cheese, pickled red onion.

CHIMICHURRI ROAST BEEF - swiss cheese, fresh herb, jalapeño, cumin,
 coriander, garlic chimichurri sauce, lettuce, tomato, red onion.

Extra- Meat or Cheese \$1.00, Avocado or Hummus spread \$.50
 Veggies \$.50, Roasted Veggies \$1.00

*All Sandwiches include thin sliced red onion, lettuce, sliced tomato,
 salt & pepper and your choice of today's sandwich bread.

**Available Cheeses- american, cheddar, havarti, pepper jack,
 swiss, Provolone

PEANUT BUTTER* \$3.06 + Tax
 with Grape Jelly, Strawberry Jelly or Fresh Honey

SALADS



SALADS

GARDEN SALAD \$ 4.23 + Tax

Fresh bed of greens, topped with tomato, cucumbers, pepper
 rings, onion and homemade croutons.

SPICY PECAN CHICKEN SALAD \$ 6.58 + Tax

Start with our fresh Garden Salad and top it with a scoop of our
 delicious Spicy Pecan Chicken Salad.

TUNA SALAD SALAD \$ 6.35 + Tax

Start with our fresh Garden Salad and top it with a scoop of our
 delicious Tuna Salad.

ANTIPASTO SALAD \$ 6.58 + Tax

Start with our fresh Garden Salad and add a slice of turkey and
 ham rolled up with american cheese. Garnished with delicious
 Kalamata Olives

VERNON DELIGHT \$ 6.58 + Tax

Fresh bed of mixed greens, topped with tomato, onion, cucumbers,
 chick peas, shredded carrot, toasted pumpkin seeds and sundried
 tomato. Topped with your choice of our homemade roasted three
 seed hummus or our fresh avocado goddess spread.
 Add- Chicken Breast Chunks + \$1.00

Extra- Spicy Chicken \$1.00, Tuna \$1.00, Veggies \$1.00

Dressings- Light Italian, Balsamic Vinaigrette, Ranch
 Blue Cheese (extra dressing add \$.75)

HOT PANINI SANDWICHES

THE MOO-GOBBLE \$ 9.40 + Tax

Roast Beef and Turkey with our roasted garlic and herb
 spread. Includes swiss cheese, red onion, spinach leaves,
 tomato and salt & pepper. 556 - 650 cal.

RAILS TO TRAILS TURKEY \$ 9.40 + Tax

Tender slices of turkey with the cheese of your choice.
 Savory roasted peppers and onions, spinach leaves, tomato
 and salt & pepper. 510 - 635 cal.

HALE OF A TIME CHICKEN \$ 9.40 + Tax

Tender chunks of chicken with sundried tomato pesto
 spread. Includes provolone cheese, red onions, spinach
 leaves, tomato and salt & pepper. 420 - 520 cal.

HOCKANUM BLT \$ 8.46 + Tax

A classic bacon, lettuce, tomato and mayo with garlic
 herb spread. 400 - 510 cal.

CRAZY TWAIN GRILLED CHEESE \$ 8.46 + Tax

Our crazy version of an old favorite. Features your bread
 of choice, cheddar, provolone cheese and the light taste
 of our garlic herb spread. 555 - 650 cal.

(add any meat or veggie - \$ 1.00 ea.)

Extra-Meat or Cheese \$1.00, Veggies \$ 1.00, Roasted Veggies \$ 1.00

HOT BREAKFAST SANDWICHES

EGG AND CHEESE.....\$ 5.17 + Tax

SAUSAGE OR BACON, EGG AND CHEESE..\$ 6.11 + Tax

HAM, EGG AND CHEESE.....\$ 6.11 + Tax

VEGETABLE, EGG AND CHEESE.....\$ 6.11 + Tax
 (Roasted Onions and Peppers)

COUNTRY SPECIAL...Bacon, veggies, egg,
 cheddar with ranch dressing.....\$ 7.05 + Tax

All egg sandwiches include the cheese of your choice
 (American, Cheddar, Swiss, Provolone, Pepper Jack or
 Havarti)

BREADS - Country White, Honey Whole Wheat,
 Wheat Seeded Bread or Ciabatta roll

Extra: Egg, Cheese, Bacon, Sausage or Ham- Add \$ 1.00ea

VERNON WAKEUP SPECIAL... Add a small Peet's
 coffee for an additional \$ 1.00 Or have
 your mug filled for \$ 2.00

Ciabatta Rolls: Perfect Italian Classic.
 Hard Crusted filled with air pockets.