

AUGUST 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD **VERNON, CT 06066** (860) 454-4202

www.ghbreadct.com



MONDAY

colonial brown bread (M) \$6.50 cinnamon raisin walnut (H) \$6.00 everything (W) \$5.75 sunflower millet flax (H) \$6.50

visit our fan page at www.facebook.com/ great harvest bread vernon ct

TUESDAY

anadama (M) \$6.25 onion dill rye (H) \$6.25 cornbread (W) \$5.75 woodstock (H) \$6.50

EVERYDAY BREADS

DAILY SWEETS

cookies \$1.74 + tax or 6/\$8.75

scones 2.12 + tax

muffins \$2.12 + tax

honey whole wheat \$5.25 country white \$5.00

WEDNESDAY

apple scrapple (M) \$6.25 foccacia (W) \$5.50 ninegrain (H) \$6.50

bakers choice:

(5th -speit \$5.75, jalapeno cornbread (W) \$6.50 12th - swedish limpa (H&R), \$6.25, pizza roll (W) \$5.50 19th - Jalapeno combread (W) \$6.50, pizza roll (W) \$5.50

26 th - swedish limpa (H&R) \$6.25, peanut butter chocolate chip (W) \$5.75)

THURS DAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 caraway rye (H&R) \$6.25 trailmix (H) \$6.50

FRI DAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 dakota (H) \$6.50 pepperoni roll or sweet pepper roll (W) \$7.25

FLOUR INDICATOR H - WHOLE WHEAT W - WHITE R - RYE MIX WHITE & WHOLE WHEA

SATURDAY

american rye (W&R) \$6.25 stuffed potato (W) \$6.50 popeye (M) \$5.75 cinnamon raisin (H) \$5.75

MONDAY - FRIDAY 6:30 AM - 6:30 PM SATURDAY 6:30 AM - 5:00 PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202





FRESH FROM THE GARDEN

Try our fresh Jalapeno Cornbread. made fresh August 5th and 19th. They go very fast, so order yours before they sell out.

TOO HOT TO COOK

Our Pizza roll, Pepperoni and Sweet Roasted Pepper Rolls are quick and easy lunch or dinners.





JOIN GREAT HARVEST BREAD AT THE FARMERS MARKETS

HEBRON (corner of Rt 85 & 66) every Saturday from 9:00am to 12:30pm.

And

Botticello Farms Saturday, August 8th 11:00am to 2:00pm 209 Hillstown Rd., Manchester





Fresh from our Bakery

Bakery Box Lunch

\$7.99, Classic Sandwich

\$8.99, Signature Sandwich

Individual box lunches including your choice of sandwich made on fresh baked bread, chips, a pickle and a giant Great Harvest cookie.

Sandwiches feature our famous 100% whole grain Honey Whole Wheat bread made with 5 simple ingredients: wheat, water, honey, yeast and salt.

Classic Sandwiches:

Ham & Swiss, Turkey Swiss, and Roast Beef & Provolone.

Signature Sandwiches:

Harvest veggie, Pepper Blue Roast Beef, California Cobb, Chicken Salad and Tuna Salad.

Add \$1.00 for individual boxes (rather than bags).

Sandwich Platter

6 Classic Sandwich Platter...\$33

6 Signature Sandwich Platter...\$39

12 Classic Sandwich Platter...\$65

12 Signature Sandwich Platter...\$77

Sandwiches platters are a great option for offering a variety of choices. Sandwiches are halved. Mayo and mustard packets are included.

Larger sandwich orders are available upon request,





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Larger sandwich orders are available upon request.





Salad \$40 Add chicken for \$7.50

A fresh mix of spinach and spring mix lettuce with wedges of tomatoes, sliced onions, craisins, sliced almonds, strawberries, feta cheese, croutons and a light raspberry vinaignette dressing.

Soup

\$12

Choose from a variety of soups including our Chicken & Noodle, Stuffed Green Pepper with Beef, Cheddar Broccoli, and many more. Each soup (32oz) order includes fresly baked rolls. Ideal for groups up to 4.

The Great Big Cookie Box

\$17.00, Bakers dozen

Choose from chocolate chip, snickerdoodle, peanut butter chocolate chip, dillon, and more. Varieties change daily.

Sweets Spot

Large...\$60 (25 item assortment) Small...\$33 (15 item assortment)

These boxes include an assortment of muffins, bars and scones. The large box also includes a fresh sliced batter bread.

To order, call Sam or Steph at (918) 878-7878 or visit us at: 5203 S Sheridan Road, Tulsa, OK 74145 Mon-Fri 7am-bpm Sat 7am-4pm

Order 24 hours in advance to ensure availability.
 We gladly deliver. Prices vary according to distance.
 Please check with us regarding your location.
 Payment to be made at time of order. We gladly accept Visa, Discover, Mastercard and American Express.





Salad

\$40

Add chicken for \$7.50

A fresh mix of spinach and spring mix lettuce with wedges of tomatoes, sliced onions, craisins, sliced almonds, strawberries, feta cheese, croutons and a light raspberry vinaignette dressing.

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- We gladly deliver. Prices vary according to distance. Please check with us regarding your location.
- Payment to be made at time of order. We gladly accept Visa, Discover, Mastercard and American Express.





FRESH MADE SANDWICHES

Premium Great Harvest bread combined with select fresh ingredients make a delicious and wholesome sandwich. Come in and let us make one fresh for you!

Ham and Swiss
Turkey and Swiss
Roast Beef and Provolone
Veggie Three-Seed Hummus
Baja Chipotle Turkey
Chimichurri Roast Beef
The Italian
Big Sky Chicken Salad
Peanut Butter & Jelly

- Special -

Ham and Brie

Refer to our sandwich menu for full description of our delicious sandwich options served daily from 11 a.m. - 2 p.m.



Hot Fresh Bread Handcrafted Every Day!

September & October Bread and Sweets Menu

EVERY DAY BREAD

Honey Whole Wheat, Harvest White, Cinnamon Chip, and Savory Biscuits

MONDAY, WEDNESDAY & FRIDAY BREAD

Dakota, Hummus, and Bacon Cheddar Beer - Made with locally-brewed beer!

TUESDAY, THURSDAY, & SATURDAY BREADS

Anadama, Cheddar Garlic and Oregon Herb

MONDAY, WEDNESDAY & FRIDAY SWEETS TREATS

Dillon Cookie, Salted Caramel Cookie, Berry Cream Cheese Scone, Pumpkin Chocolate Chip Muffin and Batter Bread, Savannah Bars, and Brownies

TUESDAY, THURSDAY & SATURDAY SWEET TREATS

Oatmeal Raisin Cookie, Chocolate Chip Hazelnut Scone, Pumpkin Chocolate Chip Muffin and Batter Bread, and Savannah Bar

ADDITIONAL PRODUCTS OFFERINGS

Chocolate Chip Cookie Mix, Pancake Mix, Groovy Granola, 9 Grain Hot Cereal, Cinnamon Raisin Oatmeal Cereal Mix, Corn Bread Mix, Harvest Bars, and Dog Treats

Offering fresh brewed coffee from our local coffee guys!

1234 My Street, City, State 55555 406-123-1234 www.MyWebsite.com www.Facebook.com/myGreatHarvestBread

Hours: M - F: 7 a.m. to 6 p.m. and Sat: 7 a.m. to 5 p.m.

GREAT HARVEST BREAD CO. JOB APPLICATION

Name:	Date	g:
Address:Street	city/state	zip
Phone #:	Best time to call:	
Under 18 years old?	If in school, what year?	
Hours per week desired	(list minimum needed and max.)	
Sunday:	ble hours from 4am to 7pm and days from Mo	
Will your availability lis	ted above change in the next 6 months?	
How long do you plan on	working for us?	
Highest grade complete	d/years of college/ degrees earned:	
Have you ever been com	ricted of a crime? (if yes, date, place &	nature)
Places encuer the follow	uina: (Ulas hack of application for your answer	(c)

Please answer the following: (Use back of application for your answers)

- 1. Give us your 2 best work-related references (like previous employers) and phone #'s.
- 2. List a brief job history. Include supervisors' names, dates employed and reason for leaving.
- 3. Why did you choose to apply at Great Harvest?
- 4. Great Harvest is a very service-oriented business. What does good service mean to you?
- 5. Great Harvest is a high-volume business with a workday that can be long and stress-filled. What makes you believe you can perform well and excel under these working conditions?



GRAND OPENING BREAD SCHEDULE

Great Harvest

425 TALCOTTVILLE RD VERNON CT 06066 (860) 647-8837

www.ghbreadct.com

EVERYDAY BREADS

honey whole wheat \$5.25 country white \$5.00

FRIDAY

cinnamon chip (W) \$5.75 cinnamon raisin (H) \$6.00 white cheddar garlic (W) \$6.50 dakota (H) \$6.50

SATURDAY

cinnamon chip (W) \$5.75 popeye (G) \$5.75 american rye (W&R) \$6.25 ninegrain (H) \$6.50

FLOUR INDICATOR
G - GOLDEN WHEAT
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

EVERYDAY SANDWICHES

CLASSIC SANDWICHES \$6.11 + tax

turkey & cheese ham & cheese tuna salad roast beef & cheese

SIGNATURE SANDWICHES \$7.05 + tax

harvest veggie smoked turkey goddess spicy pecan chicken salad baja chipotle turkey pepper bleu roast beef

DAILY SWEETS

www.facebook.com/ areat.harvest.bread.vernon.ct

Cookies \$1.74 + tax or 6/\$8.75

oatmeal walnut choc. chip oatmeal raisin snickerdoodle peanut butter peanut butter choc. chip

Scones \$ 2.12 + tax

cinnamon chip blueberry peanut butter choc. chip

Quick breads \$7.00 / Muffins \$2.12 + tax

pumpkin chocolate chip blueberry coffeecake coconut

Sweet Bars \$2.59 + tax

savannah (formally mazurkas) toe curling brownies

Bars \$1.65 + tax

power bars breakfast bars harvest bars

Other Items

dog bones \$3.00 croutons \$3.50

HOURS:

MONSDAY - FRIDAY 6:30AM - 6:30PM SATURDAY 6:30AM - 5:00PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202



FRESHLY MADE FROM SCRATCH



Ever wonder why our bread tastes so good? It's because we grind our wheat fresh everyday! We also take that "fresh-ground" to new heights with our mixes. That means our mixes are fresher than anything you can get in the grocery store. Now you can enjoy the same hearty wheat taste and whole grain goodness in our mixes. Take a few home...... your family will love you for it.

FRESH HEARTY CEREALS

Now you can enjoy the hot, wholesome goodness of Great harvest right at your own breakfast table! Try a bag of our

CINNAMON RAISIN OR CRANBERRY ALMOND OATMEAL.

CHOCOLATE CHIP COOKIE MIX

Makes a perfectly easy treat anytime that taste great

CROUTONS

Made from a variety of bread seasoned perfectly.

DOUBLE FUDGE BROWNIE MIX

Makes the perfect after school treat or a quick and easy dessert that is so chocolaty.

WHOLE WHEAT PANCAKE MIX

Made from our fresh whole wheat and fresh oatmeal, taste better than any pancake mix you buy in the grocery store.

FRESH GROUND WHOLE WHEAT FLOUR

Makes a world of difference. Not only will our flour provide you with more nutrients, but it's guaranteed to make your homemade goodies taste better than ever.

NOTE: For optimum freshness, be sure to use fresh ground flour within four weeks from the date of purchase or store in your freezer.



REMEMBER WE MAKE ROLLS FROM ALMOST ALL OF OUR BREADS
JUST ORDER THEM AT LEAST 24 HOUR IN ADVANCE.

(WE SELL THEM BY THE DOZEN ONLY.)

PRICE OF THE LOAF OF BREAD PLUS 50 CENTS



BREAD NUTRITION

Serving Size: 1 slice 2 oz (66 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Apple Cherry Pecon	140	25	0	0	0	290	26	3	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Chemies (ingredient components may vary), Honey, Dried Apples (Ingredient components may vary), Pecans, Eggs, Yeast, Salt. CONTAINS: WHEAT, PECANS, SOY, AND EGG.
Apple Cinnom on Wo Inut	140	2	0	0	0	270	27	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Apples, Walnuts, Yeast, Salt, Eggs, Apple Juice (Ingredient components may vary), Ground Cinnamon. CONTAINS: WHEAT, WALNUTS, SOY, AND EGG
Apple Grunch	130	2g	t	o	10	290	23	4	7	4	Fresh Ground 100% Whole Wheat Flour, Water, Apples, Honey, Brown Sugar, Butter (Milk), Eggs, Yeast, Salt, Ground Cinnamon, Natural and Artificial Vanilla, Flavoring, Ground Nutmeg. CONTAINS: WHEAT, MILK, SOY, AND EGG
Apple Crunch Blend	130	2	1	0	10	290	24	3	7	4	Fresh Ground 100% Whole Wheat Flour, Water, Enriched White Flour (Ingredient components may vary), Apples, Honey, Brown Sugar, Butter (Mik), Eggs, Yeast, Salt, Ground Cinnamon, Natural and Artificial Vanilla Flavoring, Ground Nutmeg. CONTAINS: WHEAT, MILK, SOY, AND EGG
Apricot Almond	140	2	0	0	0	310	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Dried Apricots (Ingredient components may vary), Honey, Almonds, Yeast, Salt, Eggs. CONTAINS: WHEAT, ALMONDS, SOY, AND EGG
A siago Pesto	160	6	1.5	o	10	440	22	1	2	5	Enriched White Flour (ingredient components may vary), Water, Pesto Sauce (ingredient components may vary), Asiago Cheese (ingredient components may vary), Honey, Olive Oil, Yeast, Salt, Eggs, Dried Garlic, Dried Onion. CONTAINS: WHEAT, SOY, MILK, EGG, PINE NUTS
Bacon Cheddar Beer	150	4	2	0	20	320	21	3	5	7	Fresh Ground 100% Whole Wheat Flour, Beer, ale, Cheddar Cheese (Ingredient components may vary), Honey, Bacon, cooked, Yeast, Eggs, Kosher Salt, Salt, Dried Onion, Dried Garlic, Black Pepper, Chives. CONTAINS: WHEAT, MI
Breakfast Blast	140	1.5	0	0	0	210	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dates, Rolled Oats, Cinnamon Chips (Ingredient components may vary), Yeast, Eggs, Salt, Ground Cinnamon. CONTAINS: WHEAT, SOY, EGG, AND MILK
Burley Bread	140	2	0	0	0	300	26	4	6	6	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Rolled Oats, Sunflower Seeds, Cracked Rye, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG.
Caraway Rye	130	0.5	0	0	0	300	25	5	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Dark Rye Flour, Honey, Yeast, Salt, Caraway Seeds, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Carrot Poppyseed	120	1	О	0	0	290	22	4	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Carrots, Honey, Applesauce (Ingredient components may vary), Yeast, Orange, Poppy Seeds, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, SOY, AND EGG
Cha lia h	140	1.5	0	0	20	240	26	3	4	5	Enriched White Flour (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Water, Honey, Eggs, Sesame Seeds, Yeast, Salt. CONTAINS: WHEAT, EGGS, AND SOY.
Cheddar Garlic	160	4.5	25	0	15	370	23	1	4	6	Enriched White Flour (Ingredient components may vary), Water, Cheddar Cheese (ingredient components may vary), Honey, Yeast, Salt, Eggs, Sesame Seeds, Dried Onion, Dried Garlic, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Cherry Apple Berry	130	0.5	0	0	0	280	27	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Chemies (Ingredient components may vary), Dried Blueberries (Ingredient components may vary), Dried Apples (Ingredient components may vary), Yeast, Blueberries, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGGS.
Cherry Walnut	140	2	0	0	5	270	26	3	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Dried Chemies (Ingredient components may vary), Honey, Walnuts, Yeast, Eggs, Salt. CONTAINS: WHEAT, WALNUTS, EGGS, AND SOY
Cinnam an Chip	170	3	0.5	0	0	340	32	1	11	3	Enriched White Flour (Ingredient components may vary), Water, Cinnamon Chips (Ingredient components may vary), Honey, Yeast, Sugar, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, MILK, SOY AND EGG
Cinnamon Chip (100% Whole Wheat)	150	3	0.5	0	0	270	28	3	10	4	Fresh Ground 100% Golden Whole Wheat Flour, Water, Cinnamon Chips (Ingredient components may vary), Honey, Yeast, Sugar, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, SOY, MILK AND EGG.
Cinnamon Raisin Walnut	140	2	О	0	0	310	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Honey, Walnuts, Yeast, Salt, Ground Cinnamon, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Cinnam on Swirl	160	2.5	1.5	o	5	220	29	4	12	5	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Honey, Butter (Mik), Eggs, Yeast, Salt, Ground Cinnamon. CONTAINS : WHEAT, MILK, SOY AND EGG



BREAD NUTRITION

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Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Corn Bread	140	2.5	1	0	5	270	28	1	4	3	Enriched White Flour (Ingredient components may vary), Water, Com Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Butter (Milk), Yeast, Salt, Eggs. CONTAINS: WHEAT, MILK, SOY, AND EGG
Com Bread (100% Whole Wheat)	140	2.5	1	0	5	270	26	3	4	4	: Fresh Ground 100% Whole Wheat Flour, Water, Corn Flour, Honey, Cultured Buttermik (Ingredient components may vary), Butter (Mik), Yeast, Salt, Eggs. CONTAINS:WHEAT, MILK, SOY, AND EGG
Jalapeno Com Bread	140	2	1	0	5	270	26	1	4	3	Enriched White Flour (Ingredient components may vary), Water, Com Flour, Honey, Cultured Buttermik (Ingredient components may vary), Peppers, Butter (Mik), Yeast, Chile Peppers, jalapenos, Salt, Eggs. CONTAINS: WHEAT, MILK, SOY, AND EGG
Jalapeno Com Bread (100% Whole Wheat)	140	2.5	1	0	5	270	24	3	4	4	Fresh Ground 100% Whole Wheat Flour, Water, Corn Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Peppers, Butter (Milk), Yeast, Chile Peppers, jalapenos, Salt, Eggs. CONTAINS:WHEAT, MILK, SOY, AND EGG
Country	120	0.5	0	0	0	340	23	4	3	5	Fresh Ground 100% Whole Wheat Flour, Water, Molasses, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Cracked Pepper Swiss	140	3	1.5	0	10	280	22	4	4	7	Fresh Ground 100% Whole Wheat Flour, Water, Swiss Cheese (Ingredient components may vary), Honey, Eggs, Yeast, Salt, Black Pepper, Cayenne Pepper, Oregano, Basil, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Cranberry Orange	130	0.5	О	0	0	280	27	4	11	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Cranberries (Ingredient components may vary), Honey, Yeast, Salt, Eggs, Orange Peel. CONTAINS: WHEAT, SOY, AND EGG
Da kota	150	4	0	0	0	270	23	4	5	6	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Pumpkin Seeds, Millet, Yeast, Sesame Seeds, Salt, Eggs. CONTAINS: WHEAT, SOY AND EGG
Finn is h Putta	160	4.5	2.5	0	35	140	26	1	5	4	Enriched White Flour (Ingredient components may vary), Milk, Eggs., Honey, Butter (Milk), Water, Yeast, Natural Sugar, Salt, Cardamom. CONTAINS: WHEAT, MILK, SOY, AND EGG
Flax Oatbran	130	3.5	0	0	0	330	22	4	6	5	Water, Fresh Ground 100% Whole Wheat Flour, Honey, Oat Bran, Pecans, Flax Meal, Yeast, Rolled Oats, Salt, Eggs, Flax Seeds. CONTAINS:WHEAT, PECANS, SOY, AND EGG
Focaccia	140	1.5	0	0	0	380	29	1	5	4	Enriched White Flour (Ingredient components may vary), Water, Honey, Yeast, Salt, Olive Oil, Oregano, Basill. CONTAINS: WHEAT AND SOY
Golden Wheat, Apple, Cinnamon Chip, Walnut	140	2.5	o	0	0	290	26	3	ß	5	Fresh Ground 100% Golden Whole Wheat Flour, Water, Honey, Cirnamon Chips (Ingredient components may vary), Dried Apples (Ingredient components may vary), Walnuts, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK, WALNUTS AND EGG
Galden Wheat Chacolate Cherry Swirl	150	2.5	1	0	5	240	30	m	В	4	Fresh Ground 100% Golden Whole Wheat Flour, Water, Dried Chemies (Ingredient components may vary), Honey, Chocolate Chips (Ingredient components may vary), Brown Sugar, Butter (Milk), Yeast, Eggs, Salt, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, SOY, EGGS, AND MILK.
Harvest Buckwheat Brown Rice	140	4.5	2	0	35	90	22	2	6	3	Water, Cultured Buttermilk (Ingredient components may vary), Eggs, Honey, Brown Rice Flour, Tapioca Flour, Flax Seeds, Comstarch, Flour, buckwheat, Butter (Milk), Yeast, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Harvest Buckwheat Brown Rice Bread Dakota	140	6	1.5	0	25	75	19	2	5	4	Water, Cultured Buttermilk (Ingredient components may vary), Eggs, Honey, Brown Rice Flour, Tapioca Flour, Flax Seeds, Cornstarch, Flour, buckwheat, Butter (Mik), Sunflower Seeds, Pumpkin Seeds, Yeast, Millet, Sesame Seeds, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Harvest Buckwheat Brown Rice Bread Cinnamon Chip	160	6	2	0	25	80	25	2	9	3	Water, Cultured Buttermilk (Ingredient components may vary), Cinnamon Chips (Ingredient components may vary), Honey, Brown Rice Flour, Eggs, Tapioca Flour, Flax Seeds, Cornstarch, Flour, buckwheat, Butter (Milk), Yeast, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Hearty Caraway Rye	130	0.5	o	0	0	310	26	4	2	5	Water, Fresh Ground 100% Whole Wheat Flour, Flye Flour (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Molasses, Yeast, Salt, Eggs, Caraway Seeds. CONTAINS: WHEAT, SOY, AND EGG
High 5 Fiber	140	3	0	0	0	230	23	5	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Flax Seeds, Oat Bran, Millet, Sunflower Seeds, Wheat Bran, Yeast, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG.
High Five Fiber with Blueberries	140	2.5	o	0	0	200	25	5	7	5	Water, Fresh Ground 100% Whole Wheat Flour, Dried Blueberries (Ingredient components may vary), Honey, Flax Seeds, Oat Bran, Millet, Sunflower Seeds, Wheat Bran, Yeas t, Salt, Eggs. CONTAINS: WHEAT, EGGS, AND SOY



BREAD NUTRITION

A warm fresh slice of the good life

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Chalesteral (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
High Country Crunch	150	5	0.5	0	0	230	22	4	4	5	Water, Fresh Ground 100% Whole Wheat Flour, Semolina Flour, Sunflower Seeds, Honey, Millet, Pecans, Flax Seeds, Yeast, Salt, Eggs. CONTAINS: WHEAT, PECANS, SOY, AND EGG
High Fiber Apple, Cinnamon Chip, Walnut	140	2	О	0	0	280	26	5	7	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Apples, Cinnamon Chips (Ingredient components may vary), Walnuts, Maltodextrin (Dietary Fiber), Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK, EGGS, AND WALNUTS.
High Fiber Tuscan Herb	140	0.5	О	o	o	210	26	5	4	6	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Honey, Water, Yeast, Maltodextrin (Dietary Fiber), Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Dried Onion, Basil, Oregano, Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Honey Whole Wheat	130	0.5	o	0	o	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Irish Baked Potato	150	2	f	0	5	440	28	1	4	4	Enriched White Flour (Ingredient components may vary), Water, Dehydrated Potatoes (Ingredient components may vary), Honey, Butter (Mik), Yeast, Garlio (Ingredient components may vary), Salt, Eggs, Cheddar Cheese (Ingredient components may vary), Black Pepper, Chives. CONTAINS: WHEAT, MILK, SOY, AND EGG
Irish Soda Bread	130	0.5	o	0	5	180	27	2	9	4	Cultured Buttermilk (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Raisins, Honey, Eggs, Salt, Baking Powder (Ingredient components may vary), Baking Soda. CONTAINS: WHEAT, SOY, EGG, AND MILK
Italian Herb Focaccia	150	2.5	0	o	О	290	27	1	2	4	Enriched White Flour (Ingredient components may vary), Water, Olive Oil, Honey, Salt, Yeast, Oregano, Basil, Dried Garlic, Black Pepper, Parsley. CONTAINS: WHEAT AND SOY.
Merry Berry	130	0.5	0	0	0	290	27	3	9	5	Fresh Ground 100% Golden Whole Wheat Flour, Water, Honey, Golden Raisins (Ingredient components may vary), Dried Chemies (Ingredient components may vary), Dried Blueberries (Ingredient components may vary), Yeast, Salt, Coconut (Ingredient components may vary), Eggs. CONTAINS: WHEAT, EGGS, COCONUT, AND SOY.
Nine Grain	130	0.5	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Nine Grain Mix (Ingredient components may vary), Yeast, Salt, Eggs. CONTAINS: WHEAT AND EGG
Oatmeal Poppyseed	130	1	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Rolled Cats, Yeast, Poppy Seeds, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Onion Dill Rye	130	0.5	o	0	0	320	25	3	6	4	Water, Fresh Ground 100% Whole Wheat Flour, Honey, Enriched White Flour (Ingredient components may vary), Rye Flour, Yeast, Salt, Eggs, Dried Onion, Dill, Poppy Seeds, Sesame Seeds. CONTAINS: WHEAT, SOY, AND EGG
Panza	130	3	1	0	5	590	22	2	4	5	Enriched White Flour (Ingredient components may vary), Water, Fresh Ground 100% Whole Wheat Flour, Calamata Olives (Ingredient components may vary), Parmesan Cheese (Ingredient components may vary), Honey, Sun Dried Tomatoes (Ingredient components may vary), Yeast, Salt, Eggs, Oregano, Basil, Black Pepper. CONTAINS: WHEAT, MILK, EGGS, AND SOY.
Peanut Butter Chocolate Chip	180	6	1.5	0	0	300	27	2	8	5	Enriched White Flour (Ingredient components may vary), Water, Natural Peanut Butter (Ingredient components may vary), Chocolate Chips (Ingredient components may vary), Honey, Yeast, Salt, Eggs. CONTAINS:WHEAT, PEANUTS, SOY, MILK AND EGGS
Pecan Swirl	190	7	2	0	5	190	27	4	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Pecans, Honey, Butter (Milk), Yeast, Salt, Ground Cinnamon, Eggs. CONTAINS: WHEAT, PECANS, MILK, EGGS, AND SOY.
Pizza Bread	140	4.5	1.5	0	15	450	19	2	4	7	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Mozzarella Cheese (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Water, Pepperoni (Ingredient components may vary), Honey, Eggs, Yeast, Salt, Dried Onion, Parsley, Oregano, Basil. CONTAINS: WHEAT, MILK, SOY, AND EGG
Papeye	120	1	0.5	0	5	370	22	2	4	5	Enriched White Flour (Ingredient components may vary), Water, Spinach, Fresh Ground 100% Whole Wheat Flour, Honey, Parmesan Cheese (Ingredient components may vary), Red Peppers (Ingredient components may vary), Yeast, Salt, Eggs, Dried Onion, Dried Garlic. CONTAINS: WHEAT, SOY, EGGS, AND MILK
Papeye (100% Whole Wheat)	120	1.5	0.5	0	5	360	21	3	4	6	Golden Fresh Ground 100% Whole Wheat Flour, Water, Spinach, Honey, Parmesan Cheese (Ingredient components may vary), Red Peppers (Ingredient components may vary), Eggs, Yeast, Salt, Dried Onion, Dried Garlic. CONTAINS: WHEAT, MILK, SOY, AND EGGS
Potato Chive	150	2	1	0	5	440	29	1	4	4	Enriched White Rour (Ingredient components may vary), Water, Dehydrated Potatoes (Ingredient components may vary), Honey, Butter (Milk), Yeast, Roasted Garlio, Salt, Eggs, Black Pepper, Chives. CONTAINS: WHEAT, MILK, SOY, AND EGG



BREAD NUTRITION

A warm fresh slice of the good life

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Pumpernickel Rye	120	0.5	o	0	0	330	23	5	2	5	Fresh Ground 100% Whole Wheat Flour, Water, Rye Flour, Pumpernickel Rye Flour, Molasses, Yeast, caramel color, Salt, Caraway Seeds, Eggs. CONTAINS: WHEAT, EGGS, AND SOY
Pumpkin Swirt	140	2	0.5	o	5	190	29	2	12	3	Enriched White Flour (Ingredient components may vary), Water, Brown Sugar, Pumpkin (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Honey, Walnuts, Butter (Milk), Yeast, Salt, Eggs, Pumpkin Pie Spice (Ingredient components may vary). CONTAINS: WHEAT, MILK, EGGS, SOY, AND WALNUTS.
Raisin Cinnamon Chip	150	2.5	0.5	0	o	240	28	3	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Cinnamon Chips (Ingredient components may vary), Raisins, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK AND EGG
Raisin	130	0	0	0	0	310	27	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Molasses, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Red, White and Blueberry	140	0	О	o	5	360	30	1	8	3	Enriched White Flour (Ingredient components may vary), Water, Honey, Dried Cherries (Ingredient components may vary), Blueberries, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGGS.
Rosemary Garlic	130	0.5	О	О	О	320	24	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Sonoma	160	4	1.5	o	20	135	26	3	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Eggs, Dried Cranberries (Ingredient components may vary), Golden Raisins (Ingredient components may vary), Pumpkin Seeds, Butter (Milk), Sunflower Seeds, Yeast, Raw turbinado sugar, Salt, Orange, Lemon, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, EGGS, MILK, AND SOY.
Spinach Feta	130	3	2	0	15	400	19	2	4	5	Feta Cheese (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Water, Fresh Ground 100% Whole Wheat Flour, Spinach, Honey, Eggs, Yeast, Salt, Dried Garlic, Oregano, Black Pepper. CO
Star Spangled Swirl	150	1.5	0.5	0	5	220	30	4	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Blueberries (Ingredient components may vary), Dried Cherries (Ingredient components may vary), Honey, Dried Apples (Ingredient components may vary), Brown Sugar, Eggs, Yeast, Butter (Mik), Blueberries, Salt. CONTAINS: WHEAT, EGG, SOY, AND MILK
Stuffing Bread	100	0	o	0	0	250	20	3	4	4	Fresh Ground 100% Whole Wheat Flour, Water, Onion, Celery, Honey, Yeast, Salt, Eggs, Thyme, Black Pepper, Sage. CONTAINS: WHEAT, EGGS, AND SOY.
Sunflower	140	3	0	0	0	300	24	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Swedish Rye	130	1	o	0	0	380	27	3	7	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Enriched White Flour (Ingredient components may vary), Rye Flour, Yeast, Orange, Salt, Sesame Seeds, Eggs, Caraway Seeds, Anise Seed. CONTAINS: WHEAT, SOY, AND EGG
Trail Bread	140	2	О	0	0	290	25	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Honey, Sunflower Seeds, Yeast, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Tuscan Herb	120	0.5	o	o	o	250	23	4	5	5	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Honey, Water, Yeast, Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Dried Onion, Basil, Oregano, Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Walnut Raisin Rosemary Blue Cheese	150	4	1.5	o	10	330	22	3	5	6	Fresh Ground 100% Whole Wheat Flour, Water, Blue Cheese, Honey, Walhuts, Raisins, Yeast, Molasses, Eggs, Salt, Rosemary. CONTAINS: WHEAT, MILK, EGG, WALNUTS, AND SOY.
White Chocolate Cherry Swirl	150	2.5	1.5	o	5	250	31	1	8	3	Enriched White Flour (Ingredient components may vary), Water, Dried Cherries (Ingredient components may vary), White Chocolate Chips (Ingredient components may vary), Honey, Brown Sugar, Butter (Milk), Yeas t, Eggs, Salt, Natural and Artificial Vanilla, Flavoring. CONTAINS: WHEAT, SOY, EGGS, AND MILK
White	130	0	0	0	0	400	29	1	5	4	Enriched White Flour (Ingredient components may vary), Water, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Whole Grain Goodness	140	3	0	0	0	240	22	4	4	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Eggs, Millet, Barley, Flax Seeds, Yeast, Pecans, Oat Bran, Salt, Almonds. CONTAINS: WHEAT, PECANS, SOY, AND ALMONDS

Great Harvest

Bread Co?

JULY 2015 BREAD SCHEDULE

415 TALCOTTVILLE RD. VERNON, CT 06066 860-454-4202



CLOSED SATURDAY JULY 4TH

MONDAY

colonial brown bread (new) (M) \$7.25 cinnamon raisin walnut (H) \$6.00 everything (W) \$5.75 ninegrain (H) \$6.50

TUESDAY

high 5 fiber (H) \$6.50 onion dill rye (W&R) \$6.25 anadama (M) \$6.25 ninegrain (H) \$6.50

WE DWES DAY

white cinnamon raisin (W) \$5.75

apple scrapple (M) \$6.25

woodstock (H) \$6.50

bakers choice:
(1st spelt\$5.75

8th-foccacia (W) \$5.50

15th-swedish limpa (W&R) \$6.25

22nd-foccacia (W) \$5.50

29th-peanut butter chocolate chip (W) \$5.75)

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 anadama (M) \$6.25 woodstock (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 breakfast blast (H) \$5.75 trailmix (H) \$6.50

SATURDAY CLOSED JULY 4TH

stuffed potato (W) \$6.50 cinnamon raisin (H) \$5.75 popeye (M) \$5.75 pumpernickel rye (H&R) \$6.25



www.facebook.com/ great.harvest.bread.vernon.ct

EVERYDAY BREADS

honey whole wheat \$5.25 country white \$5.00

DAILY SWEETS

cookies \$1.85 + tax or 6/\$8.75 scores \$2.12 + tax quick breads \$7.00 muffins \$2.12 + tax

OTHER ITEMS

dog bones \$7.00

FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

HOURS:

MONDAY - FRIDAY 6:30 AM - 6:30 PM
SATURDAY 6:30 AM - 5:00 PM
CLOSED SUNDAY
CLOSED JULY 4TM
ORDERS WELCOME (860) 454-4202



CELEBRATE A SAFE 4TH OF JULY





WE WILL BE CLOSED SATURDAY JULY 4TH.







OUTDOOR SUMMER FUN

All made fresh in our store.

Take them camping, just add oil, water and an egg.

TRAIL MIX

A great treat anytime.

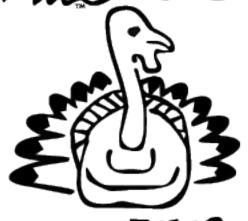
GRANOLA

Take along some of our fresh granola on your next hiking or road trip..

JOIN GREAT HARVEST AT THE FARMERS MARKETS

HEBRON (corner of Rt 85 & 66) every Saturday from 9:00am to 12:30pm.

Great Harvest Bread Co. Tulsa, OK / 918-878-7878 / www.tulsaok.greatharvestbread.com



STUFFING BREAD!

Enjoy the taste of Thanksgiving stuffing in a hearty loaf of Great Harvest bread! This simply delicious bread is flavored with sage, thyme, salt & pepper in our famous freshly ground whole wheat dough. We chop up the onions and celery, and hand knead the veggie mix into every loaf! Use this bread as the starting point for your own stuffing, or slice it up to make turkey sandwiches (that taste like a meal when covered with hot left over gravy). Either way, Stuffing Bread is a great addition to any holiday meal.

NOVEMBER BREADS

EVERYDAY Honey Whole Wheat · Harvest White · Dakota

Pumpkin Chocolate Chip

MONDAY High 5 Fiber · Hummus Bread · Extreme Cinnamon Swirl

TUESDAY Cranberry Walnut Flax · Asiago Pesto · Cinnamon Chip

Jewish Apple Coffee Cake

WEDNESDAY Cranberry Orange · Low Carb Dakota

STUFFING BREAD · Extreme Cinnamon Swirl

THURSDAY Pumpkin Swirl · Spinach Feta · Cinnamon Crunch

Cranberry Orange Pound Cake

FRIDAY White Chocolate Cherry Swirl · Superfood Bread

Cheddar Garlic · Strawberry Shortcake

SATURDAY Woodstock · Trail Bread

Pepper jack Cornbread · Lemon Blueberry

THANKSGIVING WEEK MENU

We will follow a special Thanksgiving Week bread and sweets schedule from Monday, Nov 24th through Wednesday, Nov 26th. Our Thanksgiving menu and order form will be available online at www.tulsaok.greatharvest.com, or you can stop in at the bakery and pick up a copy. Please order early so we can have your Thanksgiving order waiting for you!

SWEET SPOT

EVERYDAY Brownies · Power Bars · Trek Bars · Pumpkin Chocolate Chip Muffins

Cinnamon Rolls & Cinnamon Twist Muffins

MONDAY Dillon Cookies · Pumpkin Scones · Oat Berry Muffins

Savory Breakfast Biscuits • Pumpkin Bars • Savannah Bars

TUESDAY Salted Caramel Cookies • Cinnamon Chip Scones • Orange Burst Muffins

Whole Wheat Coffee Cake · Peppermint Brownies

WEDNESDAY Chocolate Chip Cookies · Savory Breakfast Biscuits

Cranberry Almond Scones . Ultra lo-fat Cinnamon Apple Muffins

Lemon Bars · Savannah Bars

THURSDAY Ginger Bop Cookies · Cranberry Orange Scones

Cranberry Orange Muffins · Oat Berry Muffins · S'more Bars

FRIDAY Monster Cookies · Lo-fat Cran Flax Cookies

Maple Oatmeal Scones • Morning Glory Muffins • Pumpkin Bars

Savannah Bars

SATURDAY Peanut Butter Chocolate Chip Cookies · Cappuccino Muffins

White Chocolate Raspberry Scones · Lemon Blueberry Muffins

Lemon Bars

BAKERY HOURS: Monday-Friday 7am to 6pm, Saturday 7am to 4pm, closed Sundays for a little Loafin'



NOVEMBER 2015 BREAD SCHEDULE

425 TALCOTT VILLE RD VERNON, CT 06 066 (860) 454-4202

ghbreadct.com

HOLIDAY ORDERS ALL ORDERS FOR MUST BE MADE BY MONDAY NOVEMBER 16TH.

No phone/email/social media orders Thanksgiving week

MONDAY

pumpkin swirl (M) \$7.50 onion dill rye (H&R) \$6.25 dakota (H) \$6.50 pesto parmesan (W&H) 6.25 23'd - virginia white or virginia wheat rolls \$6.50 per dozen

TUESDAY

anadama (M) \$6.50 everything (W) \$5.75 sunflower millet flax (H) \$6.50 cranberry orange (H) \$6.50 24th - virginia white or virginia wheat rolls \$6.50 per dozen

WEDNESDAY

apple cinnamon oatmeal (M) \$6.25
trail mix (H) \$6.50
bakers choice:
4th - spelt \$5.75,
1th - stuffing bread (H) \$7.25, swedish limpa (H&R) \$6.25
18th - stuffing bread (H) \$7.25, cornbread (W) 5.75
25th - stuffing bread (H) \$7.25, pumpkin nut spice (W) \$6.50
cinnamon chip (W) \$4.75, white cheddar garlic (W) \$6.50,
swedish limpa (H&R) \$6.25
virginia white or virginia wheat rolls \$6.50 per dozen
quick breads - chocolate fudge brownie, blueberry,
blueberry cranberry, pumpkin & pumpkin chocolate chip

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 white cinnamon raisin (W) \$5.75 ninegrain (H) \$6.50

FRI DAY

cinnamon bread (M) \$6.75
challa (W) \$5.75
pumpkin nut spice (W) \$6.50
woodstock (H) \$6.50
pepperoni roll (W) \$7.25
sweet pepper roll (W) \$7.25

SATURDAY

stuffed potato (W) \$6.50 cinnamon raisin walnut (H) \$6.00 popeye (W&R) \$6.00 american rye (W&R) \$6.25

EVERYDAY BREADS

honey whole wheat (H) \$5.25 country white (W) \$5.00

PRE ORDER YOUR VIRGINIA WHITE OR WHEAT ROLLS

Sold by the dozen

HOLIDAY HOURS: WEDNESDAY NOVEMBER 25TH 6:30AM - 5:00 PM

CLOSED THURSDAY NOVEMBER 26TH
THROUGH
SUNDAY NOVEMBER 29TH

STORE HOURS:
MONDAY - FRIDAY 6:30AM - 6:30PM
SATURDAY 6:30AM - 5:00PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202



THANKSGIVING SPECIALS: CHECK OUR SPECIAL BREADS FOR MONDAY THE 23RD TUESDAY THE 24TH AND WEDNESDAY THE 26TH



ALL ORDERS <u>MUST</u> BE PLACED BY MONDAY NOVEMBER 16TH

Pre-order and pre-pay your Thanksgiving bread, rolls & sweets for an easy pickup

TURKEY STUFFING WITH GREAT HARVEST BREAD " (PURCHASE ON WEDNESDAY NOVEMBER 18TH) "

Stuffing for a 12-16 pound Turkey
1 loaf of **Great Harvest Stuffing Bread**1 stick or 1/2 cup of Sweet Cream Butter
1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of softened butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Mix well. Place in a pan on your stove top, cover the pan, heat until liquid absorbs and stuffing is hot. Or place in a casserole dish.

THANKSGIVING ROLLS

Bring a harvest of flavor to your holiday table with light and buttery VIRGINIA ROLLS made from wheat or white flour. Sold by the dozen only at \$6.25 per dozen.

We can also make rolls from most of our breads, just add 50 cents to the bread price.

LOVE YOUR LEFTOVERS!

Our STUFFING BREAD tastes just like homemade stuffing and makes the ultimate leftover turkey sandwich when joined by turkey, cranberries, and cover in gravy.

CLOSING REMINDER:



Wednesday November 25th closing at 5:00pm Bakery closed Thursday, November 26th through Sunday, November 29th for a much kneaded rest Reopening on Monday, November 30th



TURKEY STUFFING

With Great Harvest Stuffing Bread
** (purchase the Wednesday before
Thanksgiving week) **

12-16 pound Turkey 1 loaf of Great Harvest Stuffing Bread 1 stick or 1/2 cup of Sweet Cream Butter 1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Place stuffing inside of turkey cavity and bake a normal.

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THANKSGIVING SCHEDULE



MONDAY NOVEMBER 23RD 6:30AM - 6:30PM

pumpkin swirl (M) \$7.50 onion dill rye (H&R) \$6.25 dakota (H) \$6.50 pesto parmesan (W&H) 6.25 virginia white or virginia wheat rolls \$6.50 per dozen

TUESDAY NOVEMBER 24TH 6:30AM - 6:30PM

anadama (M) \$6.50
everything (W) \$5.75
sunflower millet flax (H) \$6.50
cranberry orange (H) \$6.50
virginia white or virginia wheat rolls \$6.50 per dozen

WEDNESDAY NOVEMBER 25TH 6:30AM - 5:00PM

apple cinnamon oatmeal (M) \$6.25
trail mix (H) \$6.50
stuffing bread (H) \$7.25
pumpkin nut spice (W) \$6.50
cinnamon chip (W) \$5.75
white cheddar garlic (W) \$6.50,
swedish limpa (H&R) \$6.25
virginia white or virginia wheat rolls \$6.50 per do zen
quick breads - chocolate fudge brownie, blueberry,
blueberry cranberry, pumpkin & pumpkin chocolate chip



Place your orders through Tuesday, November 16th 860-454-4202





BREAD NUTRITION

Plantitics information may vary takeny to takeny please sheek with your local bakeny for the most searche service, in geodest, and alleges information

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ri airga Firata	мо	98	10	o	10 21%	440 18%	# 75	1 63	2		Existed Mil to Place Jug author transportants or up rough, No ter Perio Care in Jug author companies or up rough, Asings Channe Jugge discharge parts on up on up then up. Claim Cit. No. 1, No
la sou Chalde r lla ar	160	d à S	.2 526	ů	30°	1375	2f 75	12%	6	7	For shiften and 10 MC Whate 16th and P is an Deep is in Cheele or Class on the good or decomposant in many many). Hence y there is, and and, "Name" togge, it is about that, Each Creat Classes, Cheese, Cheese Carlo for the Propose Chinese. Code:Market 1944-05. Market, 1955-05. Market Class CARD EDV.
Brook Sect Biss t	wo	15	o B	a	0 (%	200	ab No.	d 16 h	9	á	Funds Clean of WEV. Whole When a Water, Nature 10 to any Dates. Public Clean, Conserver Chips large denti- ces person is very story), No and Dyn. Date. Conserve Chips large denti- conserved Conserved Co
		2	ō.		o o	300		4			Frenk Canad TSEC Whole When His in Nation House Picked Cale. Carlls are Cards. Constant French Const.
Burty Bread	WO	35	f%	ō	1%	93	93	10.35	۵	۵	COMMAND WHILE THE THE THE PARTY WAS A COMMON CONTRACT OF THE
	1307	0:6	ů	ō	ō.	300	E	6			
Gravey Rye	140	18	1%		0%	128	23	20.5	١.	6	Prest Circ and TERC Bit als Wheel Place, Water, Dust Place Place, Han up Years, 18th, Careavay Cond v, Sp. pr. CIGNATATES INVESTIGATION, AND SIGIL
Carrot Roppysand	120	25	1%	ů	13.	290	75	15%	á	6	Fresh Class of WEC Whole When Files a Ris to Constit. Hen epulyph source (large districtions posses to may not p). You style has been presented as to this large. On our General constraints of the source operation of the source operation of the source operation of the source operation.
		1.6	0		30	740	. A	3	_		
Chaffeh	WO	25	Ø5	ø	75	10%	98	125	1	6	So debad White Place Jog and an incorporate in any mary J. Plack Channel 1997. No de Wheat Place, Nobel of Hearing Signs, November South of Mark 1996. COMMAND WHITE WHITE COSTS, AND SOOK.
Challer Gertle	160	4.5	26	ů.	15	100	B	f			Earth of White Pleas log-soliest an expense six may map). Note a Check or Check to Jing solies i samps made may map). Here a Yearth Eafs Eggs. Blea on Earth, Detel Cate s, Detel Carlo, Panday.
		75	136		63.	15%	25	33			COMMAND WHERE, MILK, MOY, AND EGG.
		0.6	å	-	- a	240	37	-	-		From the Can and 1 MFC. Note in Wheel Place, Water, Henry, Dried Chamber (Reproduct comparement or agrees). Dried that have to a Jug mallest comparement or agreesy). Next Applied they have been presented to a present the comparement of the c
Charrys ppra Berry	130	1%	on.	ō.	0%	us	9%	55.55	١,	6	Other Blass has been free greaters transparent to any major. Other Applies. Pergradient comparent to transparent to any major, "Mande allow Blass". Blass Blass. COMMA NO REVEATA, CON, SHO BIOCOL.
		2	o		6	270					French Can and 1 MFC. Note in Wheat Place Water, Chief Chamber Ingendent on report of coup rough. He rep.
Charry Walsut	WO	25	1%	ō	1%	11%	93	123	- 11	6	Walton, Yeart, Eggs, Side. COMMAND WYS AS, BALLASTIC & COSC AND SOLY
Cleare on CNp	170	1 1 2	06 4%	a	1%	36.0 2007	32 11%	1 68	11	a	Directed White Place (lagrantise) companies in a group). Note the Consent on Ching (lagrantise) on open sele- or up ready). Hereap, No and Chaper, No. 1, Spp. Can and Chaper see. Companyable No. 1,
		à	06		ů	Do	ži.	2			
dissence ship (100% What What)	160	63	.15	ō	0%	11%	9%	123	10	ď	Fig. 45 Cle and TERS Guide 18 had 18 to 18 to 18 do 18 do 18 on 19 do 19 on 19 by make transposed or up no pj. Hours y Yeart Sign. 18th Egg. Clean Cles area. COMMAND SYNEAD, EGY MILKAND EGG.
Cinarna Raioir Watrot	NO.	2	ō.	0	0	363	. a			6	Fresh Circum Til EX Who in Wheel Phase Water, Philade s, Home, Walneb, Years, Kall, Circum Circums s,
-3444-444		35	OS.		0%	93	9%	55.5	,	_	COMMUNICATION, NO LOG
Cite an an Suist	160*	2.6	1.6	ä	- 6	220		4	12	6	Presidence of TERM file also Rifered Place Rivers (Breve Gage, Harrey, Balter (MR), Dags, Harris, Balt, Clean of Contraction. COMMANS RIVERS, MILK, SOCIATION
		43	A		25	9%	10%	55.35			COMMUNE WHERE, MEAN, BOYAND SOC



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Plantition information may vary takeny to takeny please at esk with your local bakeny for the overtise surrate surition, in gendlest, and alleged information

	dirin	Ret	Seturated Fet	Trime Firth	deleteri	Solien	Gerbalyahirlas	fler	Super	Protein	
Servey State Fallow Size (Nive)		40 3.0*	40 3.0*	*	5-90 3.00	640 5 00	(d)	# N		*	Ingredients
		2.6	3.54		5.00	270	B Der	1 1	_	_	
Carp Broad	M/O	63	a	ø	.25	113	9%	63	1	3	To defeat White Plear (by seller transportants or up read), White Care Pleas (Heavy, Color ad Batte well). [by reflect in represents on a ready, 18 that [Mills, 16 and 18 by 18 and 18 by 18 and 18 by 18 and 18 by 1
care line of (100% Whate Wheel)	W/O	26	1 535	ů	. S	270	.B.	12%	4	d	Fresh Grand 1970 White When Histor, Na to Core Henry Harry, Cultured Britainsk (og selten i rengen mit meg megi, 16 her) (1981), fresh (1981) (ogs. COM AMERICAN, MAKE CORE AND CORE
		2	1		- 5	270	B.	1	_		South the service of
Jakpeyo Carp-Bras d	MO:	25	а	ø		113	98	63	1	a	De deleted White Plear (ing makes transparents or aproach). White Carro Pleas of Home, Carlo and Delete mall. for greate stransparents range early. Proper or, Delete (MA), Venal Callo Pleyson, job person, Main, Sign or COMMANCE MATERIAL DES AND
		2.6	1		6	Do	N	à			
Jelopus occurs Brand (100% Whate Wheel)	WO	43	а	ů	23	1136	25	12%	*	ď	Peach Clean of TEE V. Whole District Piece Water, Contribute Clean P. Contribute Contribute and TEE v. William (In Piece Peach V. Vanad, Clean Piece put just just contribute Co
disetry	120	0.6	ō	o-	ō.	340	h	4	,	6	French Classe of TM N Whole Whe of Plan y Wales, Makesson, News, Sale, Eggs.
		13.	15	_	1%	N h	23	10.35	_	_	COMMING WHIAT, ISON, AND LIGIS
Strate Court Sain	wo	-	- 12	ō.		230		÷		7	Start Council 1985 White Start Start State Chairs Council count in terms in council the co-
Creshel Papper Suiss	, AU	45			35	123	75	153		′	Front Crossed 1995; Whate Miles Make Make a Cabo Che may I agent best one proces to may no op! Here ay Engal, Ne and Cab Mark Property Co. percent Property Co. percent (A. Mark Par Alex COMMANDS WHATE AND MILES MILES AND MICE.)
		0.6	ů		ō	240	5	4			Frenk Channel 1 IIIV. No als Wheek Plans. Note a Dated Chanterstein (Ingendent company storage on cd. Her ap.
Genterry Grego	130	135	os.	ō.	0%	123	9%	10.35	ıı.	•	Ye and Kade Kasan, Chroman Piers. COMMENS WINESE, ISON, AND KICK.
Deliale	160	ď	a	a.	ä	270	B	ď	6	4	Per al: Class and TB D'C Whitele Mit and Pile on Warber. He says, Conference Was als, Prompt in Class de, Miller, Yearst, Mit score Classific, Single Classific, Conference Conf
		4.5	.75		0%	113	23.	15%			
Fine in A Puller	160*	4.6	26	a	346	567		1	6		Exercised White Place Ingredient on report entering rough, MMI, Eggs, Home y Shife of Mile, Water, Yasari, Hainer of the particle forester. COSMANDE SHIFE, A LIV. MICH. MICH. MICH.
		75	105		.03	4.5	9%	43			Water Frenk Claused TERN Not als Wheel Floor House, Cut Claur , Parsons, File Maid, Years, Fielded Clair,
Rex Outbrey	130	3.5 53.	0°	ō.	1%	330°	28 7 %	10.3s		6	COMMANDEN HAR PROVINCE SERVING SCO.
Familie	wa	16	0 1%	ø	0°	33.80	.p 10%	f 63	6	4	Excision of White Pile on Jacque districtions process in company of Nation, House, "Search, Calls, Clima Cit., Company, Seat. COMMAND WHILE AND COV
Galle What, Apple disease disp.	MO:	2.6	o	ů	o	290		,	2	6	French Classed 1 MFC Children William Mit and Place Walter, He rang Classes on Chips larger districtions passe vis.
Wayur		43	Ø5		1%	12%	98	12%	_		reap nor pj. Dried Apple e jegrediest norman mit er ap norji. Nie is de, 'de ant Calt Egge. COMMAND: NY-60 AT, COM, NIE, N. NALVELING AND ECC.
Galdey What Chousins Charry Suist	160	2.6	f	ø	á	240	.10		,		For di Clean of TERN Co E on Whale Who of Plan o, Wales, Drivid Clean in the species of compression responsers, the ear Clean label Co in a long relation to expense or on proof. These Copys (In the 1988), Years, Edge, Cole, March Copys, Cole, Plance Copys, Cole, Plance Copys, Cole,
		43	a		25	175	10%	123	_		COMMAND INNEAR, DOY, ECOS, AND MILK
Akment Buchukart Broup Rice	wo	4.5	2	ø	JaG	90	22	2	۵	3	Water Calland Balton B Jog edical companions or a years, Signa House, Share Pine Plane Serious Pine. Plan Brain, Connected Pine, Institution to Block Water Serious Connected Serious participations are not accepted to Connected Serious participations of the proceedings. In proceedings of the Connected Serious Connecte
		75	1/8		12%	43	75	23	_		COPRANIO MLK, IDDY, ARD IDDS
Nervest Bushukart Braue Rice Brasid Dahate	su:		16	ø	.16	25	19	,	6		Water Calism d Britann ill. Engradant companism's oray may 1, lig gs. Hanne, Basse Plan Plans, Baylann Flans, Fin olds ads. Carrotants. Plans, bast artant, ill tor (1888), Carrotants. Fars plan Gands. Na ant Millet.
		98	ză.		25	3.5	48	23			Denomin Shade, Sundays Clark, Shift, Did fad Mangar (large editor) in repeat the ray proof. COMMANIO MEAN, ICON, AMO ICOS.
Nervant Bushuhart Brass Rise Bras d Classes in CNp	160	- d - 9 h	2 535	ō	26	20	.E	ž zk	9	ı	No see Cultural Bullet with Jo god is characterised in may vary). Once your Chips. Jug-related excepts with your year of Homes, Described Plance Days Indicated the Characterist Homes Indicated the Characterist Homes Indicated to Characterist Homes Indicated In
Herrby dimensy Rya	130			ø					,		Notes, Fe als Six and 'S ES What I Mout Flore Figs Flore (appendict as expension only mag), in debad
common of common color	130	0:5 1%	0 1%	, ,	0°	13/8	9%	16 %	_		White Place logicalization repeats the rouge could, Milderson, Visual, Early, Eggs, Grancey Early s. COMMANIE REGIST, ICCV, AMO ICCL.
Mg A S Fibur	wa	65	o os	ů	0%	10%	25	.DS	6	á	French Classe of TEE's Whate White of Place Walter (for e.g., Place Classics, Call Share, Miller) Excellences the sale, This said has "New All, this by the Jug yes. COMMAN NEW HEART, EDM, AND SIGIL.
High Fire Filter with Bladevrice	ма	26	o os	ø	0°	200	.E	é Dh	7	6	Water, Parts Class of TEST White Not and Plans Chief Sharborine (by males incorporately may easy). Here y Plan Sharb, Cart Shart, Safety, Sharborine, Sharb, Note Sharb, Sage a. COMMANUS SHARB, COSE, AND SOY



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Serving Sitter Fallon Z-oz (St-g)	aww	Arr Arr Stor	Seturated For SE SECT	Trans firsts Bil	Statestand States States	Sedan Sepi SEV	antolydole M Spr	W 10V	سيد لف	Anna de la constanta de la con	Ingredients
Aligh Casetry Cite sh	150	25	OS JS	ø	0%	330°	75	M.E.		6	Water, Fresh Carried TBW. White Wheel Floor Develop Floor Develop Floor a Machiner Made, Heart y Miller, Floor and Debt Sign. COMMAND WINE FROM AND SIGN.
Nigh Filter Apple, Cleans as Chip. Walnut	мо	2 2 2 2 2	e es	ů	0%	210°	.a. 93	á EFS	7	6	Fresh Claused 'SEN' NY to be NY tout F have Ny hour, Harray, Coled Applies. Cit recesses Chips for good is not come prompt if Ny harbonis. Multiples and picture of Fresh, Manual, Mille Signa, Citizen Sentant Sent Sent Sent Market Sent Market Sent Market Sent Sent Sent Market Sent Sent Sent Market Sent Sent Sent Sent Sent Sent Sent Se
High Filer Traces Herb	wo	0:6 1%	o 1%	ō	0°	380 9 h	2h 9 h	5 21%		۵	From Council 1997. Which When Place Denote in Juguelles comparation on proof, Heavy Water National Methods with J Christy Plane, 1844, 18 pp. Died Carlos, Planes and Claim on Juguelles in comparation or appearance on a proof Carlos, Black Congress, Planescop, Planescop, COMMANS WINGS BLACK BLACK CONTROL SECT.
Nosery Whate What	130	0:6 1%	0°	ů	0%	10.00	25	10.35	۵	6	Presid Greated 1987: Strate Street Plant, State Heart y Years, Safe, Sage. COMMAND SYMBAT, SCY, AND SIGE.
Srich Behad Floteto	150	2 25	f sa.	ø	5 2%	640°	2s 9%	f Sh		ď	Excitated SM in Plan is jugardiant concentration range at a july Nation. Or hydrocal Patrick on jugardiant is supported to many many (House y Bult on july). Now at Caleby I larger direct some pass at the many many). Such English. Classified or Class on jugardiant intercognisments among many). Should Propose. Or insert. Confession on the Confession of the Confession o
Sinh Sode Brand	1307	0:6 1%	Ø IB	ø	- 6 2%	100	<i>B</i> 9%	2 2 2 2	9	ď	Cube and Ballo mail. Jo good is at some passes in many many if it wished if Millian Pile or Joyan distriction passes the many many if made District Millian Pile or Plantine House y Dispos, Ballo Ballo y District Institute Control of Millian Pile or Millian Control of Millian Con
Dates Nob Forecos	160	2.6	o os	ů	0%	290°	<i>3</i> 7	1 43	2	ď	Excision of Militar Fib. or f larger allest some passes to many many), Military, Claim Cit. Housey, Claim Take Service Francisco Francis
Many Barry	1340	0:6 1%	<i>a</i>	a	0 03	290 12%	<i>3</i> 7	3	9	6	Par de Clarcost 18 FC Calables Mit and File on Wales 16 cap, Calables File de 1 kg malles i comparente con many), Chief Clarcost Papp milliont comparente in many cape. Chief Charles size 1 kg milliont acquire and now y many), "New!, 18-1, Cameral Papp milliont comparents in an example (1) kg ap-
Non Grain	1307	0:6 1%	0 1%	ø	0%	100	25	15%	۵	6	Fresh Class of VIII V. Whole filte of Plane Water the ray, Nine Class Min (a good a chosen passes to ray many). Veneta Class Carps. COMMANN SHALE AND USC.
On two and People year and	130	f 25	<i>0</i> -1%	ø	0°	100	.E	d 10.35	۵	6	Frenk Grand 1 EEC Sh ale Shad Flace Flace State House, Falled Gale, No of Papp Deals, Side, Spp. COMMANG SHAD, SOY, AND SIGE
Oei ar Dirikye	1343*	0:6 1%	Ø 1%	ů	0°	3.50°	E ah	203	۵	ď	Notes French Channel 1987; No obs Wheel Place 14 ray, Evolution Notes File yield a framework of the part of Place Years Sub-Eggs, Dried Color, Diff People State, Colors a Cause. COMMISSION NY-BART, CON-ARCE SCIC.
Firste	1367	2 63	f sas	å	6 2%	590 Jeh	20 7 h	2 23	•	á	To delet White Plear (log select recognisation on proof, Water Pleat: Clear of WIN. Whate White Pleat Colors of WIN. Whate White Pleat Colors of Clear (log delet recognisation on proof in may may (Province Clears) (page delet an open of may may be made to those of the proof of the Win. (In Clear Cle
Requit Butter Chastete Chip	tao	98	1.5	ū	0°	3000 13 K	37 9 h	2 ah		5	Decided White Piece (log related concern with the years). We be Make of Pieces Dicker (log dated on operating the sole Dicker Dicker (log related concern control or operated). As each Each Eggs. COMMITTEE WHITE PROPERTY (INV.) NAME AND ADDRESS.
Finance Statist	190	7 11%	178	ø	- 6 - 2%	190°	# 9%	4 10.35	11	s	Front Grand 1880, Ni ale What Flore, Water, Braze, Dage, Fernan, Honey Baller (Mill), No. 4, N. S. Command Grand & Grand and G
Figur Aros of	ма	4.5 7.h	1.5 9%	ø	15 5 %	460 193	19 4 h	2		7	Proof: Other of TELL Wilsols Wiles of the self-tension played direct consumers to map on eq. Microsomic Champion played in the consumer to map on eq. State of Wiles Nove (Super direct consumers to map on eq. Wiles. Proper and played instruments consumers of the eq. (Super Super Super Substitute Champion). Champion (Substitute Champion). Constitute of the super Super Substitute Champion (Substitute Champion).
Ropeye	120	f 236	06	ø		170 16%	22 7 h	2 73	,	6	Excision 18 in Plan 1 jugad is chance power in vary every! Note: Spin and Plant Consoci 1987. While Wiles Plant, Harry, Plant some Chance in spalls of components only every! Plant Proposed. I toget allocations power to composed to the chance of the Chance Chance Chance Chance Consoci
RespectOOS laborathers)	uo	1.6	05 JB	ø	5 25	360°	21 7 h	3 11%		۵	Cald on French Chromat 1997. No the Nilson Plane Plane Robert Episoch, Hon op, Personan Chroma (supredictions passe) in a Property log select transport select on a peoply Cape. No select Calde. Dated Caude. COMMANCE SYNCHAM SELECT SCHOOL SECURITY.



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File trible information may sary takeny to takeny please aheek with your local bakeny for the most securate services, in geodest, and alleged information

			Barata (B.)	Sim Sc	- Charles	D-D-C		Less'	-	The state of	
Access to a fact that the	anne	Rr di	Seturated Fet	Trime Firth	Chalasterid	Sedien	derbolyahirlar	- N	Begar*	Protein	luncia d'amba
Servey Style: Fallow 2 op (No.g)		3.04	60 3.04		2.04	800	8 DV	3.04	#		Ingredients
Rateto CNvar	150	2	f	ů.	6	660	.19	1			Entstad Mit in Place for guide et component a ray rar yf. Water. Di hydrat ad Palate an Joy anders i components or up rangl, Hanny, Batter (MR), Nanet, Pa animi Grade, Gall, Egyn, Wast. Payper, China.
		3.5	as.		25	123	10%	63			COMMAND WHEAT, MLK, MDY, AND LOSS
		0.6	o		ø	330	a	5			
Responsible April	120	0.0		a a		220		-	2	6	Frenk Council 1885. Who is Nilson France, Flavor, Flavor, François del Flavor, No. 14, 10, 14, 15, 15, 15, 15, 15, 15, 15, 15, 15, 15
		135	OS.		0%	9/3	23	JDS.			COM AND WHAT SOIDS AND SOY
											Fresh at Mile Charles and a second Mile Charles County Charles
Pumphin Shirt	NO:	1 2	as	a a	6	190		1 2 1	12	3	Earth of White Plant Ingrationism reports to a group! Nides (Bayer Eagure Paraphin Ingration) components may vary!, Plant Channel WEN, White When Plant, House, Walton, Make (Mill), Name, Mr.
		3.5	.15		2.5	23	175	23			Day o, Po coption Pier Dybox (in good in orteonry power for many compt. Clarifologia Wi-Guid, Malar, S. Colleg. (EDV; AMD WALFALE).
Seinin dies en en die	160	2.6	as	o	o	240	.tu	3	12		Frank Graned 1985. Whole Wheel Place Nation Conserve Chips (logic district expenses in map map). Platin is
Raise Cesaria CAp	190	43	Jilly		136	10%	98	16.2			Harrey, Ne and Cafe Cage. COME AND INVESTIGAT, ISSN., MILK AND LICED.
- Andreis	450	ø	ō	_	ů	JAS	27	4			Frenk Six and 1 SEC Who in Wheel Floor Waler, Plaining, Millance o, Vand, Six Signs.
Raise	130	135	OB.	ō.	0%	13%	98	15%	,	6	COMMANG WILLIE, ICOY, AND ICOS
Red White and Blackerry	MO:	ō.	ō.	ō	6	JMC	10		,		Excisional White Plan of agent instrume passes in may no of, Walter, Horsey, Crisal Chamin a Juga saliment some passes in may no of, Blander stee, Yanah, Gall, Eggs.
and draw single controls.	- 40	0%	Ø5		25	153	10%	43	1		COMMAND WHEAT DOWNER LOOK AND ECOLO.
											For shi Channel 18 IN What hi Marel Phone Water, He ray, No. shi No. Ng. ya, Orbeil Garles, Paren man Channel
Reserve by Gertin	130	1%	0°	0	1%	330	25	15%		6	Fing makes in concess control or up conf. Planets con. Planets. COMMARING RIVEAU, MILK, ISON, AND LICES.
		126	126		120	N h	35	10.20			COMMINSTER WIND, MAD, EDV, MAD EAST
Sware	160		1.6	ů	20	116		ا د ا	Ħ	5	Proof: Can and T SEC. Mit six Wheat Place Waters House, Eggs, Orbid Construct a Joseph and except sents or a surge, Califor of Nations Joseph in Assessment a response of Proopsite. He sale, States (MR), the Secret Condus,
		48	ab.		75	48	98	12%			Nearly Flow for bissale suggest \$80. Going at Leasure, Hairs and and Artifate Worldle Fill making. COMMAND SHADON, ECOLOGISMS, AND SERV.
											Fried Paracle and Assessment Assessment State of Material State of
Spring all Falls	130	ادا	,	a	15	400	10	ایا		6	Fais Channe Je god is strans passe is may nor pl. Existe of White Fis or Jugar discisors passe six may no spl. Bide of French Channel 7 MFC. Bid also When Place, Upins ob, Places, Eggs, Yeard, Eich, Chris & Girle, Chages a.
		63	105		63	17.5	43	23	1		COMMAND WHEAT, MILK, SCICE, AND SEX
Star Spany and Swot	160			ø					12		For shifting of 18 MV White Miles of Flore, Water, Dried Manhardon (logic dischases possible may recipl. Dried
an delaman.	180	1.6	as		á	330	30	ď			O main a frequentiant common main or an except, Harmer, Dated Apple a frequentiant common main or an except, O more Corper, Signer, Signer, Anna A. Marier, (ASA), Minimaterian, Main.
		25	.iš		25	93	10%	10.35			COMMAND WHAT USE BOY, AND MLK
Stuffing Ar and	100	0	a	a	ů	260	JD:				For shifting of 18 NY Whole 1th and Fibrary Water, Colors, Colory House, No. of the N. Egge, Thyron, Wash. France. Com.
		1%	1%		1%	10%	75	13/8	_	_	COMMAND WHEAT, LODG, AND EDY
Software	WO:		ō.	ø	ō	300	Je .	4	à	6	
acty and	AU.	43	.75		1%	12%	25	10.35			Fresh Chestel 1995 White When When I Have Bid in Have p Coeff over Comb., Years, Call, Eggs. COMMANG WHEN, COY, AND ECC.
Sharatir A Pyra	130		a	a	a l	380		ادا	7	6	For this Class and TERS, Whole This and File on Widon; He copy Embedded This to Place (in gradie of compression in copy
		25	fä		1%	55.35	9%	56.2			rang), Pipe Plan e, No et, Chee ye, Kath, Kanser e Brech, Kyan, Ca navay Kasah, Asina Kasal. CCS-MANNE. WY-MAIN, 1929; AND STOCK.
theritemal	MO:	25	0°	ō.	136	12%	13	9/3		6	Fresh Class of TEEN Whole Rithout File on Water Planters, Honey, Conference the etc., No. of, Call, Eggs. COMMAND REVISION SIZE.
		25	15		126	us	35	N h			Continues of February and Continues
Tioner Hards	1200	0.6	a	ō.	a	260	.00		6	6	Fresh Graned 1985. Which Wheel: Near, Secule on Jug solder transportation or appears]. Hence, Water, Mark, Eath, Eage, Dated Carlo, Fresh man Chaires Juged & stress passes in may easy), Dated Carlo, Eath, Grappes
Total Pro- D		1%	136		136	10%	23	55.35	-	-	Please on Paralle, Communication of the Communicati
Water Raine Rosenery-Brue charace	150	4	1.6	ů.	10*	330	22	3	- 6	å	For all Class and M. D'C. When is 10th and Filmon, Warber, Blass Classes and House, Nick St. Philadeles, No. and, Michaeles, Classes, Mich. Philadeles, No. and Nick St. Control of the Co
		43	25		35	56.2	75	12%			COMMAND WHAT ME K DOD WALNES IS AND DOX
White character cherry Suit	160	.		a							Contributed White Place of agend best some passes to compare up of Water , Dated Character (Superdiscribe compare other many), White Character (Chipse (Superdiscribe compare other or up rough), Hence, Character (English, Bellish, Water),
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#Great Harvest Bread Co. Tulsa, OK / 918-878-7878 / www.tulsaok.greatharvestbread.com



This bread is so good it's scary! It's our delicious, homemade whole wheat dough mixed with real pumpkin & pumpkin pie spice. We roll it out, top it with brown sugar & wainuts, then roll the whole thing up with all the ingredients swirled together on the inside. Every slice you get is pumpkin-y sweet, with a bit of spice and lots of whole wheat! Not only that, but it makes a great autumn gift. Don't miss this tasty treat! Enjoy Pumpkin Swirl for breakfast, or dessert with any lunch or dinner meal. Don't forget to pack a slice in your child's Halloween lunch, it's sure to bring those hugs and kisses swirlin' inl



OCTOBER BREADS

EVERYDAY Honey Whole Wheat · Harvest White

Pumpkin Chocolate Chip

MONDAY High 5 Fiber · Cheddar Garlic · PU MPKIN SWIRL

TUESDAY Ezekiel Bread · Asiago Pesto

Cranberry Flax · Jewish Apple Coffee Cake

WEDNESDAY Low Carb Dakota . Onion Dill Rye

Cinnamon Raisin · Iced Cinnamon Raisin

THURSDAY Superfood Bread · Spinach Feta

PUMPKIN SWIRL · Cranberry Orange Pound Cake

FRIDAY Dakota · Cinnamon Chip · Cheddar Garlic

SATURDAY Hummus Bread · Rock Island Trail Bread

Lemon Blueberry





SWEETS SO SWEET IT'S SCARY!

EVERYDAY Brownies . Power Bars . Pumpkin Chocolate Chip Muffins

Cinnamon Rolls & Cinnamon Twist Muffirs

MONDAY Dillon Cookies • Oat Berry Muffirs • Savory Breakfast Biscuits

Pumpkin Bars

TUESDAY Oatmeal Raisin Cookies · Pumpkin Spice Scones

Lo-fat Yum Yum Brownie Muffins · Savannah Bars

WEDNESDAY Chocolate Chip Cookies • Savory Breakfast Biscuits Lo-fat Cran-Blue Yogurt Muffins • Lemon Bars

THURSDAY Ginger Cookies · Cranberry Orange Scones · Kahuna Bars

Cranberry Orange Muffins · Oat Berry Muffin

FRIDAY Monster Cookies · Lo-fat Cran Flax Cookies · Chocolate Chip Scones

Savory Breakfast Biscuits . Morning Glory Muffins

Pumpkin Bars • Savannah Bars

SATURDAY Peanut Butter Chocolate Chip Cookies · Berry Cream Cheese Scones

Cappuccino Muffins · Lemon Blueberry Muffins · Lemon Bars

BAKERY HOURS: Monday-Friday, 7am to 6pm, Saturday 7am to 4pm Closed Sundays for a little Loafin'



OCTOBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE ROAD VERNON CT (860) 454-4202

www.qhbreadct.com

EVERYDAY BREAD

honey whole wheat \$5.25 country white \$5.00

MONDAY

pumpkin swirl (M) \$7.50 autumn apple bread (M) \$6.50 **NEW** everything (W) \$5.75 woodstock (H) \$6.50

TUES DAY

pesto parmesan (G) \$6.50 cranapple white (W) \$6.00 anadama (M) \$6.50 trailmix (H) \$6.50

WEDNESDAY

apple scrapple (M) \$6.50 ninegrain (H) \$6.50 bakers choice:

(7th - spelt \$5.75, swedish limpa (H&R) \$6.25,

14th -foccacia (W) \$5.50, swiss cracked pepper (W) \$6.50,

21st - foccacia (W) \$5.50, swedish limpa (H&R) \$6.25,

28th - swiss cracked pepper (W) \$6.50 peanut butter chocolate chip \$5.75)

DAILY SWEETS

cookies \$1.65 + tax or 6 for \$8.25 scones 1.65 + tax muffins \$1.65+ tax

SANDWICHES

Made fresh daily to order 10:00am - 4:00pm Check out our sandwich menu in the store



FRIDAY OCTOBER 30™ AND SATURDAY OCTOBER 31ST

Witches Fingers

(white dough with green food coloring)
50 cents each or a hand for \$2.00



THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 pumpkin nut spice (W) \$6.25 ninegrain (H) \$6.50

FRI DAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pepperoni roll or sweet pepper roll (W) \$7.25 dakota (H) \$6.50

SATURDAY

pumpernickel rye (R&H) \$6.25 apple cinnamon oatmeal (M) \$6.25 popeye (G) \$6.00 stuffed potato (W) \$6.50



FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

STORE HOURS:
MONDAY - FRIDAY 6:30AM - 6:30PM
SATURDAY 6:30AM - 5:00PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202

HALLOWEEN AT GREAT HARVEST

SATURDAY, OCTOBER 315T DRESS UP IN YOUR BEST HALLOWEEN COSTUME AND TRICK OR TREAT AT GREAT HARVEST BREAD.

WE WILL BE HANDING OUT CANDY TO ALL COSTUMED CHARACTERS.

Friday October 30th & Saturday October 31st Witches Fingers
(white dough with green food coloring)

50 cents each or a hand for \$2.00 (supplies are limited based on the number of witches we can capture)

FALL MEANS PUMPKIN AND APPLE SEASON



STOP IN FOR YOUR FAVORITE BREADS: PUMPKIN SWIRL, PUMPKIN NUT SPICE, APPLE CINNAMON OATMEAL, CRANAPPLE WHITE

YOU CAN'T FORGET: PUMPKIN AND PUMPKIN CHOCOLATE CHIP MUFFINS, PUMPKIN CHOCOLATE CHIP SCONES



visit our website at: www.ghbreadct.com also find us on Facebook www.facebook.com/ great.harvest.bread.vernon.ct





Don't forget the treats!

The perfect assortment of Great Harvest sweets for a morning meeting, a lunch gathering, or a thank-you for the office.

Tray of Treats

Large...\$45.00 (serves 36-40)
Small...\$22.00 (serves 12-30)
Includes a specialty loaf of the day, tea
cake of the day, and an assortment of
muffins, scones and cookies.

Bakery Breakfast Box...\$0.00

Includes a fresh giant cinnam on roll, muffin or other specialty breakfast item, served with a side of fruit, homemade granola, and a bottle of Welch's 100% juice.

The Great Big Cookie Box \$15.00 per dozen

Varieties include oatmeal chocolate chip, oatmeal raisin, peanut butter, snickerdoodle, turtle and original oatmeal.

Catering Options

Sandwich Trays

Small...\$00.00 (12 sandwiches)
Medium...\$00.00 (24 sandwiches)
Large...\$00.00 (36 sandwiches)
Includes a specialty loaf of the day,
tea cake of the day, and an assortment
of muffins, scones and cookies.

Harvest Box Lunches...\$0.00

Includes a fresh giant cinnamon roll, muffin or other specialty breakfast item, served with a side of fruit, homemade granola, and a bottle of Welch's 100% juice.

Additional Offerings

Additional Item no 1,..\$0,00

Description of additional item 1 can be entered here. Description of additional item 1 can be entered here.

Additional Item no 2...\$0.00

Description of additional item 2 can be entered here. Description of additional item 2 can be entered here.

Additional Item no 3...\$0.00

Description of additional item 2 can be entered here. Description of additional item 2 can be entered here.

Please Consider When Placing Your Order:

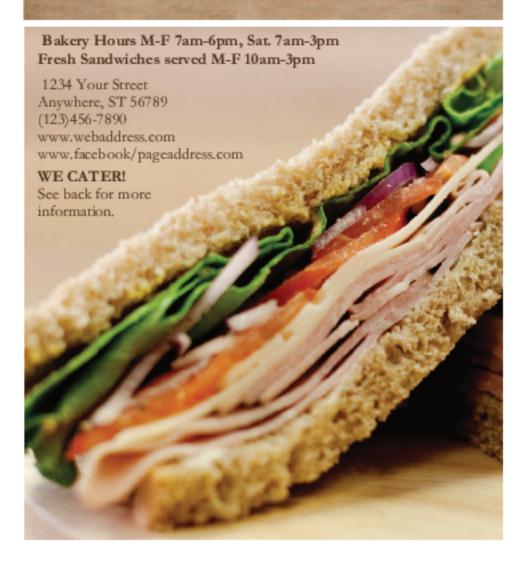
- * Place your order by calling or stopping by the bakery.
- * Orders of 10 or more must be placed before 10 a.m., please.
 - * We're happy to deliver for lunch orders of 15 or more.
- * Lunches come brown bagged. Box lunch option available- \$0.00 extra
 - * Order 24 hours in advance to ensure availability.
- * We gladly deliver. Prices vary according to distance. Please check with us regarding your location.
 - * Payment to be made at time of order.

We gladly accept Visa, Discover, Mastercard and American Express.

Great Harvest Bread Co. Sandwiches & Panini



Where the outside is as good as the inside!



Breakfast Sandwiches

Served between 8 am-11am on our freshly baked whole wheat or white bread, cheese choices: Swiss, American, Provolone or Cheddar.

Egg Sandwich...\$0.00 Egg & Cheese...\$0.00 Egg, Bacon & Cheese...\$0.00 Egg, Ham & Cheese...\$0.00

Great Harvest Classic Sandwiches

All Classic Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, white wine Dijon mustard, mayonnaise, salt and pepper and your choice of sandwich bread.

Ham & Swiss...\$0.00

Tender slices of honey smoked ham and Swiss cheese

Turkey & Swiss...\$0.00

Lightly smoked turkey breast and Swiss cheese

Roast Beef...\$0.00

Sliced roast beef and aged provolone



Great Harvest Cold Signature Sandwiches

All Cold Signature Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, salt and pepper, and with the recommended bread of your choice of sandwich bread.

California Cobb...\$0.00

Fresh avocado, smoked turkey breast, and crispy bacon, with a bleu cheese spread and honey whole wheat bread

Pepper Bleu Roast Beef...\$0.00

Roast beef with bleu cheese spread, on caraway rye bread.

Country Smoked Turkey...\$0.00

Smokey turkey breast, roasted peppers and onions with balsamic vinegar dressing on focaccia bread

Louisville Chicken Salad...\$0.00

Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with sweet & spicy pecans

Tuna Salad...\$0.00

Chunk white albaçore tuna with a seasoned mayonnaise dressing

Harvest Veggie...\$0.00

Fresh pepper rings, cucumber slices, provolone and cheddar cheeses with red pepper garlic spread on honey whole wheat bread

Peanut Butter & Jelly...\$0.00

Creamy peanut butter and grape jelly on white bread

Great Harvest Hot Signature Sandwiches

All Hot Signature Sandwiches served fresh off the steamer and grill to melt in your mouth!

BLT...\$0.00

Crispy smoky bacon, ripe tomatoes, romaine lettuce, salt and pepper and mayonnaise on white bread toasted in the panini grill

Tuscan Chicken Panini...\$0.00

Aged provolone melted over grilled chicken breast, thin sliced red onion, romaine lettuce, tomato, salt and pepper and a sun dried tomato pesto spread on focaccia bread.

Smoky BBQ Cheddar Chicken Panini...\$0.00

Grilled chicken breast, thin sliced red onions, romaine lettuce, tomato, salt and pepper, smoky honey BBQ sauce, melted sharp cheddar and crisp bacon on focaccia bread

Spicy Smoked Turkey & Pepper Jack Panini...\$0.00

Smoked turkey breast, melted pepper jack cheese, roasted onions and peppers, romaine lettuce, salt and pepper and tomato with a spicy southwest mayonnaise on caraway rye bread

Mile High Rye...\$0.00

Smoked turkey and roast beef with melted Swiss, thin sliced red onion, romaine lettuce, tomato, salt and pepper, and roasted garlic and dill spread on caraway rye bread

Roast Beef Panini...\$0.00

Roast beef, roasted peppers and onions, melted aged provolone, romaine lettuce, tomato and salt and pepper with a red pepper garlic cheese spread on focaccia

"GHBC" Grilled Cheese Panini...\$0.00

A twist on the traditional sandwich served with a garlic and herb spread and two cheeses, sharp cheddar and Swiss on white bread; this sandwich is also available with honey smoked ham, crisp bacon and/or sliced tomato with an additional cost



Area For Extra Information

Utilize this space to mention meal combos, box lunches, drinks etc.

Item Listed Here...\$0.00

Extra information about this item can be placed here in order to provide your customers a brief description

Item Listed Here...\$0.00

Extra information about this item can be placed here in order to provide your customers a brief description



SEPTEMBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON, CT 06066 (860) 454-4202

www.ghbreadct.com



MON DAY

white cinnamon raisin (W) \$5.75 pesto parmesan (M) \$6.50 colonial brown bread (M) \$6.50 ninegrain (H) \$6.50

TUESD AY

anadama (M) \$6.50 breakfast blast (M) \$5.75 onion dill rye (W&H&R) \$6.25 sunflower millet flax (H) \$6.50

WEDNESDAY

apple scrapple (M) \$6.50 woodstock (H) \$6.50 bakers choice:

(2nd - spelt \$5.75, pizza roll (W) \$6.00

9h - swiss cracked pepper (W) \$6.50, jalapeno combread (W) \$6.50

16th - swedish limpa (H&R) \$6.25, pizza roll (W) \$6.00

23rd - swiss cracked pepper (W) \$6.50, jalapeño cornbread (W) \$6.50

30th - pizza roll (W) \$6.00, peanut butter chocolate chip (W) \$5.75)

THUR SDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 cinnamon raisin walnut (H) \$6.00 trailmix (H) \$6.50

FR! DAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pepperoni roll (W) \$7.25 sweet pepper roll (W) \$7.25 dakota (H) \$6.50

SATURDAY

stuffed potato (W) \$6.50 white cinnamon raisin walnut (W) \$6.00 pumpernickel rye (H&R) \$6.25 popeye (M) \$5.75 visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct



EVERYDAY BREADS

honey whole wheat \$5.25 country white \$5.00

DAILY SWEETS

cookies \$1.74 + tax or 6/\$8.75 scones \$2.12 + tax muffins \$2.12 + tax

STORE HOURS: MONDAY - FRIDAY 6:30 AM - 6:30 PM SATURDAY 6:30 AM - 5:00 PM

CLOSED SUNDAY ORDERS WELCOME (860) 454-4202



visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct



BACK TO SCHOOL

Remember to pack your child a healthy lunch with a sandwich made from our <u>sliced</u> whole wheat breads. Honey whole wheat, anadama, colonial brown bread, many of our seeded breads and country white.

Call and reserve your loaf.

START WITH BREAKFAST

Send the kids off to school prepared for a productive day with a healthy breakfast. Great Harvest breads are loaded with complex carbohydrates that supply the brain and body with energy all day long. Both memory and verbal skills benefit from a nutritious breakfast.

Try something different, make French Toast with many of our great breads:

CINNAMON CHIP, CHALLA, CINNAMON BREAD AND WHITE CINNAMON RAISIN WITH OR WITHOUT WALNUTS.





COLLEGE BOUND

Don't forget the kids going off to college. Give them a Great Harvest care package filled with their favorite goodies.



visit our website at: www.ghbreadct.com





JUNE 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON CT 06066 (860) 454-4202

www.ghbreadct.com



www.facebook.com/ great.harvest.bread.vernon.ct

FLOUR INDICATOR H - WHOLE WHEAT W - WHITE R - RYE MIX WHITE & WHOLE

DAILY SWEETS Cookies \$1.74 + tax or 6/\$8.75

oatmeal walnut choc. chip oatmeal raisin snickerdoodle peanut butter peanut butter choc. chip

Scones \$2.12 + tax

cinnamon chip blueberry peanut butter choc. chip

Quick breads \$7.00 / Muffins \$2.12 + tax

pumpkin chocolate chip blueberry coffeecake coconut

Bars \$1.65 + tax

power bars breakfæt bars harvest bars

Other Items

dog bones \$3.00 croutons \$3.50

HOURS:

MONSDAY - FRIDAY 6:30AM - 6:30PM SATURDAY 6: 30AM - 5:00PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202

EVERYDAY BREADS

honey whole wheat \$5.25 country white \$5.00

MONDAY

american rye (W&R) \$6.25 cinnamon raisin (H) \$6.00 popeye (M) \$5.75 dakota (H) \$6.50

TUESDAY

amadama (H) \$6.25 cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 ninegrain (H) \$6.50

WE DWESD AY

american rye (W&R) \$6.25 cinnamon raisin (H) \$6.00 popeye (M) \$5.75 dakota (H) \$6.50

THURSDAY

amadama (H) \$6.25 cinnamon chip (W) \$5.75 trailmix (H) \$6.50 white cheddar garlic (W) \$6.50

FRID AY

cinnamon bread (M) \$6.50 challa (W) \$5.50 cinnamon raisin (H) \$6.00 dakota (H) \$6.50

SATURDAY

american rye (W&R) \$6.25 cinnamon chip (W) \$5.75 papeye (M) \$5.75 ninegrain (H) \$6.50



AUGUST 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON, CT 06066 (860) 454-4202

www.ghbreadct.com



MONDAY

colonial brown bread (M) \$6.50 cinnamon raisin walnut (H) \$6.00 everything (W) \$5.75 sunflower millet flax (H) \$6.50 visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct

TUESDAY

anadama (M) \$6.25 onion dill rye (H) \$6.25 cornbread (W) \$5.75 woodstock (H) \$6.50

EVERYDAY BREADS

honey whole wheat \$5,25 country white \$5,00

WEDNESDAY

apple scrapple (M) \$6.25 foccacia (W) \$5.50 ninegrain (H) \$6.50 **bakers choice**:

(5th -spelt \$5.75, jalapeno cornbread (W) \$6.50

12th - swedish limpa (H&R), \$6.25, pizza roll (W) \$5.50

19th - jalapeno cornbread (W) \$6.50, pizza roll (W) \$5.50

26 th - swedish limpa (H&R) \$6.25, pearut butter chocolate chip (W) \$5.75)

DAILY SWEETS

cookies \$1.74 + tax or 6/\$8.75 scones 2.12 + tax muffins \$2.12 + tax

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 caraway rye (H&R) \$6.25 trailmix (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 dakota (H) \$6.50 pepperoni roll or sweet pepper roll (W) \$7.25

FLOUR INDICATOR H - WHOLE WHEAT W - WHITE R - RYE M - MIX WHITE & WHOLE WHEAT

SATURDAY

american rye (W&R) \$6.25 stuffed potato (W) \$6.50 popeye (M) \$5.75 cinnamon raisin (H) \$5.75 MONDAY - FRIDAY 6:30 AM - 6:30 PM SATURDAY 6:30 AM - 5:00 PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202





FRESH FROM THE GARDEN

Try our fresh Jalapeno Cornbread. made fresh August 5th and 19th. They go very fast, so order yours before they sell out.

TOO HOT TO COOK

Our Pizza roll, Pepperoni and Sweet Roasted Pepper Rolls are quick and easy lunch or dinners.





JOIN GREAT HARVEST BREAD AT THE FARMERS MARKETS

HEBRON (corner of Rt 85 & 66) every Saturday from 9:00am to 12:30pm.

And

Botticello Farms Saturday, August 8th 11:00am to 2:00pm 209 Hillstown Rd., Manchester





Fresh from our Bakery

Bakery Box Lunch

\$7.99, Classic Sandwich

\$8.99, Signature Sandwich

Individual box lunches including your choice of sandwich made on fresh baked bread, chips, a pickle and a giant Great Harvest cookie.

Sandwiches feature our famous 100% whole grain Honey Whole Wheat bread made with 5 simple ingredients: wheat, water, honey, yeast and salt.

Classic Sandwiches:

Ham & Swiss, Turkey Swiss, and Roast Beef & Provolone.

Signature Sandwiches:

Harvest veggie, Pepper Blue Roast Beef, California Cobb, Chicken Salad and Tuna Salad.

Add \$1.00 for individual boxes (rather than bags).

Sandwich Platter

6 Classic Sandwich Platter...\$33

6 Signature Sandwich Platter...\$39

12 Classic Sandwich Platter...\$65

12 Signature Sandwich Platter...\$77

Sandwiches platters are a great option for offering a variety of choices. Sandwiches are halved. Mayo and mustard packets are included.

Larger sandwich orders are available upon request,





Fresh from our Bakery

Bakery Box Lunch

\$7.99, Classic Sandwich

\$8.99, Signature Sandwich

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6 Signature Sandwich Platter...\$39

12 Classic Sandwich Platter...\$65

12 Signature Sandwich Platter...\$77

Sandwiches platters are a great option for offering a variety of choices. Sandwiches are halved. Mayo and mustard packets are included.

Larger sandwich orders are available upon request.





Salad

\$40

Add chicken for \$7.50

A fresh mix of spinach and spring mix lettuce with wedges of tomatoes, sliced onions, craisins, sliced almonds, strawberries, feta cheese, croutons and a light raspberry vinaignette dressing.

Soup

\$12

Choose from a variety of soups including our Chicken & Noodle, Stuffed Green Pepper with Beef, Cheddar Broccoli, and many more. Each soup (32oz) order includes fresly baked rolls. Ideal for groups up to 4.

The Great Big Cookie Box

\$17.00, Bakers dozen

Choose from chocolate chip, snickerdoodle, peanut butter chocolate chip, dillon, and more. Varieties change daily.

Sweets Spot

Large...\$60 (25 item assortment) Small...\$33 (15 item assortment)

These boxes include an assortment of muffins, bars and scones. The large box also includes a fresh sliced batter bread.

To order, call Sam or Steph at (918) 878-7878 or visit us at: 5203 S Sheridan Road, Tulsa, OK 74145 Mon-Fri 7am-6pm Sat 7am-4pm

1. Order 24 hours in advance to ensure availability.
2. We gladly deliver. Prices vary according to distance.
Please check with us regarding your location.
3. Payment to be made at time of order. We gladly accept
Visa, Discover, Mastercard and American Express.





Salad

\$40

Add chicken for \$7.50

A fresh mix of spinach and spring mix lettuce with wedges of tomatoes, sliced onions, craisins, sliced almonds, strawberries, feta cheese, croutons and a light raspberry vinaignette dressing.

Soup

\$12

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- 1. Order 24 hours in advance to ensure availability.
- We gladly deliver. Prices vary according to distance. Please check with us regarding your location.
- Payment to be made at time of order. We gladly accept Visa, Discover, Mastercard and American Express.





FRESH MADE SANDWICHES

Premium Great Harvest bread combined with select fresh ingredients make a delicious and wholesome sandwich. Come in and let us make one fresh for you!

Ham and Swiss
Turkey and Swiss
Roast Beef and Provolone
Veggie Three-Seed Hummus
Baja Chipotle Turkey
Chimichurri Roast Beef
The Italian
Big Sky Chicken Salad
Peanut Butter & Jelly

- Special -

Ham and Brie

Refer to our sandwich menu for full description of our delicious sandwich options served daily from 11 a.m. - 2 p.m.



Hot Fresh Bread Handcrafted Every Day!

September & October Bread and Sweets Menu

EVERY DAY BREAD

Honey Whole Wheat, Harvest White, Cinnamon Chip, and Savory Biscuits

MONDAY, WEDNESDAY & FRIDAY BREAD

Dakota, Hummus, and Bacon Cheddar Beer - Made with locally-brewed beer!

TUESDAY, THURSDAY, & SATURDAY BREADS

Anadama, Cheddar Garlic and Oregon Herb

MONDAY, WEDNESDAY & FRIDAY SWEETS TREATS

Dillon Cookie, Salted Caramel Cookie, Berry Cream Cheese Scone, Pumpkin Chocolate Chip Muffin and Batter Bread, Savannah Bars, and Brownies

TUESDAY, THURSDAY & SATURDAY SWEET TREATS

Oatmeal Raisin Cookie, Chocolate Chip Hazelnut Scone, Pumpkin Chocolate Chip Muffin and Batter Bread, and Savannah Bar

ADDITIONAL PRODUCTS OFFERINGS

Chocolate Chip Cookie Mix, Pancake Mix, Groovy Granola, 9 Grain Hot Cereal, Cinnamon Raisin Oatmeal Cereal Mix, Corn Bread Mix, Harvest Bars, and Dog Treats

Offering fresh brewed coffee from our local coffee guys!

1234 My Street, City, State 55555 406-123-1234 www.MyWebsite.com www.Facebook.com/myGreatHarvestBread

Hours: M - F: 7 a.m. to 6 p.m. and Sat: 7 a.m. to 5 p.m.

GREAT HARVEST BREAD CO. JOB APPLICATION

Name:	Dat	e:
Address:Street	city/state	
Siteer	Crty/state	zip
Phone #:	Best time to call:	
Under 18 years old?	If in school, what year?	
Hours per week desired	d (list minimum needed and max.)	
lf part-time, list availa Sunday:	able hours from 4am to 7pm and days from Mo	nday to
Will your availability li	isted above change in the next 6 months?	
How long do you plan oi	n working for us?	
Highest grade complet	ed/years of college/ degrees earned:	
Have you ever been coi	nvicted of a crime? (if yes, date, place &	nature)
Places and the fell	wine Alexander of anniestics for an annua	

Please answer the following: (Use back of application for your answers)

- Give us your 2 best work-related references (like previous employers) and phone #'s.
- List a brief job history. Include supervisors' names, dates employed and reason for leaving.
- Why did you choose to apply at Great Harvest?
- 4. Great Harvest is a very service-oriented business. What does good service mean to you?
- 5. Great Harvest is a high-volume business with a workday that can be long and stress-filled. What makes you believe you can perform well and excel under these working conditions?



GRAND OPENING BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON CT 06066 (860) 647-8837



www.ghbreadct.com

EVERYDAY BREADS

honey whole wheat \$5,25 country white \$5,00

FRIDAY

cinnamon chip (W) \$5.75 cinnamon raisin (H) \$6.00 white cheddar garlic (W) \$6.50 dakota (H) \$6.50

SATURDAY

cinnamon chip (W) \$5.75 popeye (G) \$5.75 american rye (W&R) \$6.25 ninegrain (H) \$6.50

FLOUR INDICATOR
G - GOLDEN WHEAT
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

EVERYDAY SANDWICHES

CLASSIC SANDWICHES \$6.11 + tax

turkey & cheese ham & cheese tuna salad roast beef & cheese

SIGNATURE SANDWICHES \$7.05 + $\pm ax$

harvest veggie smoked turkey goddess spicy pecan chicken salad baja chipotle turkey pepper bleu roast beef www.facebook.com/ great.harvest.bread.vernon.ct

DAILY SWEETS

Cookies \$1.74 + tax or 6/\$8.75

oatmeal walnut choc. chip oatmeal raisin snickerdoodle peanut butter peanut butter choc. chip

Scones \$2.12 + tax

cinnamon chip blueberry peanut butter choc. chip

Quick breads \$7.00 / Muffins \$2.12 + tax

pumpkin chocolate chip blueberry coffeecake coconut

Sweet Bars \$2.59 + tax

savannah (formally mazurkas) toe curling brownies

Bars \$1.65 + tax

power bars breakfast bars harvest bars

Other Items

dog bones \$3.00 croutons \$3.50

HOURS:

MONSDAY - FRIDAY 6:30AM - 6:30PM SATURDAY 6:30AM - 5:00PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202



FRESHLY MADE FROM SCRATCH



Ever wonder why our bread tastes so good? It's because we grind our wheat fresh everyday! We also take that "fresh-ground" to new heights with our mixes. That means our mixes are fresher than anything you can get in the grocery store. Now you can enjoy the same hearty wheat taste and whole grain goodness in our mixes. Take a few home...... your family will love you for it.

FRESH HEARTY CEREALS

Now you can enjoy the hot, wholesome goodness of Great harvest right at your own breakfast table! Try a bag of our CINNAMON RAISIN OR CRANBERRY ALMOND OATMEAL.

CHOCOLATE CHIP COOKIE MIX

Makes a perfectly easy treat anytime that taste great.

CROUTONS

Made from a variety of bread seasoned perfectly.

DOUBLE FUDGE BROWNIE MIX

Makes the perfect after school treat or a quick and easy dessert that is so chocolaty.

WHOLE WHEAT PANCAKE MIX

Made from our fresh whole wheat and fresh oatmeal, taste better than any pancake mix you buy in the grocery store.

FRESH GROUND WHOLE WHEAT FLOUR

Makes a world of difference. Not only will our flour provide you with more nutrients, but it's guaranteed to make your homemade goodies taste better than ever.

NOTE: For optimum freshness, be sure to use fresh ground flour within four weeks from the date of purchase or store in your freezer.



REMEMBER WE MAKE ROLLS FROM ALMOST ALL OF OUR BREADS
JUST ORDER THEM AT LEAST 24 HOUR IN ADVANCE.

(WE SELL THEM BY THE DOZEN ONLY.)

PRICE OF THE LOAF OF BREAD PLUS 50 CENTS



A warm fresh slice of the good life

BREAD NUTRITION

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesteral (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Apple Cherry Pecan	140	25	0	0	0	290	26	3	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Chemies (ingredient components may vary), Honey, Dried Apples (Ingredient components may vary), Pecans, Eggs, Yeast, Salt. CONTAINS: WHEAT, PECANS, SOY, AND EGG.
Apple Cinnam on Walnut	140	2	0	0	0	270	27	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Apples, Walnuts, Yeast, Salt, Eggs, Apple Juice (Ingredient components may vary), Ground Cinnamon. CONTAINS: WHEAT, WALNUTS, SOY, AND EGG
Apple Crunch	130	2g	t	o	10	290	23	4	7	4	Fresh Ground 100% Whole Wheat Flour, Water, Apples, Honey, Brown Sugar, Butter (Milk), Eggs, Yeast, Salt, Ground Cinnamon, Natural and Artificial Vanilla Flavoring, Ground Nutmeg. CONTAINS: WHEAT, MILK, SOY, AND EGG
Apple Crunch Blend	130	2	t	0	10	290	24	3	7	4	Fresh Ground 100% Whole Wheat Flour, Water, Enriched White Flour (Ingredient components may vary), Apples, Honey, Brown Sugar, Butter (Milk), Eggs, Yeast, Salt, Ground Cinnamon, Natural and Artificial Vanilla Flavoring, Ground Nutmeg. CONTAINS: WHEAT, MILK, SOY, AND EGG
Apricot Almond	140	2	0	0	0	310	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Dried Apricots (Ingredient components may vary), Honey, Almonds, Yeast, Salt, Eggs. CONTAINS: WHEAT, ALMONDS, SOY, AND EGG
Asiago Pesto	160	6	1.5	0	10	440	22	1	2	5	Enriched White Flour (ingredient components may vary), Water, Pesto Sauce (ingredient components may vary), Asiago Cheese (ingredient components may vary), Honey, Olive Oil, Yeast, Salt, Eggs, Dried Garlic, Dried Onion. CONTAINS: WHEAT, SOY, MILK, EGG, PINE NUTS
Bacon Cheddar Beer	150	4	2	0	20	320	21	3	5	7	Fresh Ground 100% Whole Wheat Flour, Beer, ale, Cheddar Cheese (Ingredient components may vary), Honey, Bacon, cooked, Yeast, Eggs, Kosher Salt, Salt, Dried Onion, Dried Garlic, Black Pepper, Chives. CONTAINS: WHEAT, MILK, EGGS, AND SOY.
Breakfast Blast	140	1.5	0	0	0	210	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dates, Rolled Oats, Cinnamon Chips (Ingredient components may vary), Yeast, Eggs, Salt, Ground Cinnamon. CONTAINS: WHEAT, SOY, EGG, AND MILK
Burley Bread	140	2	0	0	0	300	26	4	6	6	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Rolled Oats, Sunflower Seeds, Cracked Rye, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG.
Caraway Rye	130	0.5	0	0	0	300	25	5	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Dark Rye Flour, Honey, Yeast, Salt, Caraway Seeds, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Carrot Poppyseed	120	1	0	0	0	290	22	4	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Carrots, Honey, Applesauce (Ingredient components may vary), Yeast, Orange, Poppy Seeds, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, SOY, AND EGG
Challa h	140	1.5	0	0	20	240	26	3	4	5	Enriched White Flour (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Water, Honey, Eggs, Sesame Seeds, Yeast, Salt. CONTAINS: WHEAT, EGGS, AND SOY.
Cheddar Garlic	160	4.5	2.5	0	15	370	23	1	4	6	Enriched White Flour (Ingredient components may vary), Water, Cheddar Cheese (ingredient components may vary), Honey, Yeast, Salt, Eggs, Sesame Seeds, Dried Onion, Dried Garlic, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Cherry Apple Berry	130	0.5	o	0	0	280	27	4	ß	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Cherries (Ingredient components may vary), Dried Blueberries (Ingredient components may vary), Dried Apples (Ingredient components may vary), Yeast, Blueberries, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGGS.
Cherry Walnut	140	2	0	0	5	270	26	3	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Dried Chemies (Ingredient components may vary), Honey, Walhuts, Yeast, Eggs, Salt. CONTAINS: WHEAT, WALNUTS, EGGS, AND SOY
Cinnam on Chip	170	3	0.5	0	0	340	32	1	11	3	Enriched White Flour (Ingredient components may vary), Water, Cinnamon Chips (Ingredient components may vary), Honey, Yeast, Sugar, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, MILK, SOY AND EGG
Cinnamon Chip (100% Whole Wheat)	150	3	0.5	0	0	270	28	3	10	4	Fresh Ground 100% Golden Whole Wheat Flour, Water, Cinnamon Chips (Ingredient components may vary), Honey, Yeast, Sugar, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, SOY, MILK AND EGG.
Cinnamon Raisin Walnut	140	2	0	0	0	310	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Honey, Walnuts, Yeast, Salt, Ground Grinamon, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Cinnam on Swirl	160	2.5	1.5	0	5	220	29	4	12	5	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Honey, Butter (Mik), Eggs, Yeast, Salt, Ground Cinnamon. CONTAINS::WHEAT, MILK, SOY AND EGG



A warm fresh slice of the good life

BREAD NUTRITION

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat	Saturated Fat	Trans Fats	Cholesterol	Sodium	Carbohydrates	Fiber	Sugar	Protein	Ingradiants
Serving Size: 1 since 2 az (50 g)		(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	Ingredients
Corn Bread	140	2.5	1	0	5	270	28	1	4	3	Enriched White Flour (Ingredient components may vary), Water, Com Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Butter (Milk), Yeast, Salt, Eggs. CONTAINS: WHEAT, MILK, SOY, AND EGG
Com Bread (100% Whole Wheat)	140	2.5	1	0	5	270	26	3	4	4	: Fresh Ground 100% Whole Wheat Flour, Water, Corn Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Butter (Milk), Yeast, Salt, Eggs. CONTAINS:WHEAT, MILK, SOY, AND EGG
Jalapano Com Bread	140	2	1	0	5	270	26	1	4	3	Enriched White Flour (Ingredient components may vary), Water, Com Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Peppers, Butter (Milk), Yeast, Chile Peppers, jalapenos, Salt, Eggs. CONTAINS: WHEAT, MILK, SOY, AND EGG
Jalapeno Com Bread (100% Whole Wheat)	140	2.5	1	o	5	270	24	3	4	4	Fresh Ground 100% Whole Wheat Flour, Water, Corn Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Peppers, Butter (Milk), Yeast, Chile Peppers, jalapenos, Salt, Eggs. CONTAINS:WHEAT, MILK, SOY, AND EGG
Country	120	0.5	0	0	0	340	23	4	3	5	Fresh Ground 100% Whole Wheat Flour, Water, Molasses, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Cracked Pepper Swiss	140	3	1.5	0	10	280	22	4	4	7	Fresh Ground 100% Whole Wheat Flour, Water, Swiss Cheese (Ingredient components may vary), Honey, Eggs, Yeast, Salt, Black Pepper, Cayenne Pepper, Oregano, Basil, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Cranberry Orange	130	0.5	0	0	0	280	27	4	11	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Cranberries (Ingredient components may vary), Honey, Yeast, Salt, Eggs, Orange Peel. CONTAINS: WHEAT, SOY, AND EGG
Da kota	150	4	О	0	0	270	23	4	5	6	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Pumpkin Seeds, Millet, Yeast, Sesame Seeds, Salt, Eggs. CONTAINS: WHEAT, SOY AND EGG
Finn is h Pulla	160	4.5	2.5	0	35	140	26	1	5	4	Enriched White Flour (Ingredient components may vary), Milk, Eggs, Honey, Butter (Milk), Water, Yeast, Natural Sugar, Salt, Cardamom. OONTAINS: WHEAT, MILK, SOY, AND EGG
Flax Oatbran	130	3.5	0	0	0	330	22	4	6	5	Water, Fresh Ground 100% Whole Wheat Flour, Honey, Oat Bran, Pecans, Flax Meal, Yeast, Rolle Oats, Salt, Eggs, Flax Seeds. CONTAINS: WHEAT, PECANS, SOY, AND EGG
Focaccia	140	1.5	0	0	0	380	29	1	5	4	Enriched White Flour (Ingredient components may vary), Water, Honey, Yeast, Salt, Olive Oil, Oregano, Basil. CONTAINS: WHEAT AND SOY
Golden Wheat, Apple, Cinnamon Chip, Walnut	140	2.5	0	0	0	290	26	3	ß	5	Fresh Ground 100% Golden Whole Wheat Flour, Water, Honey, Cinnamon Chips (Ingredient components may vary), Dried Apples (Ingredient components may vary), Walnuts, Yeast, Salt, Eggs CONTAINS: WHEAT, SOY, MILK, WALNUTS AND EGG
Golden Wheat Chocolate Cherry Swirl	150	2.5	1	0	5	240	30	3	в	4	Fresh Ground 100% Golden Whole Wheat Flour, Water, Dried Cherries (Ingredient components ma vary), Honey, Chocolate Chips (Ingredient components may vary), Brown Sugar, Butter (Milk), Yeas Eggs, Salt, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, SOY, EGGS, AND MILK.
Harvest Buckwheat Brown Rice	140	4.5	2	0	35	90	22	2	6	3	Water, Cultured Buttermilk (Ingredient components may vary), Eggs, Honey, Brown Rice Flour, Tapioca Flour, Flax Seeds, Comstarch, Flour, buckwheat, Butter (Milk), Yeast, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Harvest Buckwheat Brown Rice Bread Dakota	140	6	1.5	0	25	75	19	2	5	4	Water, Cultured Buttermilk (Ingredient components may vary), Eggs, Honey, Brown Rice Flour, Tapioca Flour, Flax Seeds, Cornstarch, Flour, buckwheat, Butter (Mik), Sunflower Seeds, Pumpkir Seeds, Yeast, Millet, Sesame Seeds, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Harvest Buckwheat Brown Rice Bread Cinnamon Chip	160	6	2	0	25	80	25	2	9	3	Water, Cultured Buttermilk (Ingredient components may vary), Cinnamon Chips (Ingredient components may vary), Honey, Brown Rice Flour, Eggs, Tapioca Flour, Flax Seeds, Cornstarch, Flour, buckwheat, Butter (Milk), Yeast, Xanthan Gum, Salt, Distilled Vinegar (Ingredient component may vary). CONTAINS: MILK, SOY, AND EGG
Hearty Caraway Rye	130	0.5	o	0	0	310	26	4	2	5	Water, Fresh Ground 100% Whole Wheat Flour, Rye Flour (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Molasses, Yeast, Salt, Eggs, Caraway Seeds. CONTAINS: WHEAT, SOY, AND EGG
High 5 Fiber	140	3	0	0	0	230	23	5	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Flax Seeds, Oat Bran, Millet, Sunflower Seeds, Wheat Bran, Yeast, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG.
High Five Fiber with Blueberries	140	2.5	o	0	0	200	25	5	7	5	Water, Fresh Ground 100% Whole Wheat Flour, Dried Blueberries (Ingredient components may vary), Honey, Flax Seeds, Oat Bran, Millet, Sunflower Seeds, Wheat Bran, Yeast, Salt, Eggs. CONTAINS: WHEAT, EGGS, AND SOY



BREAD NUTRITION

A warm fresh slice of the good life

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
High Country Crunch	150	5	0.5	0	0	230	22	4	4	5	Water, Fresh Ground 100% Whole Wheat Flour, Semolina Flour, Sunflower Seeds, Honey, Millet, Pecans, Flax Seeds, Yeast, Salt, Eggs. CONTAINS: WHEAT, PECANS, SOY, AND EGG
High Fiber Apple, Cinnamon Chip, Walnut	140	2	o	0	0	280	26	5	7	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Apples, Cinnamon Chips (Ingredient components may vary), Walnuts, Maltodextrin (Dietary Fiber), Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK, EGGS, AND WALNUTS.
High Fiber Tuscan Herb	140	0.5	О	o	o	210	26	5	4	6	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Honey, Water, Yeast, Maltodextrin (Dietary Fiber), Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Dried Onion, Basil, Oregano, Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Honey Whole Wheat	130	0.5	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Trish Baked Potat o	150	2	f	o	5	440	28	1	4	4	Enriched White Flour (Ingredient components may vary), Water, Dehydrated Potatoes (Ingredient components may vary), Honey, Butter (Mik), Yeast, Garlio (Ingredient components may vary), Sall Eggs, Cheddar Cheese (Ingredient components may vary), Black Pepper, Chives. CONTAINS: WHEAT, MILK, SOY, AND EGG
Irish Soda Bread	130	0.5	o	o	5	180	27	2	9	4	Cultured Buttermilk (Ingredient components may vary), Enriched White Flour (Ingredient component may vary), Fresh Ground 100% Whole Wheat Flour, Raisins, Honey, Eggs, Salt, Baking Powder (Ingredient components may vary), Baking Soda. CONTAINS: WHEAT, SOY, EGG, AND MILK
Italian Herb Focaccia	150	2.5	0	0	0	290	27	1	2	4	Enriched White Flour (Ingredient components may vary), Water, Olive Oil, Honey, Salt, Yeast, Oregano, Basil, Dried Garlio, Black Pepper, Parsley. CONTAINS: WHEAT AND SOY.
Merry Berry	130	0.5	0	0	0	290	27	3	9	5	Fresh Ground 100% Golden Whole Wheat Flour, Water, Honey, Golden Raisins (Ingredient components may vary), Dried Cherries (Ingredient components may vary), Dried Blueberries (Ingredient components may vary), Yeast, Salt, Coconut (Ingredient components may vary), Eggs CONTAINS: WHEAT, EGGS, COCONUT, AND SOY.
Nine Grain	130	0.5	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Nine Grain Mix (Ingredient components ma vary), Yeast, Salt, Eggs. CONTAINS: WHEAT AND EGG
Oatmeal Poppyseed	130	1	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Rolled Oats, Yeast, Poppy Seeds, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Onion Dill Rye	130	0.5	0	0	0	320	25	3	6	4	Water, Fresh Ground 100% Whole Wheat Flour, Honey, Enriched White Flour (Ingredient components may vary), Rye Flour, Yeast, Salt, Eggs, Dried Onion, Dill, Poppy Seeds, Sesame Seeds. CONTAINS: WHEAT, SOY, AND EGG
Panza	130	3	f	0	5	590	22	2	4	5	Enriched White Flour (Ingredient, components may vary), Water, Fresh Ground 100% Whole Whea Flour, Calamata Olives (Ingredient components may vary), Parmesan Cheese (Ingredient components may vary), Honey, Sun Dried Tomatoes (Ingredient components may vary), Yeast, Sa Eggs, Oregano, Basil, Black Pepper. CONTAINS: WHEAT, MILK, EGGS, AND SOY.
Peanut Butter Chocolate Chip	180	6	1.5	0	0	300	27	2	8	5	Enriched White Flour (Ingredient components may vary), Water, Natural Peanut Butter (Ingredient components may vary), Chocolate Chips (Ingredient components may vary), Honey, Yeast, Salt, Eggs. CONTAINS:WHEAT, PEANUTS, SOY, MILK AND EGGS
Pecan Swirl	190	7	2	0	5	190	27	4	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Pecans, Honey, Butter (Milk), Yeas Salt, Ground Cinnamon, Eggs. CONTAINS: WHEAT, PECANS, MILK, EGGS, AND SOY.
Pizza Bread	140	4.5	1.5	0	15	450	19	2	4	7	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Mozzarela Cheese (Ingredient components may vary), Enriched White Flour (Ingredient components may vary Water, Pepperoni (Ingredient components may vary), Honey, Eggs, Yeast, Salt, Dried Onion, Parsk Oregano, Basil. CONTAINS: WHEAT, MILK, SOY, AND EGG
Рореуе	120	1	0.5	0	5	370	22	2	4	5	Enriched White Flour (Ingredient components may vary), Water, Spinach, Fresh Ground 100% Who Wheat Flour, Honey, Parmesan Cheese (Ingredient components may vary), Red Peppers (Ingredient components may vary), Yeast, Salt, Eggs, Dried Onion, Dried Garlic. CONTAINS: WHEAT, SOY, EGGS, AND MILK
Papeye (100% Whole Wheat)	120	1.5	0.5	0	5	360	21	3	4	6	Golden Fresh Ground 100% Whole Wheat Flour, Water, Spinach, Honey, Parmesan Cheese (Ingredient components may vary), Red Peppers (Ingredient components may vary), Eggs, Yeast Salt, Dried Onion, Dried Garlic. CONTAINS: WHEAT, MILK, SOY, AND EGGS
Potato Chive	150	2	1	0	5	440	29	1	4	4	Enriched White Flour (Ingredient components may vary), Water, Dehydrated Potatoes (Ingredient components may vary), Honey, Butter (Milk), Yeast, Roasted Garlic, Salt, Eggs, Black Pepper, Chives. CONTAINS: WHEAT, MILK, SOY, AND EGG



BREAD NUTRITION

A warm fresh slice of the good life

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Pumpernickel Rye	120	0.5	О	o	0	330	23	5	2	5	Fresh Ground 100% Whole Wheat Flour, Water, Rye Rour, Pumpernickel Rye Rour, Molasses, Yeast, caramel color, Salt, Caraway Seeds, Eggs. CONTAINS: WHEAT, EGGS, AND SOY
Pumpkin Swirt	140	2	0.5	О	5	190	29	2	12	3	Enriched White Flour (Ingredient components may vary), Water, Brown Sugar, Pumpkin (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Honey, Walnuts, Butter (Milk), Yeast, Salt, Eggs, Pumpkin Pie Spice (Ingredient components may vary). CONTAINS: WHEAT, MILK, EGGS, SOY, AND WALNUTS.
Raisin Cinnamon Chip	150	2.5	0.5	О	0	240	28	3	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Cinnamon Chips (Ingredient components may vary), Raisins, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK AND EGG
Raisin	130	0	О	0	0	310	27	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Molasses, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Red, White and Blueberry	140	0	О	o	5	360	30	1	8	3	Enriched White Flour (Ingredient components may vary), Water, Honey, Dried Cherries (Ingredient components may vary), Blueberries, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGGS.
Rosemary Garlic	130	0.5	О	o	0	320	24	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Sonoma	160	4	1.5	o	20	135	26	3	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Eggs, Dried Cranberries (Ingredient components may vary), Golden Raisins (Ingredient components may vary), Pumpkin Seeds, Butter (Milk), Sunflower Seeds, Yeast, Raw turbinado sugar, Salt, Orange, Lemon, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, EGGS, MILK, AND SOY.
Spinach Feta	130	3	2	o	15	400	19	2	4	5	Feta Cheese (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Water, Fresh Ground 100% Whole Wheat Flour, Spinach, Honey, Eggs, Yeast, Salt, Dried Garlic, Oregano, Black Pepper. CO
Star Spangled Swirl	150	1.5	0.5	0	5	220	30	4	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Blueberries (Ingredient components may vary), Dried Cherries (Ingredient components may vary), Honey, Dried Apples (Ingredient components may vary), Brown Sugar, Eggs, Yeast, Butter (Mik), Blueberries, Salt. CONTAINS: WHEAT, EGG, SOY, AND MILK
Stuffing Bread	100	0	o	o	0	250	20	3	4	4	Fresh Ground 100% Whole Wheat Flour, Water, Onion, Celery, Honey, Yeast, Salt, Eggs, Thyme, Black Pepper, Sage. CONTAINS: WHEAT, EGGS, AND SOY.
Sunflower	140	3	0	0	0	300	24	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Swedish Rye	130	1	o	о	o	380	27	3	7	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Enriched White Flour (Ingredient components may vary), Rye Flour, Yeast, Orange, Salt, Sesame Seeds, Eggs, Caraway Seeds, Anise Seed. CONTAINS: WHEAT, SOY, AND EGG
Trail Bread	140	2	0	0	0	290	25	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Honey, Sunflower Seeds, Yeast, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Tuscan Herb	120	0.5	o	o	0	250	23	4	5	5	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Honey, Water, Yeast, Salt, Eggs, Dried Garlio, Parmesan Cheese (Ingredient components may vary), Dried Onion, Basil, Oregano, Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Walnut Raisin Rosemary Blue Cheese	150	4	1.5	o	10	330	22	3	5	6	Fresh Ground 100% Whole Wheat Flour, Water, Blue Cheese, Honey, Walnuts, Raisins, Yeast, Molasses, Eggs, Salt, Rosemary. CONTAINS: WHEAT, MILK, EGG, WALNUTS, AND SOY.
White Chocolate Cherry Swirl	150	2.5	1.5	o	5	250	31	1	8	3	Enriched White Flour (Ingredient components may vary), Water, Dried Chemies (Ingredient components may vary), White Chocolate Chips (Ingredient components may vary), Honey, Brown Sugar, Butter (Milk), Yeast, Eggs, Salt, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, SOY, EGGS, AND MILK
White	130	0	0	0	0	400	29	1	5	4	Enriched White Flour (Ingredient components may vary), Water, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Whole Grain Goodness	140	3	0	o	0	240	22	4	4	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Eggs, Millet, Barley, Flax Seeds, Yeast, Pecans, Oat Bran, Salt, Almonds. CONTAINS: WHEAT, PECANS, SOY, AND ALMONDS

Great Harvest

Bread Co?

JULY 2015 BREAD SCHEDULE

415 TALCOTTVILLE RD. VERNON, CT 06066 860-454-4202



CLOSED SATURDAY JULY 4TH

MONDAY

colonial brown bread (new) (M) \$7.25 cinnamon raisin walnut (H) \$6.00 everything (W) \$5.75 ninegrain (H) \$6.50

TUESDAY

high 5 fiber (H) \$6.50 onion dill rye (W&R) \$6.25 anadama (M) \$6.25 ninegrain (H) \$6.50

WEDNESDAY

white cinnamon raisin (W) \$5.75
apple scrapple (M) \$6.25
woodstock (H) \$6.50
bakers choice:
(1st spel t \$5.75
Bth- foccacia (W) \$5.50
15th- swedish limpa (W&R) \$6.25
22nd- foccacia (W) \$5.50
29th- peanut butter chocolate chip (W) \$5.75)

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 anadama (M) \$6.25 woodstock (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 breakfast blast (H) \$5.75 trailmix (H) \$6.50

SATURDAY CLOSED JULY 4TH

stuffed potato (W) \$6.50 cinnamon raisin (H) \$5.75 popeye (M) \$5.75 pumpernickel rye (H&R) \$6.25



www.facebook.com/ great.harvest.bread.vernon.ct

EVERYDAY BREADS

honey whole wheat \$5,25 country white \$5,00

DAILY SWEETS

cookies \$1.85 + tax or 6/\$8.75 scores \$2.12 + tax quick breads \$7.00 muffins \$2.12 + tax

OTHER ITEMS

dog bones \$7.00

FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

HOURS:

MONDAY - FRIDAY 6:30 AM - 6:30 PM
SATURDAY 6:30 AM - 5:00 PM
CLOSED SUNDAY
CLOSED JULY 4TH
ORDERS WELCOME (860) 454-4202



CELEBRATE A SAFE 4TH OF JULY





WE WILL BE CLOSED SATURDAY JULY 4TH.







OUTDOOR SUMMER FUN

All made fresh in our store.

Take them camping, just add oil, water and an egg.

TRAIL MIX

A great treat anytime.

GRANOLA

Take along some of our fresh granola on your next hiking or road trip.,

JOIN GREAT HARVEST AT THE FARMERS MARKETS

HEBRON (corner of Rt 85 & 66) every Saturday from 9:00am to 12:30pm.

Great Harvest Bread Co: Tulsa, OK / 918-878-7878 / www.tulsaok.greatharvestbread.com



BREAD!

Enjoy the taste of Thanksgiving stuffing in a hearty loaf of Great Harvest bread! This simply delicious bread is flavored with sage, thyme, salt & pepper in our famous freshly ground whole wheat dough. We chop up the onions and celery, and hand knead the veggie mix into every loaf! Use this bread as the starting point for your own stuffing, or slice it up to make turkey sandwiches (that taste like a meal when covered with hot left over gravy). Either way, Stuffing Bread is a great addition to any holiday meal.

NOVEMBER BREADS

EVERYDAY Honey Whole Wheat · Harvest White · Dakota

Pumpkin Chocolate Chip

MONDAY High 5 Fiber • Hummus Bread • Extreme Cinnamon Swirl

TUESDAY Cranberry Walnut Flax · Asiago Pesto · Cinnamon Chip

Jewish Apple Coffee Cake

WEDNESDAY Cranberry Orange · Low Carb Dakota

STUFFING BREAD · Extreme Cinnamon Swirl

THU RSDAY Pumpkin Swirl • Spinach Feta • Cinnamon Crunch

Cranberry Orange Pound Cake

FRIDAY White Chocolate Cherry Swirl · Superfood Bread

Cheddar Garlic · Strawberry Shortcake

SATURDAY Woodstock • Trail Bread

Pepper jack Cornbread • Lemon Blueberry

THANKSGIVING WEEK MENU

We will follow a special Thanksgiving Week bread and sweets schedule from Monday, Nov 24th through Wednesday, Nov 26th. Our Thanksgiving menu and order form will be available online at www.tulsaok.greatharvest.com, or you can stop in at the bakery and pick up a copy. Please order early so we can have your Thanksgiving order waiting for you!

EVERYDAY Brownies · Power Bars · Trek Bars · Pumpkin Chocolate Chip Muffins

Cinnamon Rolls & Cinnamon Twist Muffins

MONDAY Dillon Cookies • Pumpkin Scones • Oat Berry Muffins

Savory Breakfast Biscuits • Pumpkin Bars • Savannah Bars

TUESDAY Salted Caramel Cookies • Cinnamon Chip Scones • Orange Burst Muffins

Whole Wheat Coffee Cake · Peppermint Brownies WEDNESDAY Chocolate Chip Cookies · Savory Breakfast Biscuits

Cranberry Almond Scones . Ultra lo-fat Cinnamon Apple Muffins

Lemon Bars . Savannah Bars

THURSDAY Ginger Bop Cookies • Cranberry Orange Scones

Cranberry Orange Muffins · Oat Berry Muffins · S'more Bars

FRIDAY Monster Cookies · Lo-fat Cran Flax Cookies

Maple Oatmeal Scones • Morning Glory Muffins • Pumpkin Bars

Savannah Bars

SATURDAY Peanut Butter Chocolate Chip Cookies • Cappuccino Muffins

White Chocolate Raspberry Scones • Lemon Blueberry Muffins

Lemon Bars

BAKERY HOURS: Monday-Friday 7 am to 6pm, Saturday 7 am to 4pm, closed Sundays for a little Loafin'



NOVEMBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON, CT 06 066 (860) 454-4202

ghbreadct.com

HOLIDAY ORDERS ALL ORDERS FOR MUST BE MADE BY MONDAY NOVEMBER 16TH.

No phone/email/social media orders Thanksgiving week

Monday

pumpkin swirl (M) \$7.50 onion dill rye (H&R) \$6.25 dakota (H) \$6.50 pesto parmesan (W&H) 6.25 23'd - virginia white or virginia wheat rolls \$6.50 per dozen

TUESDAY

anadama (M) \$6.50 everything (W) \$5.75 sunflower millet flax (H) \$6.50 cranberry orange (H) \$6.50 24th - virginia white or virginia wheat rolls \$6.50 per dozen

WEDNESDAY

apple cinnamon oatmeal (M) \$6.25
trail mix (H) \$6.50
bakers choice:
4th - spelt \$5.75,
1th - stuffing bread (H) \$7.25, swedish limpa (H&R) \$6.25
18th - stuffing bread (H) \$7.25, cornbread (W) 5.75
25th - stuffing bread (H) \$7.25, pumpkin nut spice (W) \$6.50
cinnamon chip (W) \$4.75, white cheddar garlic (W) \$6.

cinnamon chip (W) \$4.75, white cheddar garlic (W) \$6.50, swedish limpa (H&R) \$6.25 virginia white or virginia wheat rolls \$6.50 per dozen quick breads - chocolate fudge brownie, blueberry, blueberry cranberry, pumpkin & pumpkin chocolate chip

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 white cinnamon raisin (W) \$5.75 ninegrain (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pumpkin nut spice (W) \$6.50 woodstock (H) \$6.50 pepperoni roll (W) \$7.25 sweet pepper roll (W) \$7.25

SATURDAY

stuffed potato (W) \$6.50 cinnamon raisin walnut (H) \$6.00 popeye (W&R) \$6.00 american rye (W&R) \$6.25

EVERYDAY BREADS

honey whole wheat (H) \$5.25 country white (W) \$5.00

PRE ORDER YOUR VIRGINIA WHITE OR WHEAT ROLLS

Sold by the dozen

HOLIDAY HOURS: WEDNESDAY NOVEMBER 25TH 6:30AM - 5:00 PM

CLOSED THURSDAY NOVEMBER 26TH
THROUGH
SUNDAY NOVEMBER 29TH

STORE HOURS:
MONDAY - FRIDAY 6:30AM - 6:30PM
SATURDAY 6:30AM - 5:00PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202



THANKSGIVING SPECIALS: CHECK OUR SPECIAL BREADS FOR MONDAY THE 23RD TUESDAY THE 24TH AND WEDNESDAY THE 26TH



ALL ORDERS <u>MUST</u> BE PLACED BY MONDAY NOVEMBER 16TH

Pre-order and pre-pay your Thanksgiving bread, rolls & sweets for an easy pickup.

TURKEY STUFFING WITH GREAT HARVEST BREAD ** (PURCHASE ON WEDNESDAY NOVEMBER 18TH) **

Stuffing for a 12-16 pound Turkey 1 loaf of **Great Harvest Stuffing Bread** 1 stick or 1/2 cup of Sweet Cream Butter 1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of softened butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Mix well. Place in a pan on your stove top, cover the pan, heat until liquid absorbs and stuffing is hot. Or place in a casserole dish.

THANKSGIVING ROLLS

Bring a harvest of flavor to your holiday table with light and buttery VIRGINIA ROLLS made from wheat or white flour, Sold by the dozen only at \$6,25 per dozen.

We can also make rolls from most of our breads, just add 50 cents to the bread price.

LOVE YOUR LEFTOVERS!

Our STUFFING BREAD tastes just like homemade stuffing and makes the ultimate leftover turkey sandwich when joined by turkey, cranberries, and cover in gravy.

CLOSING REMINDER:



Wednesday November 25th closing at 5:00pm. Bakery closed Thursday, November 26th through Sunday, November 29th for a much kneaded rest. Reopening on Monday, November 30th.



TURKEY STUFFING

With Great Harvest Stuffing Bread

** (purchase the Wednesday before
Thanksgiving week) **

12-16 pound Turkey 1 loaf of Great Harvest Stuffing Bread 1 stick or 1/2 cup of Sweet Cream Butter 1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Place stuffing inside of turkey cavity and bake a normal.

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THANKSGIVING SCHEDULE



MONDAY NOVEMBER 23RD 6:30AM - 6:30PM

pumpkin swirl (M) \$7.50 onion dill rye (H&R) \$6.25 dakota (H) \$6.50 pesto parmesan (W&H) 6.25 virginia white or virginia wheat rolls \$6.50 per dozen

TUESDAY NOVEMBER 24TH 6:30AM - 6:30PM

anadama (M) \$6.50 everything (W) \$5.75 sunflower millet flax (H) \$6.50 cranberry orange (H) \$6.50 virginia white or virginia wheat rolls \$6.50 per dozen

WEDNESDAY NOVEMBER 25TH 6:30AM - 5:00PM

apple cinnamon oatmeal (M) \$6.25
trail mix (H) \$6.50
stuffing bread (H) \$7.25
pumpkin nut spice (W) \$6.50
cinnamon chip (W) \$5.75
white cheddar garlic (W) \$6.50,
swedish limpa (H&R) \$6.25
virginia white or virginia wheat rolls \$6.50 per do zen
quick breads - chocolate fudge brownie, blueberry,
blueberry cranberry, pumpkin & pumpkin chocolate chip



Place your orders through Tuesday, November 16th 860-454-4202





A warm fresh slice of the good life

BREAD NUTRITION

Nutritice information may vary takeny to takeny please sheek with your total bakeny for the mout accurate sutritice, in gradient, and alleged information

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A warm fresh slice of the good life

BREAD NUTRITION

Platifice information may vary takeny to takeny please sheek with your local bakeny for the most assurate satisfies, ingredient, as dialleged information

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BREAD NUTRITION

A warm fresh slice of the good life

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A warm fresh slice of the good life

BREAD NUTRITION

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#Great Harvest Bread Co.



This bread is so good it's scary! It's our delicious, homemade whole wheat dough mixed with real pumpkin & pumpkin pie spice. We roll it out, top it with brown sugar & walnuts, then roll the whole thing up with all the ingredients swirled together on the inside. Every slice you get is pumpkin-y sweet, with a bit of spice and lots of whole wheat! Not only that, but it makes a great autumn gift. Don't miss this tasty treat! Enjoy Pumpkin Swirl for breakfast, or dessert with any lunch or dinner meal. Don't forget to pack a slice in your child's Halloween lunch, it's sure to bring those hugs and kisses swirlin' in!



OCTOBER BREADS

EVERYDAY Honey Whole Wheat . Harvest White

Pumpkin Chocolate Chip

MONDAY High 5 Fiber · Cheddar Garlic · PUMPKIN SWIRL

TUESDAY Ezekiel Bread · Asiago Pesto

Cranberry Flax • Jewish Apple Coffee Cake

WEDNESDAY Low Carb Dakota · Onion Dill Rye

Cinnamon Raisin . Iced Cinnamon Raisin

THURSDAY Superfood Bread · Spinach Feta

PUMPKIN SWIRL · Cranberry Orange Pound Cake

FRIDAY Dakota · Cinnamon Chip · Cheddar Garlic

SATURDAY Hummus Bread · Rock Island Trail Bread

Lemon Blueberry





SWEETS SO SWEET IT'S SCARY!

EVERYDAY Brownies · Power Bars · Pumpkin Chocolate Chip Muffins

Cinnamon Rolls & Cinnamon Twist Muffins

MONDAY Dillon Cookies · Oat Berry Muffirs · Savory Breakfast Biscuits

Pumpkin Bars

TUESDAY Oatmeal Raisin Cookies · Pumpkin Spice Scones

Lo-fat Yum Yum Brownie Muffins · Savannah Bars

WEDNESDAY Chocolate Chip Cookies • Savory Breakfast Biscuits Lo-fat Cran-Blue Yogurt Muffins • Lemon Bars

THURSDAY Ginger Cookies · Cranberry Orange Scones · Kahuna Bars

Cranberry Orange Muffins · Oat Berry Muffin

FRIDAY Monster Cookies • Lo-fat Cran Flax Cookies • Chocolate Chip Scones

Savory Breakfast Biscuits • Morning Glory Muffins

Pumpkin Bars • Savannah Bars

SATURDAY Peanut Butter Chocolate Chip Cookies · Berry Cream Cheese Scones

Cappuccino Muffins · Lemon Blueberry Muffins · Lemon Bars

BAKERY HOURS: Monday-Friday, 7am to 6pm, Saturday 7am to 4pm Closed Sundays for a little Loafin'



OCTOBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE ROAD VERNON CT (860) 454-4202

www.ghbreadct.com

EVERYDAY BREAD

honey whole wheat \$5,25 country white \$5,00

MONDAY

pumpkin swir1 (M) \$7.50 autumn apple bread (M) \$6.50 **NEW** everything (W) \$5.75 woodstock (H) \$6.50

TUESDAY

pesto parmesan (G) \$6.50 cranapple white (W) \$6.00 anadama (M) \$6.50 trailmix (H) \$6.50

WEDNESDAY

apple scrapple (M) \$6.50 ninegrain (H) \$6.50 bakers choice:

(7th - spelt \$5.75, swedish limpa (H&R) \$6.25,

14th -foccacia (W) \$5.50, swiss cracked pepper (W) \$6.50,

21st - foccacia (W) \$5.50, swedish limpa (H&R) \$6.25,

28th - swiss cracked pepper (W) \$6.50 peanut butter chocolate chip \$5.75)

DAILY SWEETS

cookies \$1.65 + tax or 6 for \$8.25 scones 1.65 + tax muffins \$1.65+ tax

SANDWICHES

Made fresh daily to order 10:00am - 4:00pm Check out our sandwich menu in the store.



FRIDAY OCTOBER 30[™] AND SATURDAY OCTOBER 31ST

Witches Fingers (white dough with green food coloring) 50 cents each or a hand for \$2.00



THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 pumpkin nut spice (W) \$6.25 ninegrain (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pepperoni roll or sweet pepper roll (W) \$7.25 dakota (H) \$6.50

SATURDAY

pumpernickel rye (R&H) \$6.25 apple cinnamon oatmeal (M) \$6.25 popeye (G) \$6.00 stuffed potato (W) \$6.50



FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

STORE HOURS:
MONDAY - FRIDAY 6:30AM - 6:30PM
SATURDAY 6:30AM - 5:00PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202

HALLOWEEN AT GREAT HARVEST

SATURDAY, OCTOBER 31ST DRESS UP IN YOUR BEST HALLOWEEN COSTUME AND TRICK OR TREAT AT GREAT HARVEST BREAD.

WE WILL BE HANDING OUT CANDY TO ALL COSTUMED CHARACTERS.

Friday October 30th & Saturday October 31st Witches Fingers
(white dough with green food coloring)

50 cents each or a hand for \$2.00 (supplies are limited based on the number of witches we can capture)

FALL MEANS PUMPKIN AND APPLE SEASON



STOP IN FOR YOUR FAVORITE BREADS: PUMPKIN SWIRL, PUMPKIN NUT SPICE, APPLE CINNAMON OATMEAL, CRANAPPLE WHITE

YOU CAN'T FORGET: PUMPKIN AND PUMPKIN CHOCOLATE CHIP MUFFINS, PUMPKIN CHOCOLATE CHIP SCONES



visit our website at: www.ghbreadct.com also find us on Facebook www.facebook.com/ great.harvest.bread.vernon.ct





Don't forget the treats!

The perfect assortment of Great Harvest sweets for a morning meeting, a lunch gathering, or a thank-you for the office.

Tray of Treats

Large...\$45.00 (serves 36-40) Small...\$22.00 (serves 12-30) Includes a specialty loaf of the day, tea cake of the day, and an assortment of muffins, scores and cookies.

Bakery Breakfast Box...\$0.00

Includes a fresh giant cinnam on roll, muffin or other specialty breakfast item, served with a side of fruit, homemade granola, and a bottle of Welch's 100% juice.

The Great Big Cookie Box \$15.00 per dozen

Varieties include oatmeal chocolate chip, oatmeal raisin, peanut butter, snickerdoodle, turtle and original oatmeal.

Catering Options

Sandwich Trays

Small...\$00.00 (12 sandwiches)
Medium...\$00.00 (24 sandwiches)
Large...\$00.00 (36 sandwiches)
Includes a specialty loaf of the day,
tea cake of the day, and an assortment
of muffins, scones and cookies.

Harvest Box Lunches...\$0.00

Includes a fresh giant cinnamon roll, muffin or other specialty breakfast item, served with a side of fruit, homemade granola, and a bottle of Welch's 100% juice.

Additional Offerings

Additional Item no 1...\$0.00

Description of additional item 1 can be entered here. Description of additional item 1 can be entered here.

Additional Item no 2...\$0.00

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Additional Item no 3...\$0.00

Description of additional item 2 can be entered here. Description of additional item 2 can be entered here.

Please Consider When Placing Your Order:

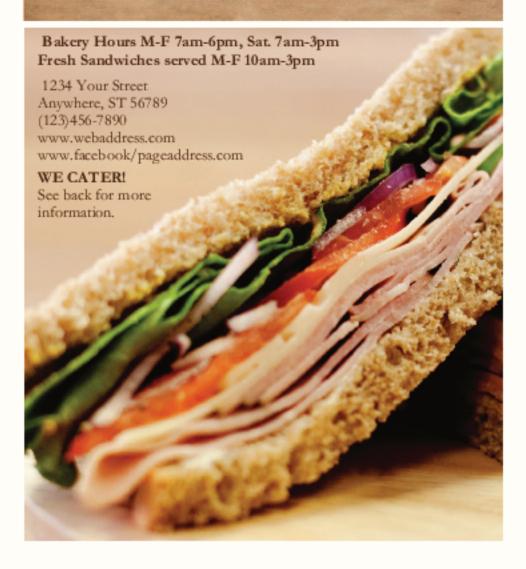
- * Place your order by calling or stopping by the bakery.
- * Orders of 10 or more must be placed before 10 a.m., please.
 - * We're happy to deliver for lunch orders of 15 or more.
- * Lunches come brown bagged. Box lunch option available- \$0.00 extra
 - * Order 24 hours in advance to ensure availability.
- * We gladly deliver. Prices vary according to distance. Please check with us regarding your location.
 - * Payment to be made at time of order.

We gladly accept Visa, Discover, Mastercard and American Express.

Great Harvest Bread Co. Sandwiches & Panini



Where the outside is as good as the inside!



Breakfast Sandwiches

Served between 8 am-11am on our freshly baked whole wheat or white bread, cheese choices: Swiss, American, Provolone or Cheddar.

Egg Sandwich...\$0.00 Egg & Cheese...\$0.00 Egg, Bacon & Cheese...\$0.00 Egg, Ham & Cheese...\$0.00

Great Harvest Classic Sandwiches

All Classic Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, white wine Dijon mustard, mayonnaise, salt and pepper and your choice of sandwich bread.

Ham & Swiss...\$0.00

Tender slices of honey smoked ham and Swiss cheese

Turkey & Swiss...\$0.00

Lightly smoked turkey breast and Swiss cheese

Roast Beef...\$0.00

Sliced roast beef and aged provolone



Great Harvest Cold Signature Sandwiches

All Cold Signature Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, salt and pepper, and with the recommended bread of your choice of sandwich bread.

California Cobb...\$0.00

Fresh avocado, smoked turkey breast, and crispy bacon, with a bleu cheese spread and honey whole wheat bread

Pepper Bleu Roast Beef...\$0.00

Roast beef with bleu cheese spread, on caraway rye bread.

Country Smoked Turkey...\$0.00

Smokey turkey breast, roasted peppers and onions with balsamic vinegar dressing on focaccia bread

Louisville Chicken Salad...\$0.00

Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with sweet & spicy pecans

Tuna Salad...\$0.00

Chunk white albacore tuna with a seasoned mayonnaise dressing

Harvest Veggie...\$0.00

Fresh pepper rings, cucumber slices, provolone and cheddar cheeses with red pepper garlic spread on honey whole wheat bread

Peanut Butter & Jelly...\$0.00

Creamy peanut butter and grape jelly on white bread

Great Harvest Hot Signature Sandwiches

All Hot Signature Sandwiches served fresh off the steamer and grill to melt in your mouth!

BLT...\$0.00

Crispy smoky bacon, ripe tomatoes, romaine lettuce, salt and pepper and mayonnaise on white bread toasted in the panini grill

Tuscan Chicken Panini...\$0,00

Aged provolone melted over grilled chicken breast, thin sliced red onion, romaine lettuce, tomato, salt and pepper and a sun dried tomato pesto spread on focaccia bread.

Smoky BBQ Cheddar Chicken Panini...\$0.00

Grilled chicken breast, thin sliced red onions, romaine lettuce, tomato, salt and pepper, smoky honey BBQ sauce, melted sharp cheddar and crisp bacon on focaccia bread

Spicy Smoked Turkey & Pepper Jack Panini,...\$0,00

Smoked turkey breast, melted pepper jack cheese, roasted onions and peppers, romaine lettuce, salt and pepper and tomato with a spicy southwest mayonnaise on caraway rye bread

Mile High Rye...\$0.00

Smoked turkey and roast beef with melted Swiss, thin sliced red onion, romaine lettuce, tomato, salt and pepper, and roasted garlic and dill spread on caraway rye bread

Roast Beef Panini...\$0.00

Roast beef, roasted peppers and onions, melted aged provolone, romaine lettuce, tomato and salt and pepper with a red pepper garlic cheese spread on focaccia

"GHBC" Grilled Cheese Panini...\$0.00

A twist on the traditional sandwich served with a garlic and herb spread and two cheeses, sharp cheddar and Swiss on white bread; this sandwich is also available with honey smoked ham, crisp bacon and/or sliced tomato with an additional cost



Area For Extra Information

Utilize this space to mention meal combos, box lunches, drinks etc.

Item Listed Here...\$0.00

Extra information about this item can be placed here in order to provide your customers a brief description

Item Listed Here...\$0.00

Extra information about this item can be placed here in order to provide your customers a brief description



SEPTEMBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON, CT 06066 (860) 454-4202

www.ghbreadct.com



MONDAY

white cinnamon raisin (W) \$5.75 pesto parmesan (M) \$6.50 colonial brown bread (M) \$6.50 ninegrain (H) \$6.50

TUESDAY

anadama (M) \$6.50 breakfast blast (M) \$5.75 onion dill rye (W&H&R) \$6.25 sunflower millet flax (H) \$6.50

WEDNESDAY

apple scrapple (M) \$6.50 woodstock (H) \$6.50 bakers choice:

(2nd - spelt \$5.75, pizza roll (W) \$6.00

9^h - swiss cracked pepper (W) \$6.50, jalapeño cornbread (W) \$6.50

16th - swedish limpa (H&R) \$6.25, pizza roll (W) \$6.00

23rd - swiss cracked pepper (W) \$6.50, jalapeño cornbread (W) \$6.50 30th - pizza roll (W) \$6.00, peanut butter chocolate chip (W) \$5.75)

THUR SDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 cinnamon raisin walnut (H) \$6.00 trailmix (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pepperoni roll (W) \$7.25 sweet pepper roll (W) \$7.25 dakota (H) \$6.50

SATURDAY

stuffed potato (W) \$6.50 white cinnamon raisin walnut (W) \$6.00 pumpernickel rye (H&R) \$6.25 popeye (M) \$5.75 visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct



EVERY DAY BREADS

honey whole wheat \$5,25 country white \$5,00

DAILY SWEETS

cookies \$1,74 + tax or 6/\$8,75 scones \$2,12 + tax muffins \$2,12 + tax

STORE HOURS:
MONDAY - FRIDAY 6:30 AM - 6:30 PM
SATURDAY 6:30 AM - 5:00 PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202



visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct



BACK TO SCHOOL

Remember to pack your child a healthy lunch with a sandwich made from our <u>sliced</u> whole wheat breads. Honey whole wheat, anadama, colonial brown bread, many of our seeded breads and country white.

Call and reserve your loaf.

START WITH BREAKFAST

Send the kids off to school prepared for a productive day with a healthy breakfast. Great Harvest breads are loaded with complex carbohydrates that supply the brain and body with energy all day long. Both memory and verbal skills benefit from a nutritious breakfast.

Try something different, make French Toast with many of our great breads:

CINNAMON CHIP, CHALLA, CINNAMON BREAD AND WHITE CINNAMON RAISIN WITH OR WITHOUT WALNUTS.





COLLEGE BOUND

Don't forget the kids going off to college. Give them a Great Harvest care package filled with their favorite goodies.



visit our website at: www.ghbreadct.com





JUNE 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON CT 06066 (860) 454-4202

www.ghbreadct.com



EVERYDAY BREADS

honey whole wheat \$5,25 country white \$5,00

MONDAY

american rye (W&R) \$6.25 cinnamon raisin (H) \$6.00 popeye (M) \$5.75 dakota (H) \$6.50

TUESDAY

amadama (H) \$6.25 cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 ninegrain (H) \$6.50

WE DWESD AY

american rye (W&R) \$6.25 cinnamon raisin (H) \$6.00 popeye (M) \$5.75 dakota (H) \$6.50

THURSDAY

amadama (H) \$6.25 cinnamon chip (W) \$5.75 trailmix (H) \$6.50 white cheddar garlic (W) \$6.50

FRIDAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 cinnamon raisin (H) \$6.00 dakota (H) \$6.50

SATURDAY

american rye (W&R) \$6.25 cinnamon chip (W) \$5.75 popeye (M) \$5.75 ninegrain (H) \$6.50 www.facebook.com/ great.harvest.bread.vernon.ct

FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

DAILY SWEETS

Cookies \$1.74 + tax or 6/\$8.75

oatmeal walnut choc. chip oatmeal raisin snickerdoodle peanut butter peanut butter choc. chip

Scones \$2.12 + tax

cinnamon chip blueberry peanut butter choc. chip

Quick breads \$7.00 / Muffins \$2.12 + tax

pumpkin chocolate chip blueberry coffeecake coconut

Bars \$1.65 + tax

power bars breakfast bars harvest bars

Other Items

dog bones \$3.00 croutons \$3.50

HOURS:

MONSDAY - FRIDAY 6:30AM - 6:30PM SATURDAY 6:30AM - 5:00PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202

*Great Harvest Bread Co:

Great Harvest Classic Sandwiches All Classic Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, salt and pepper and your choice of sandwich bread.

TURKEY & CHEESE...\$6.11 + TAX

Smoked turkey slices with the cheese of your choice (american, swiss or

HAM & CHEESE...\$6.11 + TAX

Tender slices of honey ham with the cheese of your choose (american, swiss or popper jack)
TUMA SALAD....\$6.11 + TAX

Chunk white albacore turn with a seasoned mayonnaise dessing

ROAST BEEF & CHEESE ... \$ 6.11 + TAX

Tender slices of must beef with the cheese of your choice (american, swiss or tretrore e itsele)

Great Harvest Cold Signature

Sandwiches

All Cold Signature Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, salt and pepper, on your choice of sandwich bread.

HARVEST VEGGIE...\$7.05 + TAX

Cucumbers, tomato, pepper rings, lettuce, 2 cheeses of your choose (american, swiss or pepper jack) and sun dried to mato pesto spread

SMOKED TURKEY GODDESS...\$7.05 + TAX

Smoked turkey, avocado goddess spread, with the cheese of your choose (american, swiss or pepper jack)

SPICY PECAN CHICKEN SALAD ... \$7.05 + TAX

Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with sweet & spicy pecans

BAJA CHIPOTLE TURKEY ... \$7.05 + TAX

Tender slices of smoked turkey, chipotle honey lime yogurt, avocado, pepper jack cheese & pickled red onion

PEPPER BLEU ROAST BEEF ... \$7.05 + TAX

Tender slices of roast beef & bleu cheese dressing

Additional Sandwich Offerings

PEANUT BUTTER & JELLY ... \$ 2.59 + TAX

Creamy peanut butter and grape jelly on white or wheat bread PEANUT BUTTER & HONEY ... \$ 2.59 + TAX

Creamy peanut butter and fresh honey on white or wheat bread

ADDITIONS:

Extra Meat.....add \$1.00 Extra Cheese....add \$0.50 Extra Veggies... no charge



AUGUST 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON, CT 06066 (860) 454-4202

www.ghbreadct.com



MONDAY

colonial brown bread (M) \$6.50 cinnamon raisin walnut (H) \$6.00 everything (W) \$5.75 sunflower millet flax (H) \$6.50 visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct

TUESDAY

anadama (M) \$6.25 onion dill rye (H) \$6.25 cornbread (W) \$5.75 woodstock (H) \$6.50

EVERYDAY BREADS

honey whole wheat \$5,25 country white \$5,00

WEDNESDAY

apple scrapple (M) \$6.25 foccacia (W) \$5.50 ninegrain (H) \$6.50 **bakers choice**:

(5th -spelt \$5.75, jalapeno cornbread (W) \$6.50

12th - swedish limpa (H&R), \$6.25, pizza roll (W) \$5.50

19th - jalapeno cornbread (W) \$6.50, pizza roll (W) \$5.50

26 th - swedish limpa (H&R) \$6.25, pearut butter chocolate chip (W) \$5.75)

DAILY SWEETS

cookies \$1.74 + tax or 6/\$8.75 scones 2.12 + tax muffins \$2.12 + tax

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 caraway rye (H&R) \$6.25 trailmix (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 dakota (H) \$6.50 pepperoni roll or sweet pepper roll (W) \$7.25

FLOUR INDICATOR H - WHOLE WHEAT W - WHITE R - RYE M - MIX WHITE & WHOLE WHEAT

SATURDAY

american rye (W&R) \$6.25 stuffed potato (W) \$6.50 popeye (M) \$5.75 cinnamon raisin (H) \$5.75 MONDAY - FRIDAY 6:30 AM - 6:30 PM SATURDAY 6:30 AM - 5:00 PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202





FRESH FROM THE GARDEN

Try our fresh Jalapeno Cornbread. made fresh August 5th and 19th. They go very fast, so order yours before they sell out.

TOO HOT TO COOK

Our Pizza roll, Pepperoni and Sweet Roasted Pepper Rolls are quick and easy lunch or dinners.





JOIN GREAT HARVEST BREAD AT THE FARMERS MARKETS

HEBRON (corner of Rt 85 & 66) every Saturday from 9:00am to 12:30pm.

And

Botticello Farms Saturday, August 8th 11:00am to 2:00pm 209 Hillstown Rd., Manchester





Fresh from our Bakery

Bakery Box Lunch

\$7.99, Classic Sandwich

\$8.99, Signature Sandwich

Individual box lunches including your choice of sandwich made on fresh baked bread, chips, a pickle and a giant Great Harvest cookie.

Sandwiches feature our famous 100% whole grain Honey Whole Wheat bread made with 5 simple ingredients: wheat, water, honey, yeast and salt.

Classic Sandwiches:

Ham & Swiss, Turkey Swiss, and Roast Beef & Provolone.

Signature Sandwiches:

Harvest veggie, Pepper Blue Roast Beef, California Cobb, Chicken Salad and Tuna Salad.

Add \$1.00 for individual boxes (rather than bags).

Sandwich Platter

6 Classic Sandwich Platter...\$33

6 Signature Sandwich Platter...\$39

12 Classic Sandwich Platter...\$65

12 Signature Sandwich Platter...\$77

Sandwiches platters are a great option for offering a variety of choices. Sandwiches are halved. Mayo and mustard packets are included.

Larger sandwich orders are available upon request,





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Larger sandwich orders are available upon request.





Salad

\$40

Add chicken for \$7.50

A fresh mix of spinach and spring mix lettuce with wedges of tomatoes, sliced onions, craisins, sliced almonds, strawberries, feta cheese, croutons and a light raspberry vinaignette dressing.

Soup

\$12

Choose from a variety of soups including our Chicken & Noodle, Stuffed Green Pepper with Beef, Cheddar Broccoli, and many more. Each soup (32oz) order includes fresly baked rolls. Ideal for groups up to 4.

The Great Big Cookie Box

\$17.00, Bakers dozen

Choose from chocolate chip, snickerdoodle, peanut butter chocolate chip, dillon, and more. Varieties change daily.

Sweets Spot

Large...\$60 (25 item assortment) Small...\$33 (15 item assortment)

These boxes include an assortment of muffins, bars and scones. The large box also includes a fresh sliced batter bread.

To order, call Sam or Steph at (918) 878-7878 or visit us at: 5203 S Sheridan Road, Tulsa, OK 74145 Mon-Fri 7am-6pm Sat 7am-4pm

1. Order 24 hours in advance to ensure availability.
2. We gladly deliver. Prices vary according to distance.
Please check with us regarding your location.
3. Payment to be made at time of order. We gladly accept
Visa, Discover, Mastercard and American Express.





Salad

\$40

Add chicken for \$7.50

A fresh mix of spinach and spring mix lettuce with wedges of tomatoes, sliced onions, craisins, sliced almonds, strawberries, feta cheese, croutons and a light raspberry vinaignette dressing.

Soup

\$12

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- 1. Order 24 hours in advance to ensure availability.
- We gladly deliver. Prices vary according to distance. Please check with us regarding your location.
- Payment to be made at time of order. We gladly accept Visa, Discover, Mastercard and American Express.





FRESH MADE SANDWICHES

Premium Great Harvest bread combined with select fresh ingredients make a delicious and wholesome sandwich. Come in and let us make one fresh for you!

Ham and Swiss
Turkey and Swiss
Roast Beef and Provolone
Veggie Three-Seed Hummus
Baja Chipotle Turkey
Chimichurri Roast Beef
The Italian
Big Sky Chicken Salad
Peanut Butter & Jelly

- Special -

Ham and Brie

Refer to our sandwich menu for full description of our delicious sandwich options served daily from 11 a.m. - 2 p.m.



Hot Fresh Bread Handcrafted Every Day!

September & October Bread and Sweets Menu

EVERY DAY BREAD

Honey Whole Wheat, Harvest White, Cinnamon Chip, and Savory Biscuits

MONDAY, WEDNESDAY & FRIDAY BREAD

Dakota, Hummus, and Bacon Cheddar Beer - Made with locally-brewed beer!

TUESDAY, THURSDAY, & SATURDAY BREADS

Anadama, Cheddar Garlic and Oregon Herb

MONDAY, WEDNESDAY & FRIDAY SWEETS TREATS

Dillon Cookie, Salted Caramel Cookie, Berry Cream Cheese Scone, Pumpkin Chocolate Chip Muffin and Batter Bread, Savannah Bars, and Brownies

TUESDAY, THURSDAY & SATURDAY SWEET TREATS

Oatmeal Raisin Cookie, Chocolate Chip Hazelnut Scone, Pumpkin Chocolate Chip Muffin and Batter Bread, and Savannah Bar

ADDITIONAL PRODUCTS OFFERINGS

Chocolate Chip Cookie Mix, Pancake Mix, Groovy Granola, 9 Grain Hot Cereal, Cinnamon Raisin Oatmeal Cereal Mix, Corn Bread Mix, Harvest Bars, and Dog Treats

Offering fresh brewed coffee from our local coffee guys!

1234 My Street, City, State 55555 406-123-1234 www.MyWebsite.com www.Facebook.com/myGreatHarvestBread

Hours: M - F: 7 a.m. to 6 p.m. and Sat: 7 a.m. to 5 p.m.

GREAT HARVEST BREAD CO. JOB APPLICATION

Name:	Dat	e:
Address:Street	city/state	
Siteer	Criy/state	zip
Phone #:	Best time to call:	
Under 18 years old?	If in school, what year?	
Hours per week desired	d (list minimum needed and max.)	
lf part-time, list availa Sunday:	able hours from 4am to 7pm and days from Mo	nday to
Will your availability li	isted above change in the next 6 months?	
How long do you plan oi	n working for us?	
Highest grade complet	ed/years of college/ degrees earned:	
Have you ever been coi	nvicted of a crime? (if yes, date, place &	nature)
Places and the fell	wine Alexander of anniestics for an annua	

Please answer the following: (Use back of application for your answers)

- Give us your 2 best work-related references (like previous employers) and phone #'s.
- List a brief job history. Include supervisors' names, dates employed and reason for leaving.
- Why did you choose to apply at Great Harvest?
- 4. Great Harvest is a very service-oriented business. What does good service mean to you?
- 5. Great Harvest is a high-volume business with a workday that can be long and stress-filled. What makes you believe you can perform well and excel under these working conditions?



GRAND OPENING BREAD SCHEDULE

Great Harvest

425 TALCOTTVILLE RD VERNON CT 06066 (860) 647-8837

www.ghbreadct.com

EVERYDAY BREADS

honey whole wheat \$5,25 country white \$5,00

FRIDAY

cinnamon chip (W) \$5.75 cinnamon raisin (H) \$6.00 white cheddar garlic (W) \$6.50 dakota (H) \$6.50

SATURDAY

cinnamon chip (W) \$5.75 popeye (G) \$5.75 american rye (W&R) \$6.25 ninegrain (H) \$6.50

FLOUR INDICATOR
G - GOLDEN WHEAT
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

EVERYDAY SANDWICHES

CLASSIC SANDWICHES \$6.11 + tax

turkey & cheese ham & cheese tuna salad roast beef & cheese

SIGNATURE SANDWICHES \$7.05 + $\pm ax$

harvest veggie smoked turkey goddess spicy pecan chicken salad baja chipotle turkey pepper bleu roast beef www.facebook.com/ great.harvest.bread.vernon.ct

DAILY SWEETS

Cookies \$1.74 + tax or 6/\$8.75

oatmeal walnut choc. chip oatmeal raisin snickerdoodle peanut butter peanut butter choc. chip

Scones \$2.12 + tax

cinnamon chip blueberry peanut butter choc. chip

Quick breads \$7.00 / Muffins \$2.12 + tax

pumpkin chocolate chip blueberry coffeecake coconut

Sweet Bars \$2.59 + tax

savannah (formally mazurkas) toe curling brownies

Bars \$1.65 + tax

power bars breakfast bars harvest bars

Other Items

dog bones \$3.00 croutons \$3.50

HOURS:

MONSDAY - FRIDAY 6:30AM - 6:30PM SATURDAY 6:30AM - 5:00PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202



FRESHLY MADE FROM SCRATCH



Ever wonder why our bread tastes so good? It's because we grind our wheat fresh everyday! We also take that "fresh-ground" to new heights with our mixes. That means our mixes are fresher than anything you can get in the grocery store. Now you can enjoy the same hearty wheat taste and whole grain goodness in our mixes. Take a few home...... your family will love you for it.

FRESH HEARTY CEREALS

Now you can enjoy the hot, wholesome goodness of Great harvest right at your own breakfast table! Try a bag of our CINNAMON RAISIN OR CRANBERRY ALMOND OATMEAL.

CHOCOLATE CHIP COOKIE MIX

Makes a perfectly easy treat anytime that taste great.

CROUTONS

Made from a variety of bread seasoned perfectly.

DOUBLE FUDGE BROWNIE MIX

Makes the perfect after school treat or a quick and easy dessert that is so chocolaty.

WHOLE WHEAT PANCAKE MIX

Made from our fresh whole wheat and fresh oatmeal, taste better than any pancake mix you buy in the grocery store.

FRESH GROUND WHOLE WHEAT FLOUR

Makes a world of difference. Not only will our flour provide you with more nutrients, but it's guaranteed to make your homemade goodies taste better than ever.

NOTE: For optimum freshness, be sure to use fresh ground flour within four weeks from the date of purchase or store in your freezer.



REMEMBER WE MAKE ROLLS FROM ALMOST ALL OF OUR BREADS
JUST ORDER THEM AT LEAST 24 HOUR IN ADVANCE.

(WE SELL THEM BY THE DOZEN ONLY.)

PRICE OF THE LOAF OF BREAD PLUS 50 CENTS



A warm fresh slice of the good life

BREAD NUTRITION

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesteral (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Apple Cherry Pecan	140	25	0	0	0	290	26	3	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Chemies (ingredient components may vary), Honey, Dried Apples (Ingredient components may vary), Pecans, Eggs, Yeast, Salt. CONTAINS: WHEAT, PECANS, SOY, AND EGG.
Apple Cinnam on Walnut	140	2	0	0	0	270	27	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Apples, Walnuts, Yeast, Salt, Eggs, Apple Juice (Ingredient components may vary), Ground Cinnamon. CONTAINS: WHEAT, WALNUTS, SOY, AND EGG
Apple Crunch	130	2g	t	o	10	290	23	4	7	4	Fresh Ground 100% Whole Wheat Flour, Water, Apples, Honey, Brown Sugar, Butter (Milk), Eggs, Yeast, Salt, Ground Cinnamon, Natural and Artificial Vanilla Flavoring, Ground Nutmeg. CONTAINS: WHEAT, MILK, SOY, AND EGG
Apple Crunch Blend	130	2	t	0	10	290	24	3	7	4	Fresh Ground 100% Whole Wheat Flour, Water, Enriched White Flour (Ingredient components may vary), Apples, Honey, Brown Sugar, Butter (Milk), Eggs, Yeast, Salt, Ground Cinnamon, Natural and Artificial Vanilla Flavoring, Ground Nutmeg. CONTAINS: WHEAT, MILK, SOY, AND EGG
Apricot Almond	140	2	0	0	0	310	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Dried Apricots (Ingredient components may vary), Honey, Almonds, Yeast, Salt, Eggs. CONTAINS: WHEAT, ALMONDS, SOY, AND EGG
Asiago Pesto	160	6	1.5	0	10	440	22	1	2	5	Enriched White Flour (ingredient components may vary), Water, Pesto Sauce (ingredient components may vary), Asiago Cheese (ingredient components may vary), Honey, Olive Oil, Yeast, Salt, Eggs, Dried Garlic, Dried Onion. CONTAINS: WHEAT, SOY, MILK, EGG, PINE NUTS
Bacon Cheddar Beer	150	4	2	0	20	320	21	3	5	7	Fresh Ground 100% Whole Wheat Flour, Beer, ale, Cheddar Cheese (Ingredient components may vary), Honey, Bacon, cooked, Yeast, Eggs, Kosher Salt, Salt, Dried Onion, Dried Garlic, Black Pepper, Chives. CONTAINS: WHEAT, MILK, EGGS, AND SOY.
Breakfast Blast	140	1.5	0	0	0	210	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dates, Rolled Oats, Cinnamon Chips (Ingredient components may vary), Yeast, Eggs, Salt, Ground Cinnamon. CONTAINS: WHEAT, SOY, EGG, AND MILK
Burley Bread	140	2	0	0	0	300	26	4	6	6	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Rolled Oats, Sunflower Seeds, Cracked Rye, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG.
Caraway Rye	130	0.5	0	0	0	300	25	5	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Dark Rye Flour, Honey, Yeast, Salt, Caraway Seeds, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Carrot Poppyseed	120	1	0	0	0	290	22	4	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Carrots, Honey, Applesauce (Ingredient components may vary), Yeast, Orange, Poppy Seeds, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, SOY, AND EGG
Challa h	140	1.5	0	0	20	240	26	3	4	5	Enriched White Flour (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Water, Honey, Eggs, Sesame Seeds, Yeast, Salt. CONTAINS: WHEAT, EGGS, AND SOY.
Cheddar Garlic	160	4.5	2.5	0	15	370	23	1	4	6	Enriched White Flour (Ingredient components may vary), Water, Cheddar Cheese (ingredient components may vary), Honey, Yeast, Salt, Eggs, Sesame Seeds, Dried Onion, Dried Garlic, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Cherry Apple Berry	130	0.5	o	0	0	280	27	4	ß	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Cherries (Ingredient components may vary), Dried Blueberries (Ingredient components may vary), Dried Apples (Ingredient components may vary), Yeast, Blueberries, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGGS.
Cherry Walnut	140	2	0	0	5	270	26	3	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Dried Chemies (Ingredient components may vary), Honey, Walhuts, Yeast, Eggs, Salt. CONTAINS: WHEAT, WALNUTS, EGGS, AND SOY
Cinnam on Chip	170	3	0.5	0	0	340	32	1	11	3	Enriched White Flour (Ingredient components may vary), Water, Cinnamon Chips (Ingredient components may vary), Honey, Yeast, Sugar, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, MILK, SOY AND EGG
Cinnamon Chip (100% Whole Wheat)	150	3	0.5	0	0	270	28	3	10	4	Fresh Ground 100% Golden Whole Wheat Flour, Water, Cinnamon Chips (Ingredient components may vary), Honey, Yeast, Sugar, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, SOY, MILK AND EGG.
Cinnamon Raisin Walnut	140	2	0	0	0	310	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Honey, Walnuts, Yeast, Salt, Ground Grinamon, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Cinnam on Swirl	160	2.5	1.5	0	5	220	29	4	12	5	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Honey, Butter (Mik), Eggs, Yeast, Salt, Ground Cinnamon. CONTAINS::WHEAT, MILK, SOY AND EGG



A warm fresh slice of the good life

BREAD NUTRITION

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat	Saturated Fat	Trans Fats	Cholesterol	Sodium	Carbohydrates	Fiber	Sugar	Protein	Ingradiants
Serving Size: 1 since 2 az (50 g)		(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	Ingredients
Corn Bread	140	2.5	1	0	5	270	28	1	4	3	Enriched White Flour (Ingredient components may vary), Water, Com Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Butter (Milk), Yeast, Salt, Eggs. CONTAINS: WHEAT, MILK, SOY, AND EGG
Com Bread (100% Whole Wheat)	140	2.5	1	0	5	270	26	3	4	4	: Fresh Ground 100% Whole Wheat Flour, Water, Corn Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Butter (Milk), Yeast, Salt, Eggs. CONTAINS:WHEAT, MILK, SOY, AND EGG
Jalapano Com Bread	140	2	1	0	5	270	26	1	4	3	Enriched White Flour (Ingredient components may vary), Water, Com Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Peppers, Butter (Milk), Yeast, Chile Peppers, jalapenos, Salt, Eggs. CONTAINS: WHEAT, MILK, SOY, AND EGG
Jalapeno Com Bread (100% Whole Wheat)	140	2.5	1	o	5	270	24	3	4	4	Fresh Ground 100% Whole Wheat Flour, Water, Corn Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Peppers, Butter (Milk), Yeast, Chile Peppers, jalapenos, Salt, Eggs. CONTAINS:WHEAT, MILK, SOY, AND EGG
Country	120	0.5	0	0	0	340	23	4	3	5	Fresh Ground 100% Whole Wheat Flour, Water, Molasses, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Cracked Pepper Swiss	140	3	1.5	0	10	280	22	4	4	7	Fresh Ground 100% Whole Wheat Flour, Water, Swiss Cheese (Ingredient components may vary), Honey, Eggs, Yeast, Salt, Black Pepper, Cayenne Pepper, Oregano, Basil, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Cranberry Orange	130	0.5	0	0	0	280	27	4	11	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Cranberries (Ingredient components may vary), Honey, Yeast, Salt, Eggs, Orange Peel. CONTAINS: WHEAT, SOY, AND EGG
Da kota	150	4	О	0	0	270	23	4	5	6	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Pumpkin Seeds, Millet, Yeast, Sesame Seeds, Salt, Eggs. CONTAINS: WHEAT, SOY AND EGG
Finn is h Pulla	160	4.5	2.5	0	35	140	26	1	5	4	Enriched White Flour (Ingredient components may vary), Milk, Eggs, Honey, Butter (Milk), Water, Yeast, Natural Sugar, Salt, Cardamom. OONTAINS: WHEAT, MILK, SOY, AND EGG
Flax Oatbran	130	3.5	0	0	0	330	22	4	6	5	Water, Fresh Ground 100% Whole Wheat Flour, Honey, Oat Bran, Pecans, Flax Meal, Yeast, Rolle Oats, Salt, Eggs, Flax Seeds. CONTAINS: WHEAT, PECANS, SOY, AND EGG
Focaccia	140	1.5	0	0	0	380	29	1	5	4	Enriched White Flour (Ingredient components may vary), Water, Honey, Yeast, Salt, Olive Oil, Oregano, Basil. CONTAINS: WHEAT AND SOY
Golden Wheat, Apple, Cinnamon Chip, Walnut	140	2.5	0	0	0	290	26	3	ß	5	Fresh Ground 100% Golden Whole Wheat Flour, Water, Honey, Cinnamon Chips (Ingredient components may vary), Dried Apples (Ingredient components may vary), Walnuts, Yeast, Salt, Eggs CONTAINS: WHEAT, SOY, MILK, WALNUTS AND EGG
Golden Wheat Chocolate Cherry Swirl	150	2.5	1	0	5	240	30	3	в	4	Fresh Ground 100% Golden Whole Wheat Flour, Water, Dried Cherries (Ingredient components ma vary), Honey, Chocolate Chips (Ingredient components may vary), Brown Sugar, Butter (Milk), Yeas Eggs, Salt, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, SOY, EGGS, AND MILK.
Harvest Buckwheat Brown Rice	140	4.5	2	0	35	90	22	2	6	3	Water, Cultured Buttermilk (Ingredient components may vary), Eggs, Honey, Brown Rice Flour, Tapioca Flour, Flax Seeds, Comstarch, Flour, buckwheat, Butter (Milk), Yeast, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Harvest Buckwheat Brown Rice Bread Dakota	140	6	1.5	0	25	75	19	2	5	4	Water, Cultured Buttermilk (Ingredient components may vary), Eggs, Honey, Brown Rice Flour, Tapioca Flour, Flax Seeds, Cornstarch, Flour, buckwheat, Butter (Mik), Sunflower Seeds, Pumpkir Seeds, Yeast, Millet, Sesame Seeds, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Harvest Buckwheat Brown Rice Bread Cinnamon Chip	160	6	2	0	25	80	25	2	9	3	Water, Cultured Buttermilk (Ingredient components may vary), Cinnamon Chips (Ingredient components may vary), Honey, Brown Rice Flour, Eggs, Tapioca Flour, Flax Seeds, Cornstarch, Flour, buckwheat, Butter (Milk), Yeast, Xanthan Gum, Salt, Distilled Vinegar (Ingredient component may vary). CONTAINS: MILK, SOY, AND EGG
Hearty Caraway Rye	130	0.5	o	0	0	310	26	4	2	5	Water, Fresh Ground 100% Whole Wheat Flour, Rye Flour (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Molasses, Yeast, Salt, Eggs, Caraway Seeds. CONTAINS: WHEAT, SOY, AND EGG
High 5 Fiber	140	3	0	0	0	230	23	5	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Flax Seeds, Oat Bran, Millet, Sunflower Seeds, Wheat Bran, Yeast, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG.
High Five Fiber with Blueberries	140	2.5	o	0	0	200	25	5	7	5	Water, Fresh Ground 100% Whole Wheat Flour, Dried Blueberries (Ingredient components may vary), Honey, Flax Seeds, Oat Bran, Millet, Sunflower Seeds, Wheat Bran, Yeast, Salt, Eggs. CONTAINS: WHEAT, EGGS, AND SOY



BREAD NUTRITION

A warm fresh slice of the good life

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Chalesteral (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
High Country Crunch	150	5	0.5	0	0	230	22	4	4	5	Water, Fresh Ground 100% Whole Wheat Flour, Semolina Flour, Sunflower Seeds, Honey, Millet, Pecans, Flax Seeds, Yeast, Salt, Eggs. CONTAINS: WHEAT, PECANS, SOY, AND EGG
High Fiber Apple, Cinnamon Chip, Walnut	140	2	0	0	0	280	26	5	7	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Apples, Cinnamon Chips (Ingredient components may vary), Walnuts, Maltodextrin (Dietary Fiber), Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK, EGGS, AND WALNUTS.
High Fiber Tuscan Herb	140	0.5	О	o	o	210	26	5	4	6	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Honey, Water, Yeast, Maltodextrin (Dietary Fiber), Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Dried Onion, Basil, Oregano, Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Honey Whole Wheat	130	0.5	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Trish Baked Potato	150	2	1	o	5	440	28	1	4	4	Enriched White Flour (Ingredient components may vary), Water, Dehydrated Potatoes (Ingredient components may vary), Honey, Butter (Mik), Yeast, Garlic (Ingredient components may vary), Sal Eggs, Cheddar Cheese (Ingredient components may vary), Black Pepper, Chives. CONTAINS: WHEAT, MILK, SOY, AND EGG
Irish Soda Bread	130	0.5	o	0	5	180	27	2	9	4	Cultured Buttermilk (Ingredient components may vary), Enriched White Flour (Ingredient component may vary), Fresh Ground 100% Whole Wheat Flour, Raisins, Honey, Eggs, Salt, Baking Powder (Ingredient components may vary), Baking Soda. CONTAINS: WHEAT, SOY, EGG, AND MILK
İtalian Herb Focaccia	150	2.5	0	0	0	290	27	1	2	4	Enriched White Flour (Ingredient components may vary), Water, Olive Oil, Honey, Salt, Yeast, Oregano, Basil, Dried Garlio, Black Pepper, Parsley. CONTAINS: WHEAT AND SOY.
Merry Berry	130	0.5	0	0	0	290	27	3	9	5	Fresh Ground 100% Golden Whole Wheat Flour, Water, Honey, Golden Raisins (Ingredient components may vary), Dried Cherries (Ingredient components may vary), Dried Blueberries (Ingredient components may vary), Yeast, Salt, Coconut (Ingredient components may vary), Eggs CONTAINS: WHEAT, EGGS, COCONUT, AND SOY.
Nine Grain	130	0.5	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Nine Grain Mix (Ingredient components may vary), Yeast, Salt, Eggs. CONTAINS: WHEAT AND EGG
Oatmeal Poppyseed	130	1	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Rolled Oats, Yeast, Poppy Seeds, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Onion Dill Rye	130	0.5	0	0	0	320	25	3	6	4	Water, Fresh Ground 100% Whole Wheat Flour, Honey, Enriched White Flour (Ingredient components may vary), Rye Flour, Yeast, Salt, Eggs, Dried Onion, Dill, Poppy Seeds, Sesame Seeds. CONTAINS: WHEAT, SOY, AND EGG
Panza	130	3	f	0	5	590	22	2	4	5	Enriched White Flour (Ingredient, components may vary), Water, Fresh Ground 100% Whole Whea Flour, Calamata Olives (Ingredient components may vary), Parmesan Cheese (Ingredient components may vary), Honey, Sun Dried Tomatoes (Ingredient components may vary), Yeast, Sa Eggs, Oregano, Basil, Black Pepper. CONTAINS: WHEAT, MILK, EGGS, AND SOY.
Peanut Butter Chocolate Chip	180	6	1.5	0	0	300	27	2	8	5	Enriched White Flour (Ingredient components may vary), Water, Natural Peanut Butter (Ingredient components may vary), Chocolate Chips (Ingredient components may vary), Honey, Yeast, Salt, Eggs. CONTAINS:WHEAT, PEANUTS, SOY, MILK AND EGGS
Pecan Swirl	190	7	2	0	5	190	27	4	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Pecans, Honey, Butter (Milk), Yeas Salt, Ground Cinnamon, Eggs. CONTAINS: WHEAT, PECANS, MILK, EGGS, AND SOY.
Pizza Bread	140	4.5	1.5	0	15	450	19	2	4	7	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Mozzarela Cheese (Ingredient components may vary), Enriched White Flour (Ingredient components may vary Water, Pepperoni (Ingredient components may vary), Honey, Eggs, Yeast, Salt, Dried Onion, Parsk Oregano, Basil. CONTAINS: WHEAT, MILK, SOY, AND EGG
Рореуе	120	1	0.5	0	5	370	22	2	4	5	Enriched White Flour (Ingredient components may vary), Water, Spinach, Fresh Ground 100% Who Wheat Flour, Honey, Parmesan Cheese (Ingredient components may vary), Red Peppers (Ingredient components may vary), Yeast, Salt, Eggs, Dried Onion, Dried Garlic. CONTAINS: WHEAT, SOY, EGGS, AND MILK
Papeye (100% Whole Wheat)	120	1.5	0.5	0	5	360	21	3	4	6	Golden Fresh Ground 100% Whole Wheat Flour, Water, Spinach, Honey, Parmesan Cheese (Ingredient components may vary), Red Peppers (Ingredient components may vary), Eggs, Yeast Salt, Dried Onion, Dried Garlic. CONTAINS: WHEAT, MILK, SOY, AND EGGS
Potato Chive	150	2	1	0	5	440	29	1	4	4	Enriched White Flour (Ingredient components may vary), Water, Dehydrated Potatoes (Ingredient components may vary), Honey, Butter (Milk), Yeast, Roasted Garlic, Salt, Eggs, Black Pepper, Chives. CONTAINS: WHEAT, MILK, SOY, AND EGG



BREAD NUTRITION

A warm fresh slice of the good life

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Pumpernickel Rye	120	0.5	o	o	0	330	23	5	2	5	Fresh Ground 100% Whole Wheat Flour, Water, Rye Rour, Pumpernickel Rye Rour, Molasses, Yeast, caramel color, Salt, Caraway Seeds, Eggs. CONTAINS: WHEAT, EGGS, AND SOY
Pumpkin Swirt	140	2	0.5	o	5	190	29	2	12	3	Enriched White Flour (Ingredient components may vary), Water, Brown Sugar, Pumpkin (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Honey, Walnuts, Butter (Milk), Yeast, Salt, Eggs, Pumpkin Pie Spice (Ingredient components may vary). CONTAINS: WHEAT, MILK, EGGS, SOY, AND WALNUTS.
Raisin Cinnamon Chip	150	2.5	0.5	0	0	240	28	3	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Cinnamon Chips (Ingredient components may vary), Raisins, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK AND EGG
Raisin	130	0	О	0	0	310	27	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Molasses, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Red, White and Blueberry	140	0	О	o	5	360	30	1	8	3	Enriched White Flour (Ingredient components may vary), Water, Honey, Dried Cherries (Ingredient components may vary), Blueberries, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGGS.
Rosemary Gartic	130	0.5	О	О	О	320	24	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Sonoma	160	4	1.5	o	20	135	26	3	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Eggs, Dried Cranberries (Ingredient components may vary), Golden Raisins (Ingredient components may vary), Pumpkin Seeds, Butter (Milk), Sunflower Seeds, Yeast, Raw turbinado sugar, Salt, Orange, Lemon, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, EGGS, MILK, AND SOY.
Spinach Feta	130	3	2	o	15	400	19	2	4	5	Feta Cheese (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Water, Fresh Ground 100% Whole Wheat Flour, Spinach, Honey, Eggs, Yeast, Salt, Dried Garlic, Oregano, Black Pepper. CO
Star Spangled Swirl	150	1.5	0.5	0	5	220	30	4	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Blueberries (Ingredient components may vary), Dried Cherries (Ingredient components may vary), Honey, Dried Apples (Ingredient components may vary), Brown Sugar, Eggs, Yeast, Butter (Mik), Blueberries, Salt. CONTAINS: WHEAT, EGG, SOY, AND MILK
Stuffing Bread	100	0	О	0	0	250	20	3	4	4	Fresh Ground 100% Whole Wheat Flour, Water, Onion, Celery, Honey, Yeast, Salt, Eggs, Thyme, Black Pepper, Sage. CONTAINS: WHEAT, EGGS, AND SOY.
Sunflower	140	3	0	0	0	300	24	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Swedish Rye	130	1	о	o	o	380	27	3	7	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Enriched White Flour (Ingredient components may vary), Rye Flour, Yeast, Orange, Salt, Sesame Seeds, Eggs, Caraway Seeds, Anise Seed. CONTAINS: WHEAT, SOY, AND EGG
Trail Bread	140	2	0	0	0	290	25	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Honey, Sunflower Seeds, Yeast, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Tuscan Herb	120	0.5	o	0	0	250	23	4	5	5	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Honey, Water, Yeast, Salt, Eggs, Dried Garlio, Parmesan Cheese (Ingredient components may vary), Dried Onion, Basil, Oregano, Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Walnut Raisin Rosemary Blue Cheese	150	4	1.5	0	10	330	22	3	5	6	Fresh Ground 100% Whole Wheat Flour, Water, Blue Cheese, Honey, Walnuts, Raisins, Yeast, Molasses, Eggs, Salt, Rosemary. CONTAINS: WHEAT, MILK, EGG, WALNUTS, AND SOY.
White Chocdate Cherry Swirl	150	2.5	1.5	0	5	250	31	1	в	3	Enriched White Flour (Ingredient components may vary), Water, Dried Chemies (Ingredient components may vary), White Chocolate Chips (Ingredient components may vary), Honey, Brown Sugar, Butter (Milk), Yeast, Eggs, Salt, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, SOY, EGGS, AND MILK
White	130	0	0	0	0	400	29	f	5	4	Enriched White Flour (Ingredient components may vary), Water, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Whole Grain Goodness	140	3	0	0	0	240	22	4	4	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Eggs, Millet, Barley, Flax Seeds, Yeast, Pecans, Oat Bran, Salt, Almonds. CONTAINS: WHEAT, PECANS, SOY, AND ALMONDS

Great Harvest

Bread Co?

JULY 2015 BREAD SCHEDULE

415 TALCOTTVILLE RD. VERNON, CT 06066 860-454-4202



CLOSED SATURDAY JULY 4TH

MONDAY

colonial brown bread (new) (M) \$7.25 cinnamon raisin walnut (H) \$6.00 everything (W) \$5.75 ninegrain (H) \$6.50

TUESDAY

high 5 fiber (H) \$6.50 onion dill rye (W&R) \$6.25 anadama (M) \$6.25 ninegrain (H) \$6.50

WEDNESDAY

white cinnamon raisin (W) \$5.75
apple scrapple (M) \$6.25
woodstock (H) \$6.50
bakers choice:
(1st spel t \$5.75
Bth- foccacia (W) \$5.50
15th- swedish limpa (W&R) \$6.25
22nd- foccacia (W) \$5.50
29th- peanut butter chocolate chip (W) \$5.75)

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 anadama (M) \$6.25 woodstock (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 breakfast blast (H) \$5.75 trailmix (H) \$6.50

SATURDAY CLOSED JULY 4TH

stuffed potato (W) \$6.50 cinnamon raisin (H) \$5.75 popeye (M) \$5.75 pumpernickel rye (H&R) \$6.25



www.facebook.com/ great.harvest.bread.vernon.ct

EVERYDAY BREADS

honey whole wheat \$5,25 country white \$5,00

DAILY SWEETS

cookies \$1.85 + tax or 6/\$8.75 scores \$2.12 + tax quick breads \$7.00 muffins \$2.12 + tax

OTHER ITEMS

dog bones \$7.00

FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

HOURS:

MONDAY - FRIDAY 6:30 AM - 6:30 PM
SATURDAY 6:30 AM - 5:00 PM
CLOSED SUNDAY
CLOSED JULY 4TH
ORDERS WELCOME (860) 454-4202



CELEBRATE A SAFE 4TH OF JULY





WE WILL BE CLOSED SATURDAY JULY 4TH.







OUTDOOR SUMMER FUN

All made fresh in our store.

Take them camping, just add oil, water and an egg.

TRAIL MIX

A great treat anytime.

GRANOLA

Take along some of our fresh granola on your next hiking or road trip.,

JOIN GREAT HARVEST AT THE FARMERS MARKETS

HEBRON (corner of Rt 85 & 66) every Saturday from 9:00am to 12:30pm.

Great Harvest Bread Co: Tulsa, OK / 918-878-7878 / www.tulsaok.greatharvestbread.com



BREAD!

Enjoy the taste of Thanksgiving stuffing in a hearty loaf of Great Harvest bread! This simply delicious bread is flavored with sage, thyme, salt & pepper in our famous freshly ground whole wheat dough. We chop up the onions and celery, and hand knead the veggie mix into every loaf! Use this bread as the starting point for your own stuffing, or slice it up to make turkey sandwiches (that taste like a meal when covered with hot left over gravy). Either way, Stuffing Bread is a great addition to any holiday meal.

NOVEMBER BREADS

EVERYDAY Honey Whole Wheat · Harvest White · Dakota

Pumpkin Chocolate Chip

MONDAY High 5 Fiber • Hummus Bread • Extreme Cinnamon Swirl

TUESDAY Cranberry Walnut Flax · Asiago Pesto · Cinnamon Chip

Jewish Apple Coffee Cake

WEDNESDAY Cranberry Orange · Low Carb Dakota

STUFFING BREAD · Extreme Cinnamon Swirl

THU RSDAY Pumpkin Swirl • Spinach Feta • Cinnamon Crunch

Cranberry Orange Pound Cake

FRIDAY White Chocolate Cherry Swirl · Superfood Bread

Cheddar Garlic · Strawberry Shortcake

SATURDAY Woodstock • Trail Bread

Pepper jack Cornbread • Lemon Blueberry

THANKSGIVING WEEK MENU

We will follow a special Thanksgiving Week bread and sweets schedule from Monday, Nov 24th through Wednesday, Nov 26th. Our Thanksgiving menu and order form will be available online at www.tulsaok.greatharvest.com, or you can stop in at the bakery and pick up a copy. Please order early so we can have your Thanksgiving order waiting for you!

EVERYDAY Brownies · Power Bars · Trek Bars · Pumpkin Chocolate Chip Muffins

Cinnamon Rolls & Cinnamon Twist Muffins

MONDAY Dillon Cookies • Pumpkin Scones • Oat Berry Muffins

Savory Breakfast Biscuits • Pumpkin Bars • Savannah Bars

TUESDAY Salted Caramel Cookies • Cinnamon Chip Scones • Orange Burst Muffins

Whole Wheat Coffee Cake · Peppermint Brownies WEDNESDAY Chocolate Chip Cookies · Savory Breakfast Biscuits

Cranberry Almond Scones · Ultra Io-fat Cinnamon Apple Muffins

Lemon Bars . Savannah Bars

THURSDAY Ginger Bop Cookies • Cranberry Orange Scones

Cranberry Orange Muffins · Oat Berry Muffins · S'more Bars

FRIDAY Monster Cookies · Lo-fat Cran Flax Cookies

Maple Oatmeal Scones • Morning Glory Muffins • Pumpkin Bars

Savannah Bars

SATURDAY Peanut Butter Chocolate Chip Cookies • Cappuccino Muffins

White Chocolate Raspberry Scones • Lemon Blueberry Muffins

Lemon Bars

BAKERY HOURS: Monday-Friday 7 am to 6pm, Saturday 7 am to 4pm, closed Sundays for a little Loafin'



NOVEMBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON, CT 06 066 (860) 454-4202

ghbreadct.com

HOLIDAY ORDERS ALL ORDERS FOR MUST BE MADE BY MONDAY NOVEMBER 16TH.

No phone/email/social media orders Thanksgiving week

Monday

pumpkin swirl (M) \$7.50 onion dill rye (H&R) \$6.25 dakota (H) \$6.50 pesto parmesan (W&H) 6.25 23'd - virginia white or virginia wheat rolls \$6.50 per dozen

TUESDAY

anadama (M) \$6.50 everything (W) \$5.75 sunflower millet flax (H) \$6.50 cranberry orange (H) \$6.50 24th - virginia white or virginia wheat rolls \$6.50 per dozen

WEDNESDAY

apple cinnamon oatmeal (M) \$6.25
trail mix (H) \$6.50
bakers choice:
4th - spelt \$5.75,
1th - stuffing bread (H) \$7.25, swedish limpa (H&R) \$6.25
18th - stuffing bread (H) \$7.25, cornbread (W) 5.75
25th - stuffing bread (H) \$7.25, pumpkin nut spice (W) \$6.50
cinnamon chip (W) \$4.75, white cheddar garlic (W) \$6.

cinnamon chip (W) \$4.75, white cheddar garlic (W) \$6.50, swedish limpa (H&R) \$6.25 virginia white or virginia wheat rolls \$6.50 per dozen quick breads - chocolate fudge brownie, blueberry, blueberry cranberry, pumpkin & pumpkin chocolate chip

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 white cinnamon raisin (W) \$5.75 ninegrain (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pumpkin nut spice (W) \$6.50 woodstock (H) \$6.50 pepperoni roll (W) \$7.25 sweet pepper roll (W) \$7.25

SATURDAY

stuffed potato (W) \$6.50 cinnamon raisin walnut (H) \$6.00 popeye (W&R) \$6.00 american rye (W&R) \$6.25

EVERYDAY BREADS

honey whole wheat (H) \$5.25 country white (W) \$5.00

PRE ORDER YOUR VIRGINIA WHITE OR WHEAT ROLLS

Sold by the dozen

HOLIDAY HOURS: WEDNESDAY NOVEMBER 25TH 6:30AM - 5:00 PM

CLOSED THURSDAY NOVEMBER 26TH
THROUGH
SUNDAY NOVEMBER 29TH

STORE HOURS:
MONDAY - FRIDAY 6:30AM - 6:30PM
SATURDAY 6:30AM - 5:00PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202



THANKSGIVING SPECIALS: CHECK OUR SPECIAL BREADS FOR MONDAY THE 23RD TUESDAY THE 24TH AND WEDNESDAY THE 26TH



ALL ORDERS <u>MUST</u> BE PLACED BY MONDAY NOVEMBER 16TH

Pre-order and pre-pay your Thanksgiving bread, rolls & sweets for an easy pickup.

TURKEY STUFFING WITH GREAT HARVEST BREAD ** (PURCHASE ON WEDNESDAY NOVEMBER 18TH) **

Stuffing for a 12-16 pound Turkey 1 loaf of **Great Harvest Stuffing Bread** 1 stick or 1/2 cup of Sweet Cream Butter 1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of softened butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Mix well. Place in a pan on your stove top, cover the pan, heat until liquid absorbs and stuffing is hot. Or place in a casserole dish.

THANKSGIVING ROLLS

Bring a harvest of flavor to your holiday table with light and buttery VIRGINIA ROLLS made from wheat or white flour, Sold by the dozen only at \$6,25 per dozen.

We can also make rolls from most of our breads, just add 50 cents to the bread price.

LOVE YOUR LEFTOVERS!

Our STUFFING BREAD tastes just like homemade stuffing and makes the ultimate leftover turkey sandwich when joined by turkey, cranberries, and cover in gravy.

CLOSING REMINDER:



Wednesday November 25th closing at 5:00pm. Bakery closed Thursday, November 26th through Sunday, November 29th for a much kneaded rest. Reopening on Monday, November 30th.



TURKEY STUFFING

With Great Harvest Stuffing Bread

** (purchase the Wednesday before
Thanksgiving week) **

12-16 pound Turkey 1 loaf of Great Harvest Stuffing Bread 1 stick or 1/2 cup of Sweet Cream Butter 1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Place stuffing inside of turkey cavity and bake a normal.

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Thanksgiving week) ****

12-16 pound Turkey 1 loaf of Great Harvest Stuffing Bread 1 stick or 1/2 cup of Sweet Cream Butter 1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Place stuffing inside of turkey cavity and bake a normal.

TURKEY STUFFING

With Great Harvest Stuffing Bread

** (purchase the Wednesday before
Thanksgiving week) **

12-16 pound Turkey 1 loaf of Great Harvest Stuffing Bread 1 stick or 1/2 cup of Sweet Cream Butter 1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Place stuffing inside of turkey cavity and bake a normal.



THANKSGIVING SCHEDULE



MONDAY NOVEMBER 23RD 6:30AM - 6:30PM

pumpkin swirl (M) \$7.50 onion dill rye (H&R) \$6.25 dakota (H) \$6.50 pesto parmesan (W&H) 6.25 virginia white or virginia wheat rolls \$6.50 per dozen

TUESDAY NOVEMBER 24TH 6:30AM - 6:30PM

anadama (M) \$6.50 everything (W) \$5.75 sunflower millet flax (H) \$6.50 cranberry orange (H) \$6.50 virginia white or virginia wheat rolls \$6.50 per dozen

WEDNESDAY NOVEMBER 25TH 6:30AM - 5:00PM

apple cinnamon oatmeal (M) \$6.25
trail mix (H) \$6.50
stuffing bread (H) \$7.25
pumpkin nut spice (W) \$6.50
cinnamon chip (W) \$5.75
white cheddar garlic (W) \$6.50,
swedish limpa (H&R) \$6.25
virginia white or virginia wheat rolls \$6.50 per do zen
quick breads - chocolate fudge brownie, blueberry,
blueberry cranberry, pumpkin & pumpkin chocolate chip



Place your orders through Tuesday, November 16th 860-454-4202





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BREAD NUTRITION

Nutritice information may vary takeny to takeny please sheek with your total bakeny for the mout accurate sutritics, in gradient, and alleged information

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Platifice information may vary takeny to takeny please sheek with your local bakeny for the most assurate satisfies, ingredient, as dialleged information

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BREAD NUTRITION

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Platitics information may vary takeny to takeny please at esk with your local bakeny for the most source surities, in geolest, as dialeges information

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#Great Harvest Bread Co.



This bread is so good it's scary! It's our delicious, homemade whole wheat dough mixed with real pumpkin & pumpkin pie spice. We roll it out, top it with brown sugar & walnuts, then roll the whole thing up with all the ingredients swirled together on the inside. Every slice you get is pumpkin-y sweet, with a bit of spice and lots of whole wheat! Not only that, but it makes a great autumn gift. Don't miss this tasty treat! Enjoy Pumpkin Swirl for breakfast, or dessert with any lunch or dinner meal. Don't forget to pack a slice in your child's Halloween lunch, it's sure to bring those hugs and kisses swirlin' in!



OCTOBER BREADS

EVERYDAY Honey Whole Wheat . Harvest White

Pumpkin Chocolate Chip

MONDAY High 5 Fiber · Cheddar Garlic · PUMPKIN SWIRL

TUESDAY Ezekiel Bread · Asiago Pesto

Cranberry Flax • Jewish Apple Coffee Cake

WEDNESDAY Low Carb Dakota · Onion Dill Rye

Cinnamon Raisin . Iced Cinnamon Raisin

THURSDAY Superfood Bread · Spinach Feta

PUMPKIN SWIRL · Cranberry Orange Pound Cake

FRIDAY Dakota · Cinnamon Chip · Cheddar Garlic

SATURDAY Hummus Bread · Rock Island Trail Bread

Lemon Blueberry





SWEETS SO SWEET IT'S SCARY!

EVERYDAY Brownies · Power Bars · Pumpkin Chocolate Chip Muffins

Cinnamon Rolls & Cinnamon Twist Muffins

MONDAY Dillon Cookies · Oat Berry Muffirs · Savory Breakfast Biscuits

Pumpkin Bars

TUESDAY Oatmeal Raisin Cookies · Pumpkin Spice Scones

Lo-fat Yum Yum Brownie Muffins · Savannah Bars

WEDNESDAY Chocolate Chip Cookies • Savory Breakfast Biscuits Lo-fat Cran-Blue Yogurt Muffins • Lemon Bars

THURSDAY Ginger Cookies · Cranberry Orange Scones · Kahuna Bars

Cranberry Orange Muffins · Oat Berry Muffin

FRIDAY Monster Cookies • Lo-fat Cran Flax Cookies • Chocolate Chip Scones

Savory Breakfast Biscuits • Morning Glory Muffins

Pumpkin Bars • Savannah Bars

SATURDAY Peanut Butter Chocolate Chip Cookies · Berry Cream Cheese Scones

Cappuccino Muffins · Lemon Blueberry Muffins · Lemon Bars

BAKERY HOURS: Monday-Friday, 7am to 6pm, Saturday 7am to 4pm Closed Sundays for a little Loafin'



OCTOBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE ROAD VERNON CT (860) 454-4202

www.ghbreadct.com

EVERYDAY BREAD

honey whole wheat \$5,25 country white \$5,00

MONDAY

pumpkin swir1 (M) \$7.50 autumn apple bread (M) \$6.50 **NEW** everything (W) \$5.75 woodstock (H) \$6.50

TUESDAY

pesto parmesan (G) \$6.50 cranapple white (W) \$6.00 anadama (M) \$6.50 trailmix (H) \$6.50

WEDNESDAY

apple scrapple (M) \$6.50 ninegrain (H) \$6.50 bakers choice:

(7th - spelt \$5.75, swedish limpa (H&R) \$6.25,

14th -foccacia (W) \$5.50, swiss cracked pepper (W) \$6.50,

21st - foccacia (W) \$5.50, swedish limpa (H&R) \$6.25,

28th - swiss cracked pepper (W) \$6.50 peanut butter chocolate chip \$5.75)

DAILY SWEETS

cookies \$1.65 + tax or 6 for \$8.25 scones 1.65 + tax muffins \$1.65+ tax

SANDWICHES

Made fresh daily to order 10:00am - 4:00pm Check out our sandwich menu in the store.



FRIDAY OCTOBER 30[™] AND SATURDAY OCTOBER 31ST

Witches Fingers (white dough with green food coloring) 50 cents each or a hand for \$2.00



THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 pumpkin nut spice (W) \$6.25 ninegrain (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pepperoni roll or sweet pepper roll (W) \$7.25 dakota (H) \$6.50

SATURDAY

pumpernickel rye (R&H) \$6.25 apple cinnamon oatmeal (M) \$6.25 popeye (G) \$6.00 stuffed potato (W) \$6.50



FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

STORE HOURS:
MONDAY - FRIDAY 6:30AM - 6:30PM
SATURDAY 6:30AM - 5:00PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202

HALLOWEEN AT GREAT HARVEST

SATURDAY, OCTOBER 31ST DRESS UP IN YOUR BEST HALLOWEEN COSTUME AND TRICK OR TREAT AT GREAT HARVEST BREAD.

WE WILL BE HANDING OUT CANDY TO ALL COSTUMED CHARACTERS.

Friday October 30th & Saturday October 31st Witches Fingers
(white dough with green food coloring)

50 cents each or a hand for \$2.00 (supplies are limited based on the number of witches we can capture)

FALL MEANS PUMPKIN AND APPLE SEASON



STOP IN FOR YOUR FAVORITE BREADS: PUMPKIN SWIRL, PUMPKIN NUT SPICE, APPLE CINNAMON OATMEAL, CRANAPPLE WHITE

YOU CAN'T FORGET: PUMPKIN AND PUMPKIN CHOCOLATE CHIP MUFFINS, PUMPKIN CHOCOLATE CHIP SCONES



visit our website at: www.ghbreadct.com also find us on Facebook www.facebook.com/ great.harvest.bread.vernon.ct





Don't forget the treats!

The perfect assortment of Great Harvest sweets for a morning meeting, a lunch gathering, or a thank-you for the office.

Tray of Treats

Large...\$45.00 (serves 36-40) Small...\$22.00 (serves 12-30) Includes a specialty loaf of the day, tea cake of the day, and an assortment of muffins, scores and cookies.

Bakery Breakfast Box...\$0.00

Includes a fresh giant cinnam on roll, muffin or other specialty breakfast item, served with a side of fruit, homemade granola, and a bottle of Welch's 100% juice.

The Great Big Cookie Box \$15.00 per dozen

Varieties include oatmeal chocolate chip, oatmeal raisin, peanut butter, snickerdoodle, turtle and original oatmeal.

Catering Options

Sandwich Trays

Small...\$00.00 (12 sandwiches)
Medium...\$00.00 (24 sandwiches)
Large...\$00.00 (36 sandwiches)
Includes a specialty loaf of the day,
tea cake of the day, and an assortment
of muffins, scones and cookies.

Harvest Box Lunches...\$0.00

Includes a fresh giant cinnamon roll, muffin or other specialty breakfast item, served with a side of fruit, homemade granola, and a bottle of Welch's 100% juice.

Additional Offerings

Additional Item no 1...\$0.00

Description of additional item 1 can be entered here. Description of additional item 1 can be entered here.

Additional Item no 2...\$0.00

Description of additional item 2 can be entered here. Description of additional item 2 can be entered here.

Additional Item no 3...\$0.00

Description of additional item 2 can be entered here. Description of additional item 2 can be entered here.

Please Consider When Placing Your Order:

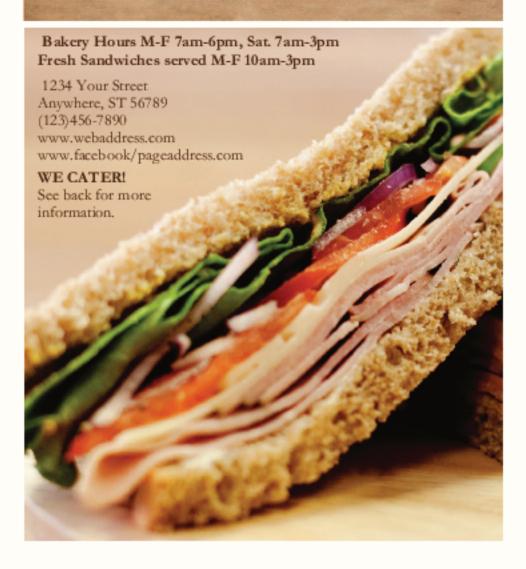
- * Place your order by calling or stopping by the bakery.
- * Orders of 10 or more must be placed before 10 a.m., please.
 - * We're happy to deliver for lunch orders of 15 or more.
- * Lunches come brown bagged. Box lunch option available- \$0.00 extra
 - * Order 24 hours in advance to ensure availability.
- * We gladly deliver. Prices vary according to distance. Please check with us regarding your location.
 - * Payment to be made at time of order.

We gladly accept Visa, Discover, Mastercard and American Express.

Great Harvest Bread Co. Sandwiches & Panini



Where the outside is as good as the inside!



Breakfast Sandwiches

Served between 8 am-11am on our freshly baked whole wheat or white bread, cheese choices: Swiss, American, Provolone or Cheddar.

Egg Sandwich...\$0.00 Egg & Cheese...\$0.00 Egg, Bacon & Cheese...\$0.00 Egg, Ham & Cheese...\$0.00

Great Harvest Classic Sandwiches

All Classic Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, white wine Dijon mustard, mayonnaise, salt and pepper and your choice of sandwich bread.

Ham & Swiss...\$0.00

Tender slices of honey smoked ham and Swiss cheese

Turkey & Swiss...\$0.00

Lightly smoked turkey breast and Swiss cheese

Roast Beef...\$0.00

Sliced roast beef and aged provolone



Great Harvest Cold Signature Sandwiches

All Cold Signature Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, salt and pepper, and with the recommended bread of your choice of sandwich bread.

California Cobb...\$0.00

Fresh avocado, smoked turkey breast, and crispy bacon, with a bleu cheese spread and honey whole wheat bread

Pepper Bleu Roast Beef...\$0.00

Roast beef with bleu cheese spread, on caraway rye bread.

Country Smoked Turkey...\$0.00

Smokey turkey breast, roasted peppers and onions with balsamic vinegar dressing on focaccia bread

Louisville Chicken Salad...\$0.00

Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with sweet & spicy pecans

Tuna Salad...\$0.00

Chunk white albacore tuna with a seasoned mayonnaise dressing

Harvest Veggie...\$0.00

Fresh pepper rings, cucumber slices, provolone and cheddar cheeses with red pepper garlic spread on honey whole wheat bread

Peanut Butter & Jelly...\$0.00

Creamy peanut butter and grape jelly on white bread

Great Harvest Hot Signature Sandwiches

All Hot Signature Sandwiches served fresh off the steamer and grill to melt in your mouth!

BLT...\$0.00

Crispy smoky bacon, ripe tomatoes, romaine lettuce, salt and pepper and mayonnaise on white bread toasted in the panini grill

Tuscan Chicken Panini...\$0,00

Aged provolone melted over grilled chicken breast, thin sliced red onion, romaine lettuce, tomato, salt and pepper and a sun dried tomato pesto spread on focaccia bread.

Smoky BBQ Cheddar Chicken Panini...\$0.00

Grilled chicken breast, thin sliced red onions, romaine lettuce, tomato, salt and pepper, smoky honey BBQ sauce, melted sharp cheddar and crisp bacon on focaccia bread

Spicy Smoked Turkey & Pepper Jack Panini,...\$0,00

Smoked turkey breast, melted pepper jack cheese, roasted onions and peppers, romaine lettuce, salt and pepper and tomato with a spicy southwest mayonnaise on caraway rye bread

Mile High Rye...\$0.00

Smoked turkey and roast beef with melted Swiss, thin sliced red onion, romaine lettuce, tomato, salt and pepper, and roasted garlic and dill spread on caraway rye bread

Roast Beef Panini...\$0.00

Roast beef, roasted peppers and onions, melted aged provolone, romaine lettuce, tomato and salt and pepper with a red pepper garlic cheese spread on focaccia

"GHBC" Grilled Cheese Panini...\$0.00

A twist on the traditional sandwich served with a garlic and herb spread and two cheeses, sharp cheddar and Swiss on white bread; this sandwich is also available with honey smoked ham, crisp bacon and/or sliced tomato with an additional cost



Area For Extra Information

Utilize this space to mention meal combos, box lunches, drinks etc.

Item Listed Here...\$0.00

Extra information about this item can be placed here in order to provide your customers a brief description

Item Listed Here...\$0.00

Extra information about this item can be placed here in order to provide your customers a brief description



SEPTEMBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON, CT 06066 (860) 454-4202

www.ghbreadct.com



MONDAY

white cinnamon raisin (W) \$5.75 pesto parmesan (M) \$6.50 colonial brown bread (M) \$6.50 ninegrain (H) \$6.50

TUESDAY

anadama (M) \$6.50 breakfast blast (M) \$5.75 onion dill rye (W&H&R) \$6.25 sunflower millet flax (H) \$6.50

WEDNESDAY

apple scrapple (M) \$6.50 woodstock (H) \$6.50 bakers choice:

(2nd - spelt \$5.75, pizza roll (W) \$6.00

9^h - swiss cracked pepper (W) \$6.50, jalapeño cornbread (W) \$6.50

16th - swedish limpa (H&R) \$6.25, pizza roll (W) \$6.00

23rd - swiss cracked pepper (W) \$6.50, jalapeño cornbread (W) \$6.50 30th - pizza roll (W) \$6.00, peanut butter chocolate chip (W) \$5.75)

THUR SDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 cinnamon raisin walnut (H) \$6.00 trailmix (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pepperoni roll (W) \$7.25 sweet pepper roll (W) \$7.25 dakota (H) \$6.50

SATURDAY

stuffed potato (W) \$6.50 white cinnamon raisin walnut (W) \$6.00 pumpernickel rye (H&R) \$6.25 popeye (M) \$5.75 visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct



EVERY DAY BREADS

honey whole wheat \$5,25 country white \$5,00

DAILY SWEETS

cookies \$1,74 + tax or 6/\$8,75 scones \$2,12 + tax muffins \$2,12 + tax

STORE HOURS:
MONDAY - FRIDAY 6:30 AM - 6:30 PM
SATURDAY 6:30 AM - 5:00 PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202



visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct



BACK TO SCHOOL

Remember to pack your child a healthy lunch with a sandwich made from our <u>sliced</u> whole wheat breads. Honey whole wheat, anadama, colonial brown bread, many of our seeded breads and country white.

Call and reserve your loaf.

START WITH BREAKFAST

Send the kids off to school prepared for a productive day with a healthy breakfast. Great Harvest breads are loaded with complex carbohydrates that supply the brain and body with energy all day long. Both memory and verbal skills benefit from a nutritious breakfast.

Try something different, make French Toast with many of our great breads:

CINNAMON CHIP, CHALLA, CINNAMON BREAD AND WHITE CINNAMON RAISIN WITH OR WITHOUT WALNUTS.





COLLEGE BOUND

Don't forget the kids going off to college. Give them a Great Harvest care package filled with their favorite goodies.



visit our website at: www.ghbreadct.com





JUNE 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON CT 06066 (860) 454-4202

www.ghbreadct.com



EVERYDAY BREADS

honey whole wheat \$5,25 country white \$5,00

MONDAY

american rye (W&R) \$6.25 cinnamon raisin (H) \$6.00 popeye (M) \$5.75 dakota (H) \$6.50

TUESDAY

amadama (H) \$6.25 cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 ninegrain (H) \$6.50

WE DWESD AY

american rye (W&R) \$6.25 cinnamon raisin (H) \$6.00 popeye (M) \$5.75 dakota (H) \$6.50

THURSDAY

amadama (H) \$6.25 cinnamon chip (W) \$5.75 trailmix (H) \$6.50 white cheddar garlic (W) \$6.50

FRIDAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 cinnamon raisin (H) \$6.00 dakota (H) \$6.50

SATURDAY

american rye (W&R) \$6.25 cinnamon chip (W) \$5.75 popeye (M) \$5.75 ninegrain (H) \$6.50 www.facebook.com/ great.harvest.bread.vernon.ct

FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

DAILY SWEETS

Cookies \$1.74 + tax or 6/\$8.75

oatmeal walnut choc. chip oatmeal raisin snickerdoodle peanut butter peanut butter choc. chip

Scones \$2.12 + tax

cinnamon chip blueberry peanut butter choc. chip

Quick breads \$7.00 / Muffins \$2.12 + tax

pumpkin chocolate chip blueberry coffeecake coconut

Bars \$1.65 + tax

power bars breakfast bars harvest bars

Other Items

dog bones \$3.00 croutons \$3.50

HOURS:

MONSDAY - FRIDAY 6:30AM - 6:30PM SATURDAY 6:30AM - 5:00PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202



AUGUST 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD **VERNON, CT 06066** (860) 454-4202

www.ghbreadct.com



MONDAY

colonial brown bread (M) \$6.50 cinnamon raisin walnut (H) \$6.00 everything (W) \$5.75 sunflower millet flax (H) \$6.50

visit our fan page at www.facebook.com/ great harvest bread vernon ct

TUESDAY

anadama (M) \$6.25 onion dill rye (H) \$6.25 cornbread (W) \$5.75 woodstock (H) \$6.50

EVERYDAY BREADS

DAILY SWEETS

cookies \$1.74 + tax or 6/\$8.75

scones 2.12 + tax

muffins \$2.12 + tax

honey whole wheat \$5.25 country white \$5.00

WEDNESDAY

apple scrapple (M) \$6.25 foccacia (W) \$5.50 ninegrain (H) \$6.50

bakers choice:

(5th -speit \$5.75, jalapeno cornbread (W) \$6.50 12th - swedish limpa (H&R), \$6.25, pizza roll (W) \$5.50 19th - Jalapeno combread (W) \$6.50, pizza roll (W) \$5.50

26 th - swedish limpa (H&R) \$6.25, peanut butter chocolate chip (W) \$5.75)

THURS DAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 caraway rye (H&R) \$6.25 trailmix (H) \$6.50

FRI DAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 dakota (H) \$6.50 pepperoni roll or sweet pepper roll (W) \$7.25

FLOUR INDICATOR H - WHOLE WHEAT W - WHITE R - RYE MIX WHITE & WHOLE WHEA

SATURDAY

american rye (W&R) \$6.25 stuffed potato (W) \$6.50 popeye (M) \$5.75 cinnamon raisin (H) \$5.75

MONDAY - FRIDAY 6:30 AM - 6:30 PM SATURDAY 6:30 AM - 5:00 PM CLOSED SUMDAY ORDERS WELCOME (860) 454-4202





FRESH FROM THE GARDEN

Try our fresh Jalapeno Cornbread. made fresh August 5th and 19th. They go very fast, so order yours before they sell out.

TOO HOT TO COOK

Our Pizza roll, Pepperoni and Sweet Roasted Pepper Rolls are quick and easy lunch or dinners.





JOIN GREAT HARVEST BREAD AT THE FARMERS MARKETS

HEBRON (corner of Rt 85 & 66) every Saturday from 9:00am to 12:30pm.

And

Botticello Farms Saturday, August 8th 11:00am to 2:00pm 209 Hillstown Rd., Manchester





Fresh from our Bakery

Bakery Box Lunch

\$7.99, Classic Sandwich

\$8.99, Signature Sandwich

Individual box lunches including your choice of sandwich made on fresh baked bread, chips, a pickle and a giant Great Harvest cookie.

Sandwiches feature our famous 100% whole grain Honey Whole Wheat bread made with 5 simple ingredients: wheat, water, honey, yeast and salt.

Classic Sandwiches:

Ham & Swiss, Turkey Swiss, and Roast Beef & Provolone.

Signature Sandwiches:

Harvest veggie, Pepper Blue Roast Beef, California Cobb, Chicken Salad and Tuna Salad.

Add \$1.00 for individual boxes (rather than bags).

Sandwich Platter

6 Classic Sandwich Platter...\$33

6 Signature Sandwich Platter...\$39

12 Classic Sandwich Platter...\$65

12 Signature Sandwich Platter...\$77

Sandwiches platters are a great option for offering a variety of choices. Sandwiches are halved. Mayo and mustard packets are included.

Larger sandwich orders are available upon request,





Fresh from our Bakery

Bakery Box Lunch

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\$8.99, Signature Sandwich

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Add \$1.00 for individual boxes (rather than bags).

Sandwich Platter

6 Classic Sandwich Platter...\$33

6 Signature Sandwich Platter...\$39

12 Classic Sandwich Platter...\$65

12 Signature Sandwich Platter...\$77

Sandwiches platters are a great option for offering a variety of choices. Sandwiches are halved. Mayo and mustard packets are included.

Larger sandwich orders are available upon request.





Salad \$40 Add chicken for \$7.50

A fresh mix of spinach and spring mix lettuce with wedges of tomatoes, sliced onions, craisins, sliced almonds, strawberries, feta cheese, croutons and a light raspberry vinaignette dressing.

Soup

\$12

Choose from a variety of soups including our Chicken & Noodle, Stuffed Green Pepper with Beef, Cheddar Broccoli, and many more. Each soup (32oz) order includes fresly baked rolls. Ideal for groups up to 4.

The Great Big Cookie Box

\$17.00, Bakers dozen

Choose from chocolate chip, snickerdoodle, peanut butter chocolate chip, dillon, and more. Varieties change daily.

Sweets Spot

Large...\$60 (25 item assortment) Small...\$33 (15 item assortment)

These boxes include an assortment of muffins, bars and scones. The large box also includes a fresh sliced batter bread.

To order, call Sam or Steph at (918) 878-7878 or visit us at: 5203 S Sheridan Road, Tulsa, OK 74145 Mon-Fri 7am-bpm Sat 7am-4pm

Order 24 hours in advance to ensure availability.
 We gladly deliver. Prices vary according to distance.
 Please check with us regarding your location.
 Payment to be made at time of order. We gladly accept Visa, Discover, Mastercard and American Express.





Salad

\$40

Add chicken for \$7.50

A fresh mix of spinach and spring mix lettuce with wedges of tomatoes, sliced onions, craisins, sliced almonds, strawberries, feta cheese, croutons and a light raspberry vinaignette dressing.

Soup

\$12

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- 1. Order 24 hours in advance to ensure availability.
- We gladly deliver. Prices vary according to distance. Please check with us regarding your location.
- Payment to be made at time of order. We gladly accept Visa, Discover, Mastercard and American Express.





FRESH MADE SANDWICHES

Premium Great Harvest bread combined with select fresh ingredients make a delicious and wholesome sandwich. Come in and let us make one fresh for you!

Ham and Swiss
Turkey and Swiss
Roast Beef and Provolone
Veggie Three-Seed Hummus
Baja Chipotle Turkey
Chimichurri Roast Beef
The Italian
Big Sky Chicken Salad
Peanut Butter & Jelly

- Special -

Ham and Brie

Refer to our sandwich menu for full description of our delicious sandwich options served daily from 11 a.m. - 2 p.m.



Hot Fresh Bread Handcrafted Every Day!

September & October Bread and Sweets Menu

EVERY DAY BREAD

Honey Whole Wheat, Harvest White, Cinnamon Chip, and Savory Biscuits

MONDAY, WEDNESDAY & FRIDAY BREAD

Dakota, Hummus, and Bacon Cheddar Beer - Made with locally-brewed beer!

TUESDAY, THURSDAY, & SATURDAY BREADS

Anadama, Cheddar Garlic and Oregon Herb

MONDAY, WEDNESDAY & FRIDAY SWEETS TREATS

Dillon Cookie, Salted Caramel Cookie, Berry Cream Cheese Scone, Pumpkin Chocolate Chip Muffin and Batter Bread, Savannah Bars, and Brownies

TUESDAY, THURSDAY & SATURDAY SWEET TREATS

Oatmeal Raisin Cookie, Chocolate Chip Hazelnut Scone, Pumpkin Chocolate Chip Muffin and Batter Bread, and Savannah Bar

ADDITIONAL PRODUCTS OFFERINGS

Chocolate Chip Cookie Mix, Pancake Mix, Groovy Granola, 9 Grain Hot Cereal, Cinnamon Raisin Oatmeal Cereal Mix, Corn Bread Mix, Harvest Bars, and Dog Treats

Offering fresh brewed coffee from our local coffee guys!

1234 My Street, City, State 55555 406-123-1234 www.MyWebsite.com www.Facebook.com/myGreatHarvestBread

Hours: M - F: 7 a.m. to 6 p.m. and Sat: 7 a.m. to 5 p.m.

GREAT HARVEST BREAD CO. JOB APPLICATION

Name:	Date	g:
Address:Street	city/state	zip
Phone #:	Best time to call:	
Under 18 years old?	If in school, what year?	
Hours per week desired	(list minimum needed and max.)	
Sunday:	ble hours from 4am to 7pm and days from Mo	
Will your availability lis	ted above change in the next 6 months?	
How long do you plan on	working for us?	
Highest grade complete	d/years of college/ degrees earned:	
Have you ever been con	ricted of a crime? (if yes, date, place &	nature)
Places answer the follow	uina (Ulas hack of application for your answer	ce)

Please answer the following: (Use back of application for your answers)

- 1. Give us your 2 best work-related references (like previous employers) and phone #'s.
- 2. List a brief job history. Include supervisors' names, dates employed and reason for leaving.
- 3. Why did you choose to apply at Great Harvest?
- 4. Great Harvest is a very service-oriented business. What does good service mean to you?
- 5. Great Harvest is a high-volume business with a workday that can be long and stress-filled. What makes you believe you can perform well and excel under these working conditions?



GRAND OPENING BREAD SCHEDULE

Great Harvest

425 TALCOTTVILLE RD VERNON CT 06066 (860) 647-8837

www.ghbreadct.com

EVERYDAY BREADS

honey whole wheat \$5.25 country white \$5.00

FRIDAY

cinnamon chip (W) \$5.75 cinnamon raisin (H) \$6.00 white cheddar garlic (W) \$6.50 dakota (H) \$6.50

SATURDAY

cinnamon chip (W) \$5.75 popeye (G) \$5.75 american rye (W&R) \$6.25 ninegrain (H) \$6.50

FLOUR INDICATOR
G - GOLDEN WHEAT
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

EVERYDAY SANDWICHES

CLASSIC SANDWICHES \$6.11 + tax

turkey & cheese ham & cheese tuna salad roast beef & cheese

SIGNATURE SANDWICHES \$7.05 + tax

harvest veggie smoked turkey goddess spicy pecan chicken salad baja chipotle turkey pepper bleu roast beef

DAILY SWEETS

www.facebook.com/ areat.harvest.bread.vernon.ct

Cookies \$1.74 + tax or 6/\$8.75

oatmeal walnut choc. chip oatmeal raisin snickerdoodle peanut butter peanut butter choc. chip

Scones \$ 2.12 + tax

cinnamon chip blueberry peanut butter choc. chip

Quick breads \$7.00 / Muffins \$2.12 + tax

pumpkin chocolate chip blueberry coffeecake coconut

Sweet Bars \$2.59 + tax

savannah (formally mazurkas) toe curling brownies

Bars \$1.65 + tax

power bars breakfast bars harvest bars

Other Items

dog bones \$3.00 croutons \$3.50

HOURS:

MONSDAY - FRIDAY 6:30AM - 6:30PM SATURDAY 6:30AM - 5:00PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202



FRESHLY MADE FROM SCRATCH



Ever wonder why our bread tastes so good? It's because we grind our wheat fresh everyday! We also take that "fresh-ground" to new heights with our mixes. That means our mixes are fresher than anything you can get in the grocery store. Now you can enjoy the same hearty wheat taste and whole grain goodness in our mixes. Take a few home...... your family will love you for it.

FRESH HEARTY CEREALS

Now you can enjoy the hot, wholesome goodness of Great harvest right at your own breakfast table! Try a bag of our

CINNAMON RAISIN OR CRANBERRY ALMOND OATMEAL.

CHOCOLATE CHIP COOKIE MIX

Makes a perfectly easy treat anytime that taste great

CROUTONS

Made from a variety of bread seasoned perfectly.

DOUBLE FUDGE BROWNIE MIX

Makes the perfect after school treat or a quick and easy dessert that is so chocolaty.

WHOLE WHEAT PANCAKE MIX

Made from our fresh whole wheat and fresh oatmeal, taste better than any pancake mix you buy in the grocery store.

FRESH GROUND WHOLE WHEAT FLOUR

Makes a world of difference. Not only will our flour provide you with more nutrients, but it's guaranteed to make your homemade goodies taste better than ever.

NOTE: For optimum freshness, be sure to use fresh ground flour within four weeks from the date of purchase or store in your freezer.



REMEMBER WE MAKE ROLLS FROM ALMOST ALL OF OUR BREADS
JUST ORDER THEM AT LEAST 24 HOUR IN ADVANCE.

(WE SELL THEM BY THE DOZEN ONLY.)

PRICE OF THE LOAF OF BREAD PLUS 50 CENTS



A warm fresh slice of the good life

BREAD NUTRITION

Serving Size: 1 slice 2 oz (66 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Apple Cherry Pecon	140	25	0	0	0	290	26	3	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Chemies (ingredient components may vary), Honey, Dried Apples (Ingredient components may vary), Pecans, Eggs, Yeast, Salt. CONTAINS: WHEAT, PECANS, SOY, AND EGG.
Apple Cinnom on Wo Inut	140	2	0	0	o	270	27	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Apples, Walnuts, Yeast, Salt, Eggs, Apple Juice (Ingredient components may vary), Ground Cinnamon. CONTAINS: WHEAT, WALNUTS, SOY, AND EGG
Apple Grunch	130	2g	t	o	10	290	23	4	7	4	Fresh Ground 100% Whole Wheat Flour, Water, Apples, Honey, Brown Sugar, Butter (Milk), Eggs, Yeast, Salt, Ground Cinnamon, Natural and Artificial Vanilla, Flavoring, Ground Nutmeg. CONTAINS: WHEAT, MILK, SOY, AND EGG
Apple Crunch Blend	130	2	1	0	10	290	24	3	7	4	Fresh Ground 100% Whole Wheat Flour, Water, Enriched White Flour (Ingredient components may vary), Apples, Honey, Brown Sugar, Butter (Mik), Eggs, Yeast, Salt, Ground Cinnamon, Natural and Artificial Vanilla Flavoring, Ground Nutmeg. CONTAINS: WHEAT, MILK, SOY, AND EGG
Apricot Almond	140	2	0	0	0	310	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Dried Apricots (Ingredient components may vary), Honey, Almonds, Yeast, Salt, Eggs. CONTAINS: WHEAT, ALMONDS, SOY, AND EGG
A siago Pesto	160	6	1.5	o	10	440	22	1	2	5	Enriched White Flour (ingredient components may vary), Water, Pesto Sauce (ingredient components may vary), Asiago Cheese (ingredient components may vary), Honey, Olive Oil, Yeast, Salt, Eggs, Dried Garlic, Dried Onion. CONTAINS: WHEAT, SOY, MILK, EGG, PINE NUTS
Bacon Cheddar Beer	150	4	2	0	20	320	21	3	5	7	Fresh Ground 100% Whole Wheat Flour, Beer, ale, Cheddar Cheese (Ingredient components may vary), Honey, Bacon, cooked, Yeast, Eggs, Kosher Salt, Salt, Dried Onion, Dried Garlic, Black Pepper, Chives. CONTAINS: WHEAT, MI
Breakfast Blast	140	1.5	0	0	0	210	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dates, Rolled Oats, Cinnamon Chips (Ingredient components may vary), Yeast, Eggs, Salt, Ground Cinnamon. CONTAINS: WHEAT, SOY, EGG, AND MILK
Burley Bread	140	2	0	0	0	300	26	4	6	6	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Rolled Oats, Sunflower Seeds, Cracked Rye, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG.
Caraway Rye	130	0.5	0	0	0	300	25	5	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Dark Rye Flour, Honey, Yeast, Salt, Caraway Seeds, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Carrot Poppyseed	120	1	o	0	o	290	22	4	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Carrots, Honey, Applesauce (Ingredient components may vary), Yeast, Orange, Poppy Seeds, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, SOY, AND EGG
Cha lla h	140	1.5	0	0	20	240	26	3	4	5	Enriched White Flour (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Water, Honey, Eggs, Sesame Seeds, Yeast, Salt. CONTAINS: WHEAT, EGGS, AND SOY.
Cheddar Garlic	160	4.5	25	0	15	370	23	1	4	6	Enriched White Flour (Ingredient components may vary), Water, Cheddar Cheese (ingredient components may vary), Honey, Yeast, Salt, Eggs, Sesame Seeds, Dried Onion, Dried Garlic, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Cherry Apple Berry	130	0.5	0	0	0	280	27	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Chemies (Ingredient components may vary), Dried Blueberries (Ingredient components may vary), Dried Apples (Ingredient components may vary), Yeast, Blueberries, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGGS.
Cherry Walnut	140	2	0	0	5	270	26	3	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Dried Chemies (Ingredient components may vary), Honey, Walnuts, Yeast, Eggs, Salt. CONTAINS: WHEAT, WALNUTS, EGGS, AND SOY
Cinnam on Chip	170	3	0.5	0	0	340	32	1	11	3	Enriched White Flour (Ingredient components may vary), Water, Cinnamon Chips (Ingredient components may vary), Honey, Yeast, Sugar, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, MILK, SOY AND EGG
Cinnamon Chip (100% Whole Wheat)	150	3	0.5	0	0	270	28	3	10	4	Fresh Ground 100% Golden Whole Wheat Flour, Water, Cinnamon Chips (Ingredient components may vary), Honey, Yeast, Sugar, Salt, Eggs, Ground Cinnamon. CONTAINS: WHEAT, SOY, MILK AND EGG.
Cinnamon Raisin Walnut	140	2	0	0	0	310	26	4	9	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Honey, Walnuts, Yeast, Salt, Ground Cinnamon, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Cinnam on Swirl	160	2.5	1.5	О	5	220	29	4	12	5	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Honey, Butter (Mik), Eggs, Yeast, Salt, Ground Cinnamon. CONTAINS : WHEAT, MILK, SOY AND EGG



A warm fresh slice of the good life

BREAD NUTRITION

								.			
Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
Corn Bread	140	2.5	1	0	5	270	28	1	4	3	Enriched White Flour (Ingredient components may vary), Water, Com Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Butter (Milk), Yeast, Salt, Eggs. CONTAINS: WHEAT, MILK, SOY, AND EGG
Com Bread (100% Whole Wheat)	140	2.5	1	0	5	270	26	3	4	4	: Fresh Ground 100% Whole Wheat Flour, Water, Corn Flour, Honey, Cultured Buttermik (Ingredient components may vary), Butter (Mik), Yeast, Salt, Eggs. CONTAINS:WHEAT, MILK, SOY, AND EGG
Jalapeno Com Bread	140	2	1	0	5	270	26	1	4	3	Enriched White Flour (Ingredient components may vary), Water, Com Flour, Honey, Cultured Buttermik (Ingredient components may vary), Peppers, Butter (Mik), Yeast, Chile Peppers, jalapenos, Salt, Eggs. CONTAINS: WHEAT, MILK, SOY, AND EGG
Jalapeno Com Bread (100% Whole Wheat)	140	2.5	1	0	5	270	24	3	4	4	Fresh Ground 100% Whole Wheat Flour, Water, Corn Flour, Honey, Cultured Buttermilk (Ingredient components may vary), Peppers, Butter (Milk), Yeast, Chile Peppers, jalapenos, Salt, Eggs. CONTAINS:WHEAT, MILK, SOY, AND EGG
Country	120	0.5	0	0	0	340	23	4	3	5	Fresh Ground 100% Whole Wheat Flour, Water, Molasses, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Cracked Pepper Swiss	140	3	1.5	0	10	280	22	4	4	7	Fresh Ground 100% Whole Wheat Flour, Water, Swiss Cheese (Ingredient components may vary), Honey, Eggs, Yeast, Salt, Black Pepper, Cayenne Pepper, Oregano, Basil, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Cranberry Orange	130	0.5	0	0	0	280	27	4	11	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Cranbenies (Ingredient components may vary), Honey, Yeast, Salt, Eggs, Orange Peel. CONTAINS: WHEAT, SOY, AND EGG
Da kota	150	4	0	0	0	270	23	4	5	6	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Pumpkin Seeds, Millet, Yeast, Sesame Seeds, Salt, Eggs. CONTAINS: WHEAT, SOY AND EGG
Finnis h Pulla	160	4.5	25	0	35	140	26	1	5	4	Enriched White Flour (Ingredient components may vary), Milk, Eggs, Honey, Butter (Milk), Water, Yeast, Natural Sugar, Salt, Cardamom. CONTAINS: WHEAT, MILK, SOY, AND EGG
Flax Oatbran	130	3.5	0	0	0	330	22	4	6	5	Water, Fresh Ground 100% Whole Wheat Flour, Honey, Oat Bran, Pecans, Flax Meal, Yeast, Rolled Oats, Salt, Eggs, Flax Seeds. CONTAINS:WHEAT, PECANS, SOY, AND EGG
Focaccia	140	1.5	0	0	0	380	29	1	5	4	Enriched White Flour (Ingredient components may vary), Water, Honey, Yeast, Salt, Olive Oil, Oregano, Basill. CONTAINS: WHEAT AND SOY
Golden Wheat, Apple, Cinnamon Chip, Walnut	140	2.5	o	0	0	290	26	3	ß	5	Fresh Ground 100% Golden Whole Wheat Flour, Water, Honey, Cinnamon Chips (Ingredient components may vary), Dried Apples (Ingredient components may vary), Walnuts, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK, WALNUTS AND EGG
Galden Wheat Chacolate Cherry Swirl	150	2.5	1	0	5	240	30	3	В	4	Fresh Ground 100% Golden Whole Wheat Flour, Water, Dried Chemies (Ingredient components may vary), Honey, Chocolate Chips (Ingredient components may vary), Brown Sugar, Butter (Milk), Yeast, Eggs, Salt, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, SOY, EGGS, AND MILK.
Harvest Buckwheat Brown Rice	140	4.5	2	0	35	90	22	2	6	3	Water, Cultured Buttermilk (Ingredient components may vary), Eggs, Honey, Brown Rice Flour, Tapioca Flour, Flax Seeds, Comstarch, Flour, buckwheat, Butter (Milk), Yeast, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Harvest Buckwheat Brown Rice Bread Dakota	140	6	1.5	0	25	75	19	2	5	4	Water, Cultured Buttermilk (Ingredient components may vary), Eggs, Honey, Brown Rice Flour, Tapioca Flour, Flax Seeds, Cornstarch, Flour, buckwheat, Butter (Mik), Sunflower Seeds, Pumpkin Seeds, Yeast, Millet, Sesame Seeds, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Harvest Buckwheat Brown Rice Bread Cinnamon Chip	160	6	2	0	25	80	25	2	9	3	Water, Cultured Buttermilk (Ingredient components may vary), Cinnamon Chips (Ingredient components may vary), Honey, Brown Rice Flour, Eggs, Tapioca Flour, Flax Seeds, Cornstarch, Flour, buckwheat, Butter (Milk), Yeast, Xanthan Gum, Salt, Distilled Vinegar (Ingredient components may vary). CONTAINS: MILK, SOY, AND EGG
Hearty Caraway Rye	130	0.5	o	0	0	310	26	4	2	5	Water, Fresh Ground 100% Whole Wheat Flour, Flye Flour (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Molasses, Yeast, Salt, Eggs, Caraway Seeds. CONTAINS: WHEAT, SOY, AND EGG
High 5 Fiber	140	3	0	0	0	230	23	5	5	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Flax Seeds, Oat Bran, Millet, Sunflower Seeds, Wheat Bran, Yeast, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG.
High Five Fiber with Blueberries	140	2.5	o	0	0	200	25	5	7	5	Water, Fresh Ground 100% Whole Wheat Flour, Dried Blueberries (Ingredient components may vary), Honey, Flax Seeds, Oat Bran, Millet, Sunflower Seeds, Wheat Bran, Yeas t, Salt, Eggs. CONTAINS: WHEAT, EGGS, AND SOY



BREAD NUTRITION

A warm fresh slice of the good life

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Chalesteral (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Ingredients
High Country Crunch	150	5	0.5	0	0	230	22	4	4	5	Water, Fresh Ground 100% Whole Wheat Flour, Semolina Flour, Sunflower Seeds, Honey, Millet, Pecans, Flax Seeds, Yeast, Salt, Eggs. CONTAINS: WHEAT, PECANS, SOY, AND EGG
High Fiber Apple, Cinnamon Chip, Walnut	140	2	o	0	0	280	26	5	7	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Apples, Cinnamon Chips (Ingredient components may vary), Walnuts, Maltodextrin (Dietary Fiber), Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK, EGGS, AND WALNUTS.
High Fiber Tuscan Herb	140	0.5	О	o	o	210	26	5	4	6	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Honey, Water, Yeast, Maltodextrin (Dietary Fiber), Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Dried Onion, Basil, Oregano, Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Honey Whole Wheat	130	0.5	o	o	o	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Irish Baked Potato	150	2	f	0	5	440	28	1	4	4	Enriched White Flour (Ingredient components may vary), Water, Dehydrated Potatoes (Ingredient components may vary), Honey, Butter (Mik), Yeast, Garlio (Ingredient components may vary), Salt, Eggs, Cheddar Cheese (Ingredient components may vary), Black Pepper, Chives. CONTAINS: WHEAT, MILK, SOY, AND EGG
Irish Soda Bread	130	0.5	o	0	5	180	27	2	9	4	Cultured Buttermilk (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Raisins, Honey, Eggs, Salt, Baking Powder (Ingredient components may vary), Baking Soda. CONTAINS: WHEAT, SOY, EGG, AND MILK
Italian Herb Focaccia	150	2.5	0	o	О	290	27	1	2	4	Enriched White Flour (Ingredient components may vary), Water, Olive Oil, Honey, Salt, Yeast, Oregano, Basil, Dried Garlic, Black Pepper, Parsley. CONTAINS: WHEAT AND SOY.
Merry Berry	130	0.5	0	0	0	290	27	3	9	5	Fresh Ground 100% Golden Whole Wheat Flour, Water, Honey, Golden Raisins (Ingredient components may vary), Dried Chemies (Ingredient components may vary), Dried Blueberries (Ingredient components may vary), Yeast, Salt, Coconut (Ingredient components may vary), Eggs. CONTAINS: WHEAT, EGGS, COCONUT, AND SOY.
Nine Grain	130	0.5	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Nine Grain Mix (Ingredient components may vary), Yeast, Salt, Eggs. CONTAINS: WHEAT AND EGG
Oatmeal Poppyseed	130	1	0	0	0	300	25	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Rolled Cats, Yeast, Poppy Seeds, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Onion Dill Rye	130	0.5	o	0	0	320	25	3	6	4	Water, Fresh Ground 100% Whole Wheat Flour, Honey, Enriched White Flour (Ingredient components may vary), Rye Flour, Yeast, Salt, Eggs, Dried Onion, Dill, Poppy Seeds, Sesame Seeds. CONTAINS: WHEAT, SOY, AND EGG
Panza	130	3	1	0	5	590	22	2	4	5	Enriched White Flour (Ingredient components may vary), Water, Fresh Ground 100% Whole Wheat Flour, Calamata Olives (Ingredient components may vary), Parmesan Cheese (Ingredient components may vary), Honey, Sun Dried Tomatoes (Ingredient components may vary), Yeast, Salt, Eggs, Oregano, Basil, Black Pepper. CONTAINS: WHEAT, MILK, EGGS, AND SOY.
Peanut Butter Chocolate Chip	180	6	1.5	0	0	300	27	2	8	5	Enriched White Flour (Ingredient components may vary), Water, Natural Peanut Butter (Ingredient components may vary), Chocolate Chips (Ingredient components may vary), Honey, Yeast, Salt, Eggs. CONTAINS:WHEAT, PEANUTS, SOY, MILK AND EGGS
Pecan Swirl	190	7	2	0	5	190	27	4	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Pecans, Honey, Butter (Milk), Yeast, Salt, Ground Cinnamon, Eggs. CONTAINS: WHEAT, PECANS, MILK, EGGS, AND SOY.
Pizza Bread	140	4.5	1.5	0	15	450	19	2	4	7	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Mozzarella Cheese (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Water, Pepperoni (Ingredient components may vary), Honey, Eggs, Yeast, Salt, Dried Onion, Parsley, Oregano, Basil. CONTAINS: WHEAT, MILK, SOY, AND EGG
Papeye	120	1	0.5	0	5	370	22	2	4	5	Enriched White Flour (Ingredient components may vary), Water, Spinach, Fresh Ground 100% Whole Wheat Flour, Honey, Parmesan Cheese (Ingredient components may vary), Red Peppers (Ingredient components may vary), Yeast, Salt, Eggs, Dried Onion, Dried Garlio. CONTAINS: WHEAT, SOY, EGGS, AND MILK
Papeye (100% Whole Wheat)	120	1.5	0.5	0	5	360	21	3	4	6	Golden Fresh Ground 100% Whole Wheat Flour, Water, Spinach, Honey, Parmesan Cheese (Ingredient components may vary), Red Peppers (Ingredient components may vary), Eggs, Yeast, Salt, Dried Onion, Dried Garlic. CONTAINS: WHEAT, MILK, SOY, AND EGGS
Potato Chive	150	2	1	0	5	440	29	1	4	4	Enriched White Flour (Ingredient components may vary), Water, Dehydrated Potatoes (Ingredient components may vary), Honey, Butter (Milk), Yeast, Roasted Garlio, Salt, Eggs, Black Pepper, Chives. CONTAINS: WHEAT, MILK, SOY, AND EGG



BREAD NUTRITION

A warm fresh slice of the good life

Serving Size: 1 slice 2 oz (56 g)	Calories	Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber	Sugar (g)	Protein (g)	Ingredients
Pumpernickel Rye	120	0.5	o	0	0	330	23	5	2	5	Fresh Ground 100% Whole Wheat Flour, Water, Rye Flour, Pumpernickel Rye Flour, Molasses, Yeast, caramel color, Salt, Caraway Seeds, Eggs. CONTAINS: WHEAT, EGGS, AND SOY
Pumpkin Swirt	140	2	0.5	0	5	190	29	2	12	3	Enriched White Flour (Ingredient components may vary), Water, Brown Sugar, Pumpkin (Ingredient components may vary), Fresh Ground 100% Whole Wheat Flour, Honey, Walnuts, Butter (Milk), Yeast, Salt, Eggs, Pumpkin Pie Spice (Ingredient components may vary). CONTAINS: WHEAT, MILK, EGGS, SOY, AND WALNUTS.
Raisin Cinnamon Chip	150	2.5	0.5	0	0	240	28	3	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Cinnamon Chips (Ingredient components may vary), Raisins, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, MILK AND EGG
Raisin	130	0	0	0	0	310	27	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Molasses, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Red, White and Blueberry	140	0	О	o	5	360	30	1	8	3	Enriched White Flour (Ingredient components may vary), Water, Honey, Dried Cherries (Ingredient components may vary), Blueberries, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGGS.
Rosemary Garlic	130	0.5	О	o	o	320	24	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Sonoma	160	4	1.5	o	20	135	26	3	11	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Eggs, Dried Cranberries (Ingredient components may vary), Golden Raisins (Ingredient components may vary), Pumpkin Seeds, Butter (Milk), Sunflower Seeds, Yeast, Raw turbinado sugar, Salt, Orange, Lemon, Natural and Artificial Vanilla Flavoring. CONTAINS: WHEAT, EGGS, MILK, AND SOY.
Spinach Feta	130	3	2	0	15	400	19	2	4	5	Feta Cheese (Ingredient components may vary), Enriched White Flour (Ingredient components may vary), Water, Fresh Ground 100% Whole Wheat Flour, Spinach, Honey, Eggs, Yeast, Salt, Dried Garlic, Oregano, Black Pepper. CO
Star Spangled Swirl	150	1.5	0.5	0	5	220	30	4	12	4	Fresh Ground 100% Whole Wheat Flour, Water, Dried Blueberries (Ingredient components may vary), Dried Cherries (Ingredient components may vary), Honey, Dried Apples (Ingredient components may vary), Brown Sugar, Eggs, Yeast, Butter (Mik), Blueberries, Salt. CONTAINS: WHEAT, EGG, SOY, AND MILK
Stuffing Bread	100	0	О	0	0	250	20	3	4	4	Fresh Ground 100% Whole Wheat Flour, Water, Onion, Celery, Honey, Yeast, Salt, Eggs, Thyme, Black Pepper, Sage. CONTAINS: WHEAT, EGGS, AND SOY.
Sunflower	140	3	0	0	0	300	24	4	6	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Swedish Rye	130	1	o	0	0	380	27	3	7	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Enriched White Flour (Ingredient components may vary), Rye Flour, Yeast, Orange, Salt, Sesame Seeds, Eggs, Caraway Seeds, Anise Seed. CONTAINS: WHEAT, SOY, AND EGG
Trail Bread	140	2	О	0	0	290	25	4	8	5	Fresh Ground 100% Whole Wheat Flour, Water, Raisins, Honey, Sunflower Seeds, Yeast, Salt, Eggs. CONTAINS:WHEAT, SOY, AND EGG
Tuscan Herb	120	0.5	o	o	o	250	23	4	5	5	Fresh Ground 100% Whole Wheat Flour, Tomatoes (Ingredient components may vary), Honey, Water, Yeast, Salt, Eggs, Dried Garlic, Parmesan Cheese (Ingredient components may vary), Dried Onion, Basil, Oregano, Rosemary, Parsley. CONTAINS: WHEAT, MILK, SOY, AND EGG
Walnut Raisin Rosemary Blue Cheese	150	4	1.5	o	10	330	22	3	5	6	Fresh Ground 100% Whole Wheat Flour, Water, Blue Cheese, Honey, Walhuts, Raisins, Yeast, Molasses, Eggs, Salt, Rosemary. CONTAINS: WHEAT, MILK, EGG, WALNUTS, AND SOY.
White Chocolate Cherry Swirl	150	2.5	1.5	0	5	250	31	1	8	3	Enriched White Flour (Ingredient components may vary), Water, Dried Cherries (Ingredient components may vary), White Chocolate Chips (Ingredient components may vary), Honey, Brown Sugar, Butter (Milk), Yeast, Eggs, Salt, Natural and Artificial Vanilla, Flavoring. CONTAINS: WHEAT, SOY, EGGS, AND MILK
White	130	0	0	0	0	400	29	1	5	4	Enriched White Flour (Ingredient components may vary), Water, Honey, Yeast, Salt, Eggs. CONTAINS: WHEAT, SOY, AND EGG
Whole Grain Goodness	140	3	О	0	0	240	22	4	4	5	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Eggs, Millet, Barley, Flax Seeds, Yeast, Pecans, Oat Bran, Salt, Almonds. CONTAINS: WHEAT, PECANS, SOY, AND ALMONDS

Great Harvest

Bread Co?

JULY 2015 BREAD SCHEDULE

415 TALCOTTVILLE RD. VERNON, CT 06066 860-454-4202



CLOSED SATURDAY JULY 4TH

MONDAY

colonial brown bread (new) (M) \$7.25 cinnamon raisin walnut (H) \$6.00 everything (W) \$5.75 ninegrain (H) \$6.50

TUESDAY

high 5 fiber (H) \$6.50 onion dill rye (W&R) \$6.25 anadama (M) \$6.25 ninegrain (H) \$6.50

WE DWES DAY

white cinnamon raisin (W) \$5.75

apple scrapple (M) \$6.25

woodstock (H) \$6.50

bakers choice:
(1st spelt\$5.75

8th-foccacia (W) \$5.50

15th-swedish limpa (W&R) \$6.25

22nd-foccacia (W) \$5.50

29th-peanut butter chocolate chip (W) \$5.75)

THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 anadama (M) \$6.25 woodstock (H) \$6.50

FRIDAY

cinnamon bread (M) \$6.50 challa (W) \$5.50 breakfast blast (H) \$5.75 trailmix (H) \$6.50

SATURDAY CLOSED JULY 4TH

stuffed potato (W) \$6.50 cinnamon raisin (H) \$5.75 popeye (M) \$5.75 pumpernickel rye (H&R) \$6.25



www.facebook.com/ great.harvest.bread.vernon.ct

EVERYDAY BREADS

honey whole wheat \$5.25 country white \$5.00

DAILY SWEETS

cookies \$1.85 + tax or 6/\$8.75 scores \$2.12 + tax quick breads \$7.00 muffins \$2.12 + tax

OTHER ITEMS

dog bones \$7.00

FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

HOURS:

MONDAY - FRIDAY 6:30 AM - 6:30 PM
SATURDAY 6:30 AM - 5:00 PM
CLOSED SUNDAY
CLOSED JULY 4TH
ORDERS WELCOME (860) 454-4202



CELEBRATE A SAFE 4TH OF JULY





WE WILL BE CLOSED SATURDAY JULY 4TH.







OUTDOOR SUMMER FUN

All made fresh in our store.

Take them camping, just add oil, water and an egg.

TRAIL MIX

A great treat anytime.

GRANOLA

Take along some of our fresh granola on your next hiking or road trip..

JOIN GREAT HARVEST AT THE FARMERS MARKETS

HEBRON (corner of Rt 85 & 66) every Saturday from 9:00am to 12:30pm.

Great Harvest Bread Co. Tulsa, OK / 918-878-7878 / www.tulsaok.greatharvestbread.com



STUFFING BREAD!

Enjoy the taste of Thanksgiving stuffing in a hearty loaf of Great Harvest bread! This simply delicious bread is flavored with sage, thyme, salt & pepper in our famous freshly ground whole wheat dough. We chop up the onions and celery, and hand knead the veggie mix into every loaf! Use this bread as the starting point for your own stuffing, or slice it up to make turkey sandwiches (that taste like a meal when covered with hot left over gravy). Either way, Stuffing Bread is a great addition to any holiday meal.

NOVEMBER BREADS

EVERYDAY Honey Whole Wheat · Harvest White · Dakota

Pumpkin Chocolate Chip

MONDAY High 5 Fiber · Hummus Bread · Extreme Cinnamon Swirl

TUESDAY Cranberry Walnut Flax · Asiago Pesto · Cinnamon Chip

Jewish Apple Coffee Cake

WEDNESDAY Cranberry Orange · Low Carb Dakota

STUFFING BREAD · Extreme Cinnamon Swirl

THURSDAY Pumpkin Swirl · Spinach Feta · Cinnamon Crunch

Cranberry Orange Pound Cake

FRIDAY White Chocolate Cherry Swirl · Superfood Bread

Cheddar Garlic · Strawberry Shortcake

SATURDAY Woodstock · Trail Bread

Pepperjack Cornbread · Lemon Blueberry

THANKSGIVING WEEK MENU

We will follow a special Thanksgiving Week bread and sweets schedule from Monday, Nov 24th through Wednesday, Nov 26th. Our Thanksgiving menu and order form will be available online at www.tulsaok.greatharvest.com, or you can stop in at the bakery and pick up a copy. Please order early so we can have your Thanksgiving order waiting for you!

SWEET SPOT

EVERYDAY Brownies · Power Bars · Trek Bars · Pumpkin Chocolate Chip Muffins

Cinnamon Rolls & Cinnamon Twist Muffins

MONDAY Dillon Cookies · Pumpkin Scones · Oat Berry Muffins

Savory Breakfast Biscuits • Pumpkin Bars • Savannah Bars

TUESDAY Salted Caramel Cookies • Cinnamon Chip Scones • Orange Burst Muffins

Whole Wheat Coffee Cake · Peppermint Brownies

WEDNESDAY Chocolate Chip Cookies · Savory Breakfast Biscuits

Cranberry Almond Scones . Ultra lo-fat Cinnamon Apple Muffins

Lemon Bars · Savannah Bars

THURSDAY Ginger Bop Cookies · Cranberry Orange Scones

Cranberry Orange Muffins · Oat Berry Muffins · S'more Bars

FRIDAY Monster Cookies · Lo-fat Cran Flax Cookies

Maple Oatmeal Scones • Morning Glory Muffins • Pumpkin Bars

Savannah Bars

SATURDAY Peanut Butter Chocolate Chip Cookies · Cappuccino Muffins

White Chocolate Raspberry Scones • Lemon Blueberry Muffins Lemon Bars

BAKERY HOURS: Monday-Friday 7 am to 6pm, Saturday 7 am to 4pm, closed Sundays for a little Loafin'



NOVEMBER 2015 BREAD SCHEDULE

425 TALCOTT VILLE RD VERNON, CT 06 066 (860) 454-4202

ghbreadct.com

HOLIDAY ORDERS ALL ORDERS FOR MUST BE MADE BY MONDAY NOVEMBER 16TH.

No phone/email/social media orders Thanksgiving week

EVERYDAY BREADS

honey whole wheat (H) \$5.25 country white (W) \$5.00

MONDAY

pumpkin swirl (M) \$7.50 onion dill rye (H&R) \$6.25 dakota (H) \$6.50 pesto parmesan (W&H) 6.25 23'd - virginia white or virginia wheat rolls \$6.50 per dozen

TUESDAY

anadama (M) \$6.50 everything (W) \$5.75 sunflower millet flax (H) \$6.50 cranberry orange (H) \$6.50 24th - virginia white or virginia wheat rolls \$6.50 per dozen

WEDNESDAY

apple cinnamon oatmeal (M) \$6.25
trail mix (H) \$6.50
bakers choice:
4th - spelt \$5.75,
1th - stuffing bread (H) \$7.25, swedish limpa (H&R) \$6.25
18th - stuffing bread (H) \$7.25, cornbread (W) 5.75
25th - stuffing bread (H) \$7.25, pumpkin nut spice (W) \$6.50
cinnamon chip (W) \$4.75, white cheddar garlic (W) \$6.50,
swedish limpa (H&R) \$6.25
virginia white or virginia wheat rolls \$6.50 per dozen
quick breads - chocolate fudge brownie, blueberry,
blueberry cranberry, pumpkin & pumpkin chocolate chip

THURS DAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 white cinnamon raisin (W) \$5.75 ninegrain (H) \$6.50

FRI DAY

cinnamon bread (M) \$6.75
challa (W) \$5.75
pumpkin nut spice (W) \$6.50
woodstock (H) \$6.50
pepperoni roll (W) \$7.25
sweet pepper roll (W) \$7.25

SATURDAY

stuffed potato (W) \$6.50 cinnamon raisin walnut (H) \$6.00 popeye (W&R) \$6.00 american rye (W&R) \$6.25

PRE ORDER YOUR VIRGINIA WHITE OR WHEAT ROLLS

Sold by the dozen

HOLIDAY HOURS: WEDNESDAY NOVEMBER 25TH 6:30AM - 5:00 PM

CLOSED THURSDAY NOVEMBER 26TH
THROUGH
SUNDAY NOVEMBER 29TH

STORE HOURS:
MONDAY - FRIDAY 6:30AM - 6:30PM
SATURDAY 6:30AM - 5:00PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202



THANKSGIVING SPECIALS: CHECK OUR SPECIAL BREADS FOR MONDAY THE 23RD TUESDAY THE 24TH AND WEDNESDAY THE 26TH



ALL ORDERS <u>MUST</u> BE PLACED BY MONDAY NOVEMBER 16TH

Pre-order and pre-pay your Thanksgiving bread, rolls & sweets for an easy pickup

TURKEY STUFFING WITH GREAT HARVEST BREAD " (PURCHASE ON WEDNESDAY NOVEMBER 18TH) "

Stuffing for a 12-16 pound Turkey
1 loaf of **Great Harvest Stuffing Bread**1 stick or 1/2 cup of Sweet Cream Butter
1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of softened butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Mix well. Place in a pan on your stove top, cover the pan, heat until liquid absorbs and stuffing is hot. Or place in a casserole dish.

THANKSGIVING ROLLS

Bring a harvest of flavor to your holiday table with light and buttery VIRGINIA ROLLS made from wheat or white flour. Sold by the dozen only at \$6.25 per dozen.

We can also make rolls from most of our breads, just add 50 cents to the bread price.

LOVE YOUR LEFTOVERS!

Our STUFFING BREAD tastes just like homemade stuffing and makes the ultimate leftover turkey sandwich when joined by turkey, cranberries, and cover in gravy.

CLOSING REMINDER:



Wednesday November 25th closing at 5:00pm Bakery closed Thursday, November 26th through Sunday, November 29th for a much kneaded rest Reopening on Monday, November 30th



TURKEY STUFFING

With Great Harvest Stuffing Bread
** (purchase the Wednesday before
Thanksgiving week) **

12-16 pound Turkey 1 loaf of Great Harvest Stuffing Bread 1 stick or 1/2 cup of Sweet Cream Butter 1 1/2 - 2 cups Chicken Broth or water reserved from Giblets

Slice the loaf into 2" cubes and store in a brown paper bag for 3 to 4 days before preparing stuffing (or you can dry in the oven for 3 hours at 200 degrees). Place cubes in a large bowl and add in 1 stick of butter that has been cut into small pieces. Add enough chicken broth or giblet water to moisten cubes. (Optional: add chopped walnuts or dried cranberries for a mouth-watering feast.) Place stuffing inside of turkey cavity and bake a normal.

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THANKSGIVING SCHEDULE



MONDAY NOVEMBER 23RD 6:30AM - 6:30PM

pumpkin swirl (M) \$7.50 onion dill rye (H&R) \$6.25 dakota (H) \$6.50 pesto parmesan (W&H) 6.25 virginia white or virginia wheat rolls \$6.50 per dozen

TUESDAY NOVEMBER 24TH 6:30AM - 6:30PM

anadama (M) \$6.50
everything (W) \$5.75
sunflower millet flax (H) \$6.50
cranberry orange (H) \$6.50
virginia white or virginia wheat rolls \$6.50 per dozen

WEDNESDAY NOVEMBER 25TH 6:30AM - 5:00PM

apple cinnamon oatmeal (M) \$6.25
trail mix (H) \$6.50
stuffing bread (H) \$7.25
pumpkin nut spice (W) \$6.50
cinnamon chip (W) \$5.75
white cheddar garlic (W) \$6.50,
swedish limpa (H&R) \$6.25
virginia white or virginia wheat rolls \$6.50 per do zen
quick breads - chocolate fudge brownie, blueberry,
blueberry cranberry, pumpkin & pumpkin chocolate chip



Place your orders through Tuesday, November 16th 860-454-4202





BREAD NUTRITION

Plantitics information may vary takeny to takeny please sheek with your local bakeny for the most searche service, in geodest, and alleges information

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BREAD NUTRITION

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diedenty Grego	1307	136	OB.	ů	0%	12%	98	10.35	ıı.	*	Presid Chrosoft 1 BEC 18th als Miles 1 Bids 1 Chaid Chrolise de l'Esperitant sons passe sin roug es qui, Hen ep, Ve est Mile Eller, Chronic Per III. COMMANIE SYMBAS, ECK, AND ECKS.
Dehate	160	d dS	0 25	ů	0%	270°	Jh Jh	15%	6	۵	Fig. at Class of 'B PC White Nt set Fit on Water. He say, Conflower the de, Persyllin Classic, Miller, Years, East, Classic, Classic, Classic, Conflower,
F	160	4.5	26	o	36	562	JB.	f	- 6		Contribut White Plant (Ingredient on coper units on prough, MR, Eggs, Hora y Shife (Mild), Water, Venet,
Figure in A Puller	1007	7.5	136		12%	48	98	63	١.		Natural III gas (Safe Cardenses) COMMANDE WHERE, MILK, MEX, AND SIGN
Rex Outbree	1307	3.6 6%	0°	ø	0°	330°	22 7 h	4 16 %	۵	s	Water, Frenk Classed 1895. Mit de Winner Place House, Califbra , Ferson, File Island, Yasan, Fielded Cale, Cale French Cale, French Cale, Control Cale, Cale French Cale, Cale French Cale, Cale French Cale, Cale French Cale
Familie	wa	16	0°	ů	0°	33.00	.p 10%	f dS	6	4	Excision of White Pile or J larger districtions process to coup out of White: House, "Newsty Each, Cline CA, Chappene, Newsty COMMAND WHILE AND COY."
Galler What, Apple dissense chip, Water	wa	26	or on	ø	0 1%	290°	.B.	123	,	6	Fresh Claused 1 BFC Cabbin White Inthesis Flace, Water, Harray, Conserver Chips (logical desistance years showing many). Dead Applies (logical desistance sections in a ground). Bits in this set, Said, Saige, COS Hall, N. Said, S
Galder What I Chowalds Charry Suist	160	26	ı ga	ø	6 23	340	10*	3	,		Per di Clean of Will V Cle il en Whale Whe of Place, Wales, Child Chamber (in gentle of companionine may marg). Hen ag Chamber Clipso (ing addes frames) marks no agracus). Hence (Clapso III) for (1996). Years's Eggs. Kale. Helman (in Addes) And Andread (in Angeles). COMMANION (IN ANGELES). EXCHANGES AND MALE.
		4.5	2		36	90	20	2			
Nervest Buckehart Brown Rise	мo	75	105	ø	125	a	75	23	۵	3	Water Calles of Batters III from effects compare material compared, (Sign.) House, Below, Pierr Pear, Berline De Pear, Pierr Berline, Description, State Calles State (Sign.) South of Calles State (Sign.) Adv. South of Calles State (Sign.) Adv. South of Calles State (Sign.) So
Herorat Boaluhurt Braup Rice Bras d Dallate	wa	å 98	1.6	ø	26	25	19 43	2	á		Water College of Baltons II June select concepts and no open and J. Spin. Honey. However, Plant Plant. Plant Back, Conventuals, Plant Institution, III the fields Conference Stands Plant Stands Value (Miles). Concept Back, Stands or Conv., 161. Childred Van part June selection represents on a proof. Conference Stands (Miles Conference Stands Conference
Nenostiloskohetilnaa Rissilned		7.5			- 22	- 28		-			
Cite en ar Chip	160	98	.2 526	ø	26 25	32	E ab	2 ah	9	à	Note to Calls and Britan will Jin good a stransparament a very early. Clears are Chips. Jings object accepts with two yearly, Henry, December 1994 Jings I, Spiess 1994 Jings II, Spiess 1994 Jings III, Spiess 1994
Namely distancey Rya	130	0:6 1%	er 1%	ā	er 1%	.M2*	.a. 9%	d 15%	1	s	Water, Fe of Cin and 'S PK Who is 100 and Floor, Pipe Floor (top-relient as report only one proof), its defend With Floor (large affects as reports in two proof), thinkness, Vanal (Ed), Eggs, Ca survey Earth a. COMMANS (100), COMMANS (100), A C
Ng h S Fiber	wa	65	or one	ø	0%	105	25	EPS.	6	6	French Chann of TEEN Whate When of Plant Waters House, Plant Chands, Carl Chans, Miller Conflower Shade, Street Chan, New York Shi Shi Nguya. COMMAN RESPONDED. AND SCIOL.
High Fire Filter with Bladerries	мо	26	ů Oh	ů	0 0%	100	.E	é Dh	7	6	Water, Facult Class of TE DC White is Not mad Flore, Colord Shar bearing (by males incorporately many party). Hence y Flore Sharin, Care Shar, Sallin, Sharin, Sharin, Sharin, Sharin, Sharin, Care, Care, And Sharin,



BREAD NUTRITION

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Serving Sitter Fallon Z-ox (St-g)	aww	Arr Arr Stor	Seturated For SE SECT	Trans firsts Bil	Statestand States States	Sedan Sepi SEV	andelpetries M Spr	W 10V	سيد لف	Anna de la constanta de la con	Ingredients
Aligh Casetry Cite sh	150	25	OS JS	ø	0%	330°	75	M.E.		6	Water, Fresh Carried TBW. White Wheel Floor Develop Floor Develop Floor a Machiner Made, Heart y Miller, Floor and Debt Sign. COMMAND WINE FROM AND SIGN.
Nigh Filter Apple, Cleans as Chip. Walnut	мо	2 2 2 2 2	e es	ů	0%	210°	2h 9%	á EFS	7	6	Fresh Claused 'SEN' NY to be NY text F have Ny hore, Harrey, Coled Applies. Cit research Chips for good is not come promp if NY harboris. Multiples and p (Carlony F hard, March 184), Eggs. CONHANDE NY HARRY CONY MAN, A CODER, AND
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Nosery Whate What	130	0:6 1%	0°	ů	0%	10.00	E all	10.35	۵	6	Presid Greated 1987: Strate Street Plant, State Heart y Years, Safe, Sage. COMMAND SYNEAR, SCY, AND SIGE.
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Sinh Sode Brand	1307	0:6 1%	Ø IB	ø	- 6 2%	100	<i>B</i> 9%	2 2 2 2	9	ď	Cube and Ballo mail. Jo good is at some passes in many many if it which a lift life P is or Jugan distriction passes the many many P mail: Classes of TRIC Witchis P is a Plan of Passe, Planting House in Engineering to the passes of the pass
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Many Barry	1340	0:6 1%	o os.	a	0 03	290 12%	<i>5</i>	3	9	6	Par de Clarcost 18 FC Calables Mit and File on Wales 16 cap. Calables File de 1 kg malles i comparate on a surge. Calable File de 1 kg malles i comparate on a surge. Calable Shades side. Day malles i comparate on a surge. Calable Shades side. Day malles i comparate on a surge. Calable Shades side. Day malles i comparate on a surge. Shades Shad
Non Grain	1307	0:6 1%	0 1%	ø	0%	100	23	15%	۵	6	Fresh Class of VIII V. Whole filte of Plane Water the ray, Nine Class Min (a god is chosen passes to ray many). Veneta Class Carps. COMMANN SHALE AND USC.
On two and People year and	130	f 25	<i>0</i> -1%	ø	0°	100	E 23	d 10.35	۵	6	Frenk Grand 1 EEC Sh ale Shad Flace Flace State House, Falled Gale, No of Papp Deals, Side, Spp. COMMANG SHAD, SOY, AND SIGE
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Firste	1367	2 63	f sas	å	6 2%	590 Jeh	# 7%	2 23	,	á	To delet White Plear (log select recognisation on proof, Water Pleat: Clear of WIN. Whate White Pleat Colors of WIN. Whate White Pleat Colors of Clear (log delet recognisation on proof in map on all Pleat recognisation (log delet recognisation on proof on a region of the region of the recognisation of
Requiribilitar Charatete Chip	tat	98	1.6	ø	0°	100	<i>B</i> 9%	2 ah		6	Deviced White Place (logs solve) consponents are a rough, this has Maharel Places Device (logs dance or expense the raw years). On eacher Chip in great are recognized to a rough Places, "New Additional Collections," Device Advanced Collection (Inc.), "New Advanced Collections," Device Advanced Collections, and the Advanced Collections (Inc.), "New Advanced Collections," Device Advanced Collections, and the Advanced Collections (Inc.), "New Advanced Collections," Device Advanced Collections, "New Advanc
Finance Statist	190	7 11%	178	ø	- 6 - 2%	190°	<i>B</i> 98	4 10.35	11	s	Front Grand 1800 Ni de Wast Flore, Water Brown Dager, Ferson, Honey Beller (Mill), No. 4, N. S. Command Grand Grand and Grand
Figur Aros of	ма	4.5 7.h	1.5 9%	ø	15 5 %	460 193	19 6 B	2		7	Proof: Other of TELL Wilsols Wiles of the self-tension played direct constraints in vary on eq. Microsocks Observable properties of constraints required to the constraint of the Properties of the constraints of the constra
Ropeye	120	f 236	06	ø		170 16%	22 7 h	2 73	,	6	Excision 18 in Plan 1 jugad is chance power in vary every! Note: Spin and Plant Consoci 1987. While Wiles Plant, Harry, Plant some Chance in spalls of components only every! Plant Proposed. I toget allocations power to composed to the chance of the Chance Chance Chance Chance Consoci
RespectOOS laborathers)	uo	1.6	05 JB	ø	5 23	360°	21 75	3 11%		۵	Cald on French Chromat 1997. No the Nilson Plane Plane Robert Episoch, Hon op, Personan Chroma (supredictions passe) in a Property log select transport select on a peoply Cape. No select Calde. Dated Caude. COMMANCE SYNCHAMICS, MICH. (2004 AMD 20202)



BREAD NUTRITION

Number information may vary takeny to takeny please sheek with your local bakeny for the most accurate surfice, in geoleen, and alleged information

			Barata (B.)	Sim Sc	- Charles	D-D-C		-	Barri I	The state of	
Access to a fact that the	anne	Rr di	Seturated Fet	Trime Firth	Chalasterid	Sedien	diritalyahina	~	Deger*	Protein	luncia d'amba
Servey Style: Fallow 2 op (No.g)		3.04	60 3.04		2.04	800	8 DV	2 DV	*		Ingredients
Rateto CNvar	150	2	f	ů.	6	660	.19	f			Contribut 18 to Plean for grade et compromete may nong! Water Di Indian Palate an Jug auten t compromete may cop!, Home, Dater (1881), Nant, Phantal Godin, Galt, Eggs, Short Payper, China.
		3.5	as.		25	123	10%	63			COMMAND WHEAT, MLK, MDY, AND LOSS
		0.6	o		ø	330	a	5			
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		135	OS.		0%	9/3	23	.DS			COM AND WHAT SOUR AND SOY
											Fresh at Mile Charles and a second Mile Charles County Charles
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		3.5	.15		2.5	23	175	23	1		Day o, Po coption Pier Dybox (in good in orteonry power for many compt. Clarifologia Wi-Guid, Malar, S. Colleg. (EDV; AMD WALFALE).
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Raise Cesaria CAp	190	43	Jilly		136	10%	98	36.25			Harrey, Ne and Cafe Cage. COME AND INVESTIGAT, ISSN., MILK AND LICED.
- Andreis	450	ø	ō	_	ů	JAS	27	4			Frenk Six and 1 SEC Who in Wheel Floor Waler, Plaining, Millance o, Vand, Six Signs.
Raise	130	136	OB.	ō.	0%	13%	98	15%	,	6	COMMANG INVESTIGATION AND LIGHT
Red White and Blackerry	MO:	å	ō.	ō	6	JMC	10		,		Excisional White Plan of agent instrume passes in may no of, Walter, Horsey, Crisal Chamin a Juga saliment some passes in may no of, Blander stee, Yanah, Gall, Eggs.
and draw single controls.	- 40	0%	Ø5		25	153	10%	43	1	-	COMMAND WHEAT DOWNER LOOK AND ECOLO.
											For shi Channel 18 IN White hill and Flore, Water, Henry, No. of No. In Spy., Orbeit Gode, Form man Channel
Roseyery Gertic	130	1%	0°	a a	1%	330	25	15%		6	Fing makes in concess control or up control. Placemon con. Planting. COMMATRIC REPORT, MILK, ISSN: APPLICACE.
		126	126		120	N h	35	10.20			COMMINSTER WIND, MAD, EDV, INVESTIGA
Sware	160		1.6	ů	20	116			ff	5	Proof: Can and T SEC. Mit als Wheat Place, Waters House, Eggs, Orbid Consisser is a Jogo edited energy content or a compj. Caldin a Painten Jo good is of energy counts on one pay Proops in the sale, States (ARS). The Secret Counts,
		48	ab.		75	48	98	123			Nearly Flow for bissale suggest \$80. Changes Lawson. Harts and and Artifate Worldle Filt making. COMMANDER BANKER, ECKNIC MALK, AND SERV.
											Fried Paracle and Assessment Assessment State of Material State of
Spring all Falls	130	ادا	,	a	15	400	10	ا ر ا		6	Fais Channe Je god is strong pasen is may nor pj. Emiste d White Fis or Jugor diest one pasen de may na spj. Biste e Frank Channel 1 MK. Bis als When Place, Upins et, Henry, Eggs, Yeard, Eich, Chris d Ciarle, Caugus a,
		63	105		63	17.5	43	23	1		COMMAND WHEAT, MILK, SCICE, AND SEX
Star Spany and Swot	160			ø					12		For shifting of 18 MV White Miles of Flore, Water, Dried Manhardon (logic date) was promote may recip! Detect
an delaman.	180	1.6	as		ű.	330	30	ď			O main a frequentiant common main or an except, Harmer, Dated Apple a frequentiant common main or an except, O more Engage, Eg. ye. Van et, Christo (ARI), Manimenter, Main.
		25	.iš		25	93	10%	10.35			COMMAND WHAT USE BOY, AND MLK
Stuffing Ar and	100	0	a	a	ů	260	20	1			For all Class and TERN Whole 1th and File on Walter, Claims, Colory Phoney, No. 24, 15, 5 gaps, Thyron, Shark, Frances, Class.
		1%	1%		1%	10%	75	13/8	1	_	COMMAND WHEAT, LODG, AND EDY
Select	WO:		ō.	ø	ō	300	Je .	4	ı.	6	
acty and	AU.	43	.75		1%	12%	25	10.35			Fresh Channel 1995 Whate When Plans Ris in Plans y Corffs over Combs, Years, Cally Eggs. COMMANIE RHEAR, SORY, AMD SOCI
Sharatir A Pyra	130		a	a	a l	380		ادا	7	6	For this Class and TERS, Whole This and File on Walter, He may, Contributed This to Please for gradual consequences in mag-
		25	fä		1%	55.35	9%	56.2	1		rang), Pipe Plan e, No et, Char ye, Kath, Kansar e Bhath, Kyan, Ca navay Kasah, Asina Kasal. CCS-MANNE. WY-MAIN, 1929; AND STOCK.
theritemal	MO:	25	0°	ō.	136	12%	13	NS.		6	Fresh Class of TEE S Whole Rift and File or Water Plantins, Homey, Conflower Shade, No. of Call, Eggs. COMMAND REVISION SIGN. AND ECO.
		25	15		126	us	35	NA			Continues of February and Continues
Tioner Hards	1200	0.6	a	ō.	a	260	.20		6	6	Fresh Graned 1985. Which Wheel: Henry Secule on Jug solder transportation or appears]. Henry, Water, Wast, Eath, Eage, Dated Carlos, Fresh man Chaires Juged & stress passes in may easy), Dated Carlos, East, Gragues.
Total Pro- D		1%	136		136	10%	23	55.35	1 1	-	Please on Paralle, Communication of the Communicati
Water Raine Rosenery-Brue chause	150	4	1.6	ů.	10*	330	22	à	- 6	å	For all Class and M. D'C. When is 10th and Filmon, Warber, Eller Ch. commun. How op., Nicht als, Plainten, No and, Michaelann, Classes, Malin Physics and A. C. Communication and Communication
		43	25		35	56.2	75	12%			COMMAND WHAT ME K DOD WALNES IS AND DOX
White character cherry Suit	160	.		a							Contributed White Place of agend best some passes to compare up of Water , Dated Character (Superdiscribe compare other many), White Character (Chipse (Superdiscribe compare other or up rough), Horsey, December Chipse, Character (1988), Years),
		2.6	1.6		6	360	31	f			Signs, Sub: Natural and Artificial Vanille Plans sing. Classification in visual, IEEV proper Alexa Mark
		0.0	as.		23	105	10%	43			
White	130	0%	OB.	ů.	0%	17.5	10%	43	- 6	- 4	Excited and White Pileary Lagran deart on exposes one may prough. Water of Homes, Ne and, Klady, Egge. COMMANNES WAS AND ECO.
										_	Front Class of WIN. Whate Wise of Flore States Harrier States County States States States Flore County
Whate Green Goods and	M0:		ā	ů.	ů	340	22	- 6		6	Frank Claus of TEXX. Whole Where if No. 1 No. 10, No. 10, Her my Har Stone Claud v, Eg. ye, Millet, Harle y Flore Clauds, March, Flore vo., Carl Stone, Harly Alexander.

#Great Harvest Bread Co. Tulsa, OK / 918-878-7878 / www.tulsaok.greatharvestbread.com



This bread is so good it's scary! It's our delicious, homemade whole wheat dough mixed with real pumpkin & pumpkin pie spice. We roll it out, top it with brown sugar & wainuts, then roll the whole thing up with all the ingredients swirled together on the inside. Every slice you get is pumpkin-y sweet, with a bit of spice and lots of whole wheat! Not only that, but it makes a great autumn gift. Don't miss this tasty treat! Enjoy Pumpkin Swirl for breakfast, or dessert with any lunch or dinner meal. Don't forget to pack a slice in your child's Halloween lunch, it's sure to bring those hugs and kisses swirlin' inl



OCTOBER BREADS

EVERYDAY Honey Whole Wheat · Harvest White

Pumpkin Chocolate Chip

MONDAY High 5 Fiber · Cheddar Garlic · PU MPKIN SWIRL

TUESDAY Ezekiel Bread · Asiago Pesto

Cranberry Flax · Jewish Apple Coffee Cake

WEDNESDAY Low Carb Dakota . Onion Dill Rye

Cinnamon Raisin · Iced Cinnamon Raisin

THURSDAY Superfood Bread · Spinach Feta

PUMPKIN SWIRL · Cranberry Orange Pound Cake

FRIDAY Dakota · Cinnamon Chip · Cheddar Garlic

SATURDAY Hummus Bread · Rock Island Trail Bread

Lemon Blueberry





SWEETS SO SWEET IT'S SCARY!

EVERYDAY Brownies . Power Bars . Pumpkin Chocolate Chip Muffins

Cinnamon Rolls & Cinnamon Twist Muffirs

MONDAY Dillon Cookies • Oat Berry Muffirs • Savory Breakfast Biscuits

Pumpkin Bars

TUESDAY Oatmeal Raisin Cookies · Pumpkin Spice Scones

Lo-fat Yum Yum Brownie Muffins · Savannah Bars

WEDNESDAY Chocolate Chip Cookies • Savory Breakfast Biscuits Lo-fat Cran-Blue Yogurt Muffins • Lemon Bars

THURSDAY Ginger Cookies · Cranberry Orange Scones · Kahuna Bars

Cranberry Orange Muffins · Oat Berry Muffin

FRIDAY Monster Cookies · Lo-fat Cran Flax Cookies · Chocolate Chip Scones

Savory Breakfast Biscuits . Morning Glory Muffins

Pumpkin Bars • Savannah Bars

SATURDAY Peanut Butter Chocolate Chip Cookies · Berry Cream Cheese Scones

Cappuccino Muffins · Lemon Blueberry Muffins · Lemon Bars

BAKERY HOURS: Monday-Friday, 7am to 6pm, Saturday 7am to 4pm Closed Sundays for a little Loafin'



OCTOBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE ROAD VERNON CT (860) 454-4202

www.qhbreadct.com

EVERYDAY BREAD

honey whole wheat \$5.25 country white \$5.00

MONDAY

pumpkin swirl (M) \$7.50 autumn apple bread (M) \$6.50 **NEW** everything (W) \$5.75 woodstock (H) \$6.50

TUES DAY

pesto parmesan (G) \$6.50 cranapple white (W) \$6.00 anadama (M) \$6.50 trailmix (H) \$6.50

WEDNESDAY

apple scrapple (M) \$6.50 ninegrain (H) \$6.50 bakers choice:

(7th - spelt \$5.75, swedish limpa (H&R) \$6.25,

14th -foccacia (W) \$5.50, swiss cracked pepper (W) \$6.50,

21st - foccacia (W) \$5.50, swedish limpa (H&R) \$6.25,

28th - swiss cracked pepper (W) \$6.50 peanut butter chocolate chip \$5.75)

DAILY SWEETS

cookies \$1.65 + tax or 6 for \$8.25 scones 1.65 + tax muffins \$1.65+ tax

SANDWICHES

Made fresh daily to order 10:00am - 4:00pm Check out our sandwich menu in the store



FRIDAY OCTOBER 30™ AND SATURDAY OCTOBER 31ST

Witches Fingers

(white dough with green food coloring)
50 cents each or a hand for \$2.00



THURSDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 pumpkin nut spice (W) \$6.25 ninegrain (H) \$6.50

FRI DAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pepperoni roll or sweet pepper roll (W) \$7.25 dakota (H) \$6.50

SATURDAY

pumpernickel rye (R&H) \$6.25 apple cinnamon oatmeal (M) \$6.25 popeye (G) \$6.00 stuffed potato (W) \$6.50



FLOUR INDICATOR
H - WHOLE WHEAT
W - WHITE
R - RYE
M - MIX WHITE & WHOLE WHEAT

STORE HOURS:
MONDAY - FRIDAY 6:30AM - 6:30PM
SATURDAY 6:30AM - 5:00PM
CLOSED SUNDAY
ORDERS WELCOME (860) 454-4202

HALLOWEEN AT GREAT HARVEST

SATURDAY, OCTOBER 315T DRESS UP IN YOUR BEST HALLOWEEN COSTUME AND TRICK OR TREAT AT GREAT HARVEST BREAD.

WE WILL BE HANDING OUT CANDY TO ALL COSTUMED CHARACTERS.

Friday October 30th & Saturday October 31st Witches Fingers
(white dough with green food coloring)

50 cents each or a hand for \$2.00 (supplies are limited based on the number of witches we can capture)

FALL MEANS PUMPKIN AND APPLE SEASON



STOP IN FOR YOUR FAVORITE BREADS: PUMPKIN SWIRL, PUMPKIN NUT SPICE, APPLE CINNAMON OATMEAL, CRANAPPLE WHITE

YOU CAN'T FORGET: PUMPKIN AND PUMPKIN CHOCOLATE CHIP MUFFINS, PUMPKIN CHOCOLATE CHIP SCONES



visit our website at: www.ghbreadct.com also find us on Facebook www.facebook.com/ great.harvest.bread.vernon.ct





Don't forget the treats!

The perfect assortment of Great Harvest sweets for a morning meeting, a lunch gathering, or a thank-you for the office.

Tray of Treats

Large...\$45.00 (serves 36-40) Small...\$22.00 (serves 12-30) Includes a specialty loaf of the day, tea cake of the day, and an assortment of muffins, scones and cookies.

Bakery Breakfast Box...\$0.00

Includes a fresh giant cinnam on roll, muffin or other specialty breakfast item, served with a side of fruit, homemade granola, and a bottle of Welch's 100% juice.

The Great Big Cookie Box \$15.00 per dozen

Varieties include oatmeal chocolate chip, oatmeal raisin, peanut butter, snickerdoodle, turtle and original oatmeal.

Catering Options

Sandwich Trays

Small...\$00.00 (12 sandwiches)
Medium...\$00.00 (24 sandwiches)
Large...\$00.00 (36 sandwiches)
Includes a specialty loaf of the day,
tea cake of the day, and an assortment
of muffins, scones and cookies.

Harvest Box Lunches...\$0.00

Includes a fresh giant cinnamon roll, muffin or other specialty breakfast item, served with a side of fruit, homemade granola, and a bottle of Welch's 100% juice.

Additional Offerings

Additional Item no 1,..\$0,00

Description of additional item 1 can be entered here. Description of additional item 1 can be entered here.

Additional Item no 2...\$0.00

Description of additional item 2 can be entered here. Description of additional item 2 can be entered here.

Additional Item no 3...\$0.00

Description of additional item 2 can be entered here. Description of additional item 2 can be entered here.

Please Consider When Placing Your Order:

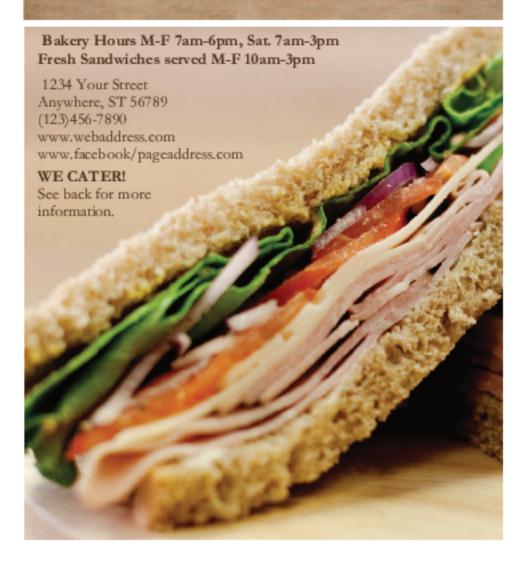
- * Place your order by calling or stopping by the bakery.
- * Orders of 10 or more must be placed before 10 a.m., please.
 - * We're happy to deliver for lunch orders of 15 or more.
- * Lunches come brown bagged. Box lunch option available- \$0.00 extra
 - * Order 24 hours in advance to ensure availability.
- * We gladly deliver. Prices vary according to distance. Please check with us regarding your location.
 - * Payment to be made at time of order.

We gladly accept Visa, Discover, Mastercard and American Express.

Great Harvest Bread Co. Sandwiches & Panini



Where the outside is as good as the inside!



Breakfast Sandwiches

Served between 8 am-11am on our freshly baked whole wheat or white bread, cheese choices: Swiss, American, Provolone or Cheddar.

Egg Sandwich...\$0.00 Egg & Cheese...\$0.00 Egg, Bacon & Cheese...\$0.00 Egg, Ham & Cheese...\$0.00

Great Harvest Classic Sandwiches

All Classic Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, white wine Dijon mustard, mayonnaise, salt and pepper and your choice of sandwich bread.

Ham & Swiss...\$0.00

Tender slices of honey smoked ham and Swiss cheese

Turkey & Swiss...\$0.00

Lightly smoked turkey breast and Swiss cheese

Roast Beef...\$0.00

Sliced roast beef and aged provolone



Great Harvest Cold Signature Sandwiches

All Cold Signature Sandwiches are made with thin sliced red onion, romaine lettuce, sliced tomato, salt and pepper, and with the recommended bread of your choice of sandwich bread.

California Cobb...\$0.00

Fresh avocado, smoked turkey breast, and crispy bacon, with a bleu cheese spread and honey whole wheat bread

Pepper Bleu Roast Beef...\$0.00

Roast beef with bleu cheese spread, on caraway rye bread.

Country Smoked Turkey...\$0.00

Smokey turkey breast, roasted peppers and onions with balsamic vinegar dressing on focaccia bread

Louisville Chicken Salad...\$0.00

Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with sweet & spicy pecans

Tuna Salad...\$0.00

Chunk white albaçore tuna with a seasoned mayonnaise dressing

Harvest Veggie...\$0.00

Fresh pepper rings, cucumber slices, provolone and cheddar cheeses with red pepper garlic spread on honey whole wheat bread

Peanut Butter & Jelly...\$0.00

Creamy peanut butter and grape jelly on white bread

Great Harvest Hot Signature Sandwiches

All Hot Signature Sandwiches served fresh off the steamer and grill to melt in your mouth!

BLT...\$0.00

Crispy smoky bacon, ripe tomatoes, romaine lettuce, salt and pepper and mayonnaise on white bread toasted in the panini grill

Tuscan Chicken Panini...\$0.00

Aged provolone melted over grilled chicken breast, thin sliced red onion, romaine lettuce, tomato, salt and pepper and a sun dried tomato pesto spread on focaccia bread.

Smoky BBQ Cheddar Chicken Panini...\$0.00

Grilled chicken breast, thin sliced red onions, romaine lettuce, tomato, salt and pepper, smoky honey BBQ sauce, melted sharp cheddar and crisp bacon on focaccia bread

Spicy Smoked Turkey & Pepper Jack Panini...\$0.00

Smoked turkey breast, melted pepper jack cheese, roasted onions and peppers, romaine lettuce, salt and pepper and tomato with a spicy southwest mayonnaise on caraway rye bread

Mile High Rye...\$0.00

Smoked turkey and roast beef with melted Swiss, thin sliced red onion, romaine lettuce, tomato, salt and pepper, and roasted garlic and dill spread on caraway rye bread

Roast Beef Panini...\$0.00

Roast beef, roasted peppers and onions, melted aged provolone, romaine lettuce, tomato and salt and pepper with a red pepper garlic cheese spread on focaccia

"GHBC" Grilled Cheese Panini...\$0.00

A twist on the traditional sandwich served with a garlic and herb spread and two cheeses, sharp cheddar and Swiss on white bread; this sandwich is also available with honey smoked ham, crisp bacon and/or sliced tomato with an additional cost



Area For Extra Information

Utilize this space to mention meal combos, box lunches, drinks etc.

Item Listed Here...\$0.00

Extra information about this item can be placed here in order to provide your customers a brief description

Item Listed Here...\$0.00

Extra information about this item can be placed here in order to provide your customers a brief description



SEPTEMBER 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON, CT 06066 (860) 454-4202

www.ghbreadct.com



MON DAY

white cinnamon raisin (W) \$5.75 pesto parmesan (M) \$6.50 colonial brown bread (M) \$6.50 ninegrain (H) \$6.50

TUESD AY

anadama (M) \$6.50 breakfast blast (M) \$5.75 onion dill rye (W&H&R) \$6.25 sunflower millet flax (H) \$6.50

WEDNESDAY

apple scrapple (M) \$6.50 woodstock (H) \$6.50 bakers choice:

(2nd - spelt \$5.75, pizza roll (W) \$6.00

9h - swiss cracked pepper (W) \$6.50, jalapeno combread (W) \$6.50

16th - swedish limpa (H&R) \$6.25, pizza roll (W) \$6.00

23rd - swiss cracked pepper (W) \$6.50, jalapeño cornbread (W) \$6.50

30th - pizza roll (W) \$6.00, peanut butter chocolate chip (W) \$5.75)

THUR SDAY

cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 cinnamon raisin walnut (H) \$6.00 trailmix (H) \$6.50

FR! DAY

cinnamon bread (M) \$6.75 challa (W) \$5.75 pepperoni roll (W) \$7.25 sweet pepper roll (W) \$7.25 dakota (H) \$6.50

SATURDAY

stuffed potato (W) \$6.50 white cinnamon raisin walnut (W) \$6.00 pumpernickel rye (H&R) \$6.25 popeye (M) \$5.75 visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct



EVERYDAY BREADS

honey whole wheat \$5.25 country white \$5.00

DAILY SWEETS

cookies \$1.74 + tax or 6/\$8.75 scones \$2.12 + tax muffins \$2.12 + tax

STORE HOURS: MONDAY - FRIDAY 6:30 AM - 6:30 PM SATURDAY 6:30 AM - 5:00 PM

CLOSED SUNDAY ORDERS WELCOME (860) 454-4202



visit our fan page at www.facebook.com/ great.harvest.bread.vernon.ct



BACK TO SCHOOL

Remember to pack your child a healthy lunch with a sandwich made from our <u>sliced</u> whole wheat breads. Honey whole wheat, anadama, colonial brown bread, many of our seeded breads and country white.

Call and reserve your loaf.

START WITH BREAKFAST

Send the kids off to school prepared for a productive day with a healthy breakfast. Great Harvest breads are loaded with complex carbohydrates that supply the brain and body with energy all day long. Both memory and verbal skills benefit from a nutritious breakfast.

Try something different, make French Toast with many of our great breads:

CINNAMON CHIP, CHALLA, CINNAMON BREAD AND WHITE CINNAMON RAISIN WITH OR WITHOUT WALNUTS.





COLLEGE BOUND

Don't forget the kids going off to college. Give them a Great Harvest care package filled with their favorite goodies.



visit our website at: www.ghbreadct.com





JUNE 2015 BREAD SCHEDULE

425 TALCOTTVILLE RD VERNON CT 06066 (860) 454-4202

www.ghbreadct.com



honey whole wheat \$5.25 www.facebook.com/
great.harvest.bread.vernon.ct

MONDAY

american rye (W&R) \$6.25 cinnamon raisin (H) \$6.00 popeye (M) \$5.75 dakota (H) \$6.50

country white \$5.00

TUESDAY

amadama (H) \$6.25 cinnamon chip (W) \$5.75 white cheddar garlic (W) \$6.50 ninegrain (H) \$6.50

WE DNESD AY

american rye (W&R) \$6.25 cinnamon raisin (H) \$6.00 popeye (M) \$5.75 dakota (H) \$6.50

THURSD AY

amadama (H) \$6.25 cinnamon chip (W) \$5.75 trailmix (H) \$6.50 white cheddar garlic (W) \$6.50

FRID AY

cinnamon bread (M) \$6.50 challa (W) \$5.50 cinnamon raisin (H) \$6.00 dakota (H) \$6.50

SATURDAY

american rye (W&R) \$6.25 cinnamon chip (W) \$5.75 popeye (M) \$5.75 ninegrain (H) \$6.50



DAILY SWEETS Cookies \$1.74 + tax or 6/\$8.75

oatmeal walnut choc. chip oatmeal raisin snickerdoodle peanut butter peanut butter choc. chip

Scones \$2.12 + tax

cinnamon chip blueberry peanut butter choc. chip

Quick breads \$7.00 / Muffins \$2.12 + tax

pumpkin chocolate chip blueberry coffeecake coconut

Bars \$1.65 + tax

power bars breakfæt bars harvest bars

Other Items

dog bones \$3.00 croutons \$3.50

HOURS:

MONSDAY - FRIDAY 6:30AM - 6:30PM SATURDAY 6:30AM - 5:00PM CLOSED SUNDAY ORDERS WELCOME (860) 454-4202